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Loudoun Newsletter



The Dirty Knee Club Does Nice Work: Actual Photos (Not Zoom Screens!) of Tallwood Flora (Photos by Paul Van Hemel)

July 15, 2022

Editor of the Week: David Gundry

Table of Contents

Alerts & Notices

- In accordance with a Mason July 7 Health and Safety notice, wearing masks when inside OLLI spaces is now optional (see this link).
- Note: The Reston-Loudoun Program Planning Meeting scheduled originally scheduled for Tuesday, July 19, has been postponed (see article below).
- The OLLI pizza party planned for later in July has been postponed. It will be re-scheduled for a later date to be announced (e.g., in an *OLLI Mason Communicator*).
- The next issue of OLLI E-News will be published Friday, July 22; regular deadline for submission of items is Tuesday, July 19, at 6:00.

Back to Top of Page

What are OLLI Program Planning Groups and What Do They Do?



By Camille Hodges, Humanities and Social Sciences/Current Events Program Planning Group Co-chair

So happy you asked! OLLI program planning groups are OLLI member volunteers responsible for reviewing and selecting course proposals each quarter. There are ten program planning groups, each responsible for a specific topic. You will find them listed in the Table of Contents of each OLLI catalog. The members meet regularly to brainstorm ideas for course presentations, discuss possible presenters, create courses, and contact instructors for possible future classes. In addition, each program planning group reviews course proposals submitted independently by interested persons who desire to share their expertise. Courses are discussed and confirmed by program associates who keep track of classes and determine their scheduling.

Who can join a Program Planning Group? Anyone interested in supporting a particular course topic may join a program planning group. We rely on personal and professional contacts and on the ability to encourage people to present courses at OLLI. Program planning group members often work together to create, support, or present a class. Program planning groups are currently meeting via Zoom.

Keep in mind that no presenter receives monetary compensation for teaching at OLLI Mason. Therefore, we are extremely grateful for each of our instructors.

For information regarding joining the Humanities and Social Sciences/Current Events Program Planning Group, contact: Camille Hodges minimages4@gmail.com or Peggy O'Brien mazob@live.com.

For other OLLI program planning group information contact staff program associates: smorrow4@gmu.edu or nklein4@gmu.edu. Thank you.

Editor's Note: This article appeared in two prior issues of E-News at the request of the author; it is repeated here to encourage members to participate and experience the rewards of program planning for OLLI.

Back to Top of Page

Reston-Loudoun Program Planning Group Meeting Postponed



By Barbara Wilan, Loudoun-Reston Program Planning Group Co-chair

The Reston-Loudoun Program Planning Group meeting originally planned for July 19 has been postponed. The new time and date is 10:00, Tuesday, September 13. The meeting is still planned to be located in Room 209 at Mason-in-Loudoun (21335 Signal Hill Plaza, Sterling, VA 20164, diagonally across Rte. 7 from the Potomac Run Shopping Center).

We welcome you to bring your programming ideas, as well as coffee or another drink to enjoy with doughnuts. However, the meeting is still planned to be hybrid so that those who cannot meet in person may view the meeting on Zoom.

To attend via Zoom's cloud meeting service, beginning at 10:00, please click <u>this link</u> to join the meeting and use passcode 010203 (Note: enter passcode with NO spaces) or enter meeting ID 827 2377 4249 in the Zoom app and use the above passcode. You may instead dial in at 301-715-8592.

Back to Top of Page

Share Your Life Stories with "Gen-Z"



By Camille Hodges, Humanities and Social Sciences/Current Events Program Planning Group Co-chair

Dr. Spencer Crew is looking for a few OLLI members to work with his "History of the Family" fall course. Those of us who experienced intergenerational dialogue with his students in previous years found it personally rewarding.

This collaboration would require at least two meetings with two students assigned to you by Dr. Crew. If you are interested in sharing your life stories with university students during the fall 2022 (September-December) term, please contact him at the following e-mail address: srcrew@gmu.edu. He will respond to you with details about the class.

Editor's Note: This article appeared in two prior issues of E-News; it is repeated here to encourage members to enjoy participation in an activity that your fellow members found enjoyable in a prior term.

Back to Top of Page

Smart Music for Older Adults: Research Volunteer Opportunity!



By Emily Ihara, PhD, Department of Social Work Chair at Mason

Are you interested in how personalized music creates physiological reactions?

George Mason University is looking for adults ages 60 and above to participate in a research study called "Smart Music for Older Adults" (IRB #1904914) to explore the usage of wearable sensors in interventions using music. The aim of the research is to test wearable technology for a personalized music intervention for older adults. Participants will volunteer for about 60 minutes at a location with convenient parking, where they will listen to music while wearing a smartwatch (provided). Participants will get to listen to their favorite songs and then be interviewed by a member of the research team. The device will collect physiological measures such as heart rate and skin conductance and the research team will observe and record a video of reactions. After completion of the session, participants will be invited to participate in a 60-minute focus group to discuss their thoughts about wearable sensors. The total time to participate in this study will be no longer than 2 hours and 30 minutes.

If you or someone you know would be interested in participating, please contact Dr. Emily Ihara, Professor in the Department of Social Work, at gerorsch@gmu.edu or eihara@gmu.edu (703-993-2023) with the subject line "Smart Music."

Back to Top of Page

Poet's Corner

Courtesy of the Poetry Workshop

After Visiting the Zoo

Of Giant Pandas there are no maybes. They must have Giant Panda babies. Yet somewhere west of Peking (Yes, I know, it's now Beijing)
Some other pandas make their homes, But they're never sent as Sino Loans, To places like our D.C. Zoo,
To pleasure folk like me and you!

So where are the Regular Baby Pandas Of the very non-Giant Variety? While not colossal extravaganzas We bet they'd be Huge in D.C. society...

Mike Mc Namara

Back to Top of Page

Arts & Music at George Mason

Performances July 15 through July 25



By Shelly Gersten, OLLI E-News Staff Writer

Current vaccination policy for the Center for the Arts and Hylton Performing Arts Center is summarized as follows:

Audience members are not currently required to show proof of vaccination or a negative Covid-19 test result for most events **except** when required by the event organizer or artist. If proof of vaccination or a negative Covid-19 test result is required for a specific event, it will be indicated on the webpage with event details.

Specific requirements are detailed and any future policy changes may be found here: https://cfa.gmu.edu/plan-your-visit/vaccination-policy.

Dr. Linda Apple Monson produces a periodic "Notes from the Director." This email is full of interesting online performances by the students and faculty of the School of Music. If you would like to receive these bulletins, just sign up at this link to stay in touch. Also, the Center for the Arts has a website, Mason Arts at Home, which has a calendar of online events and access to many past performances. Information can also be found at CFA ticket purchase page, Center for the Arts YouTube Channel, or the Hylton ticket purchase page.

Back to Top of Page

At the Fairfax Campus Venues

No Events Scheduled

Back to Top of Page

Mason Student and Faculty Performances

(see music.gmu.edu for additional student recitals)

No Performances Scheduled

Back to Top of Page

At the Hylton Center (Manassas Campus)

ARTfactory and Pied Piper Theatre: Disney's Moana JR

Fri, Jul 15, 7:00 Sat, Jul 16, 2:00 and 7:00 Gregory Family Theater Admission: \$12.

Prince William Little Theater and Manassas Symphony Orchestra: The Sound of Music

Fri, Jul 15, 7:00 Sat, Jul 16, 2:00 Merchant Hall

Admission: Adult, \$25; senior and military, \$20; under 12, \$15.

Back to Top of Page

For further details on any of the above events, see the <u>CFA event calendar</u> and the <u>Hylton</u> Center event calendar.

Back to Top of Page

Meetings & Clubs

Please note: Although some physical meetings for clubs and activities are canceled, some may be meeting in person or, in a hybrid mode, both in person and online. OLLI events and activities meeting online bear the identification "Z" in their course or event number. Refer to the university's <u>coronavirus website</u> for official university updates; also, check the <u>OLLI calendar</u> and daily schedule email for event information.

The following list covering the next two weeks is extracted for your convenience from the master online calendar maintained by the office. The list is accurate as of mid-week but for the most upto-date information, please view the latest forecast of coming events on our website (News/OLLI Calendar). Note: All OLLI members are welcome at, and encouraged to attend, meetings of the Board of Directors, committees and resource groups, kick-off coffees, etc. The OLLI office has

sent (or will send) emails with links and meeting passwords to club members; you may also log in at the <u>member portal</u> and click on ZOOM CLASS LINKS.

120100 0111	Tai Chi Club
1:00 pm	Personal Computer User Group
10:00 am	Bridge Club
10:00 am	Mah Jongg Club
4:00 pm	Spanish Club
4:30 pm	Tai Chi Club
4:30 pm	Tai Chi Club
9:15 am	Recorder Consort
9:30 am	Craft and Conversation
11:00 am	Homer, etc.
12:00 noon	Photography Club
10:30 am	Tai Chi Club
10:00 am	Bridge Club
10:00 am	Spanish Club
4:00 pm	Mah Jongg Club
11:50 am	Loudoun Non-Fiction Book Club
4:30 pm	Tai Chi Club
2:00 pm	Memoir and More Writing Group
4:00 pm	Theater Lovers' Group
6:00 pm	Ethnic Eats Club
4:30 pm	Tai Chi Club
9:15 am	Recorder Consort
9:30 am	Health Advisory Work Group
9:30 am	Craft and Conversation
11:00 am	Homer, etc.
10:30 am	Tai Chi Club
	10:00 am 10:00 am 4:00 pm 4:30 pm 9:15 am 9:30 am 11:00 am 12:00 noon 10:30 am 10:00 am 10:00 am 4:00 pm 11:50 am 4:30 pm 2:00 pm 4:00 pm 6:00 pm 4:30 pm 9:15 am 9:30 am 9:30 am

Back to Top of Page

About OLLI E-News

OLLI E-News was created by Rod Zumbro, who served as its editor from 2005 to 2013.

Editorial Staff

Chief Editor: Paul Van Hemel Associate Editor: David Gundry

Weekly Editor Team: David Gundry, John Nash, Sheri Siesseger, Paul Van Hemel Proofreaders: Rebecca Jann, Susan Van Hemel, Linda Randall, Tom Appich, Jane Hassell

Submissions: Members are encouraged to submit letters to the editor, letters to Ms. Ollie Ettakit (on etiquette matters), OLLI-related news items, articles, and photos. Submit material to: ollienewseditor@gmail.com.

Deadline: Tuesday, 6:00, for that week's issue (Monday, 6:00, for letters to the editor); early submissions are greatly appreciated. Please limit articles to about 250 words.

Search *E-News*: You can view past issues of *OLLI E-News* at <u>ENews Archives</u>. To search the content within issues, use <u>Search</u> or enter your search term(s) in <u>Google</u> followed by "site:<u>olli.gmu.edu/</u>" without the quotes.

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An Amazon Smile Link appears here. When you shop using the Smile link designating OLLI as your charitable choice, we'll receive a 0.5 % donation, based on the value of your purchase.

Back to Top of Page