

Osher Lifelong Learning Institute



oli.gmu.edu

George Mason University

Fairfax • Reston • Loudoun • Online

SPRING 2024 CATALOG

March 25 – May 17

**Spring 2024 Registration:
Begins February 20**



The Alan Cheuse International Writers Center's **Baldwin100**

A year-long celebration, 2024–25



"To tell the truth, one sees it (the United States) better from a distance and you can make comparisons from another place, from another country, which you aren't able to make in America because there is nothing to compare America to."

*- James Baldwin, "From Another Place,"
Documentary (Sedat Pakay, 1970)*

James Baldwin in Turkey © Sedat Pakay 1965

The BALDWIN100 is a collaborative arts, scholarship and cultural project encompassing a year-long series of initiatives designed to convene a wider Washington area audience to engage deeply with James Baldwin's work. By celebrating *Why Baldwin Matters*, the Alan Cheuse International Writers Center is in a unique position to highlight a global Baldwin, whose impact on American intellectual and cultural life holds promise for a just world. The final outcomes of the initiative are: connecting the individual to their role to progress America towards a more just society.

The Lecture: Nikki Giovanni

Tuesday, April 23rd, 2024

Visit olli.gmu.edu for details on this and other celebratory events throughout the year

The Cheuse Center presents
The Busboys and Poets Second Annual Lecture
Nikki Giovanni

The Stacy C Sherwood Community Center, Fairfax, VA

In partnership with:

Osher Lifelong Learning Institute (OLLI), City of Fairfax, Fairfax County Public Library, Dept. of African and African American Studies at GMU

Baldwin100-Reads

The Baldwin100-Reads initiative is a common book list that allows readers to connect with texts and then have a shared conversational experience. By coordinating across the DC-MD-VA region, our DMV region reads with the world. This includes suggestions for college teachers, book clubs, libraries, cities, and literary and rights organizations.



Connect to the Baldwin100-Reads Book List here: cheusecenter.gmu.edu/baldwin100

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Cover photo by George Bradshaw

The cover photo titled “An Earlier Era” whispers to us of individual reflection as a way of life in public. Reading on a park bench, painting plein air, meditating during a walk in the woods, even composing a photograph at Georgetown Park overlooking Rosslyn enriches our being.

All About OLLI Mason

Who We Are

The Osher Lifelong Learning Institute at George Mason University (OLLI Mason) offers daytime courses, lectures, special events, and other activities during eight-week terms in the spring and fall, a four-week winter term, and a six-week summer term. There are no exams, no credits, no college degree required or offered, and no age threshold.

Course leaders are members of OLLI Mason, Mason faculty, or others who enjoy sharing their knowledge. OLLI Mason is particularly proud of all of its volunteer teachers and speakers, many of whom are well-known experts in their fields. The views expressed are those of the instructors and do not reflect the official policy or position of OLLI Mason or George Mason University.

Members pay dues and may attend as many activities as they wish, subject to space availability. There may be charges for materials or for some special events.

OLLI Mason publishes an email newsletter (*OLLI E-News*), a catalog each term, an online membership directory, and a *Member Handbook*. An annual literary journal, *OLLI Ink*, and, from time to time, *The Poets of OLLI* collection, are also published.

OLLI Mason is one of many Osher Lifelong Learning Institutes affiliated with the Bernard Osher Foundation and is also a member of the Road Scholar Institute Network. OLLI Mason is a nonprofit, equal-opportunity 501(c)(3) organization and does not discriminate on any basis.

How to Join

To register online, go to olli.gmu.edu or complete the registration form on **page 40** and provide it to OLLI Mason with payment.

Give the Gift of OLLI

What better way to show appreciation for someone special than by giving an OLLI Mason eGift card? The card can be purchased in any amount to apply toward an OLLI Mason membership or event/materials fee. It makes the perfect retirement, birthday, or holiday gift. The gift of OLLI Mason is great: captivating classes, fabulous field trips, and sensational socials to indulge both mind and soul! Purchase the eGift card on the OLLI Mason member portal (olli.gmu.edu-click "**eGift Card**" under **Quick Links**) or by emailing the OLLI Mason registrar: ollireg@gmu.edu.

George Mason University Privileges

OLLI Mason members with an annual membership are entitled to a George Mason University ID card, which provides library privileges, discounted Mason aquatic and fitness membership, and other benefits (subject to Mason policies). A free Mason email account with access to the Mason intranet is also available. To apply for an ID card/G Number, fill out an online application, available at <https://olli.gmu.edu/university-privileges/>

Status of Spring Term 2024

To optimize the OLLI Mason experience for everyone, OLLI Mason will provide in-person, Zoom, and hybrid offerings. Should you wish to experience OLLI Mason from the comfort of your home, you will have access to many excellent virtual offerings. If you plan to attend in-person offerings, we ask that you be aware of and are prepared to follow our most up-to-date health and safety protocols found on our website:

<https://olli.gmu.edu/health-and-safety/>

Membership Promotions

Spring 2024 Promotion: a one-time low fee of \$300 for those new to OLLI Mason who purchase an annual membership (those who have never been OLLI Mason members, are returning after a hiatus of more than a year, or have previously been introductory members and are converting to annual members).

George Mason and Northern Virginia Public School Retirees: a one-time annual membership discount of \$150, which may be applied to the special \$300 promotion (for those new to OLLI Mason).

**** IMPORTANT REGISTRATION DATES ****

Spring term registration begins on February 20th at 9:00 am and continues throughout the term.

Register online at olli.gmu.edu

Registrations also may be mailed to:
Osher Lifelong Learning Institute
4210 Roberts Rd., Fairfax, VA 22032

Members are encouraged to register before March 10th to determine the viability of classes.

OLLI Mason Organization

OLLI Mason is a member-driven organization with a Board of Directors elected by the membership and representing all OLLI Mason members. All activities are managed by an executive director, staff, and volunteers.

Board of Directors

PresidentLillian Brooks
Vice President.....Dick Crawford
Secretary Bob Heyer
Treasurer Debbie Engleson

| | |
|------------------|------------------|
| Toni Acton | Richard Crawford |
| Marilyn Harriman | Debby Mossburg |
| Camille Hodges | Peter Ansoff |
| Bob Heyer | Zachary Teich |
| Michele Romano | Debbie Engleson |
| Carolyn Wyatt | Bonnie Nelson |
| Lillian Brooks | Harry Johnson |
| Emily Roudebush | |

Jennifer Disano, *Executive Director*

Other Key OLLI Mason Positions

| | |
|---|----------------------------------|
| <i>Audiovisual Support</i> | Paul Howard |
| <i>Development</i> | Al Smuzynski |
| <i>OLLI E-News</i> | Paul Van Hemel |
| <i>Facilities</i> | Mel Russell |
| <i>Finance</i> | Dave Osterman |
| <i>Governance</i> | Peter Ansoff |
| <i>Landscaping</i> | Vince Modugno |
| <i>Member Services, Office Volunteers</i> | Toni Acton |
| <i>Member Services, Chair</i> | Toni Acton |
| <i>Membership Engagement</i> | Bonnie Nelson Debbie Engleson |
| <i>Outreach</i> | Debby Mossburg |
| <i>Strategic Planning</i> | Zachary Teich |
| <i>Website</i> | Ernestine Meyer |
| <i>Health and Safety Advisory</i> | Michele Romano |

OLLI Mason Program Planning

Committee Chairs.....Doris Bloch, Beth Lambert,
 Kathryn Russell, Russell Stone, Bill Taylor
Loudoun Program...Vera Wentworth, Barbara Wilan
Reston ProgramAnita Lasansky
Program Associates Nancy Klein,
 Shannon Kim Morrow
 Program planning subject group chairs are listed at
 the beginning of each subject section of the catalog.

Catalog Production

Production Team..... Nancy Klein
 Shannon Kim Morrow, Stefan Hansen

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 Mason mail stop number MSN 5C1

Courses: March 25 - May 17

Fairfax/Loudoun/Reston/Zoom

Fairfax courses are indicated by the prefix "F," Loudoun by an "L," Reston by an "R," and Zoom by the suffix "Z."

Courses will be offered in various formats for the term. **Please carefully note the title format for each course** when considering your registration list. In-person offerings will follow the traditional title format (campus designation, course number; ex: **F101**). Zoom only offerings will follow the traditional title format but will include a 'Z' after the course number; ex: **F101Z**. Hybrid offerings will have both in-person and virtual title formats listed in the course description (ex: **F101 / F101Z**). You must decide which format you prefer when registering for hybrid courses and select the corresponding title format.

100 Art & Music

Program Planning Group Chairs:

Linda Harber, Marianne Metz, Carolyn Modugno,
Christine Narbut

F101Z "A Painter Always Paints Himself": A History of Self-Portraits, Part 1

Mondays, 11:50–1:15, Mar. 25–Apr. 15

Four sessions

Instructor: Christopher With

This assertion originated in the fourteenth-century. If it has any validity, it certainly does for self-portraits. To be sure, portraits have been created since ancient times. But self-portraits only became common during the Renaissance. The first dedicated collection of self-portraits was formed by Cardinal Leopoldo de Medici (1617-1675) beginning in 1664. At his death, he owned 79 self-portraits. This first part will evaluate the rise, growth, and diversity of self-portraits from the fourteenth through the seventeenth century. To unpack this rich and fascinating evolution, each class will focus on one particular self-portrait by a male or female artist. After discussing the work, the individual's biography will be explored; the self-portrait placed in its context; its relevance in the history of the genre elucidated; and its inference for future generations speculated. To fully understand and appreciate self-portraits' wide and rich heterogeneity through the centuries, future classes (Parts 2 and 3) are anticipated.

Christopher With worked in the education department of the National Gallery of Art for 32 years and has a PhD in German History from the University of California, Los Angeles.

F102Z Virginia Opera Presents Understanding Opera: Puccini and the Verismo

Mondays, 2:15–3:40, Mar. 25–Apr. 8

Three sessions

Instructor: Joshua Borths

Puccini's operas are some of the most famous operas ever written. From *Tosca* to *Turandot*, the composer of *La bohème* has come to define Italian opera for many audiences of the 20th century. And yet, Puccini was not the only composer of his time, and interestingly, his work was at the center of an intense debate about the future of opera and Italian music. Prepare for Virginia Opera's

upcoming production of *Madama Butterfly* by joining Resident Scholar Joshua Borths, to explore the works of Puccini, the world of the verismo, and the state of Italian opera at the beginning of the 20th century.

Joshua Borths is the resident scholar of Virginia Opera, charged with educating audiences of all ages. With over a decade of experience in opera, Borths has worked as an educator, stage director, arts administrator, and dramaturg with companies such as Arizona Opera, Des Moines Metro Opera, Opera Columbus, Pensacola Opera, and more. As an experienced teacher, Borths most recently served on the faculty of Capital University as the professor of Music History and director of Opera & Musical Theatre. His work has been featured in Opera News and TED-Ed. His operas and programming can be licensed on OperaClassroom.com.

F103 / F103Z Music Sampler

Tuesdays, 9:30–10:55, Mar. 26–May 14

Eight sessions

Note time

Fairfax Lord of Life

Coordinators: Linda Apple Monson, Ina Mirtcheva-Blevins

This course highlights examples of the musical talent that abounds at Mason. Each week, knowledgeable and enthusiastic professors from the Dewberry School of Music of George Mason University, often accompanied by their most promising students, will generously share their musical gifts in presentations that are varied, lively, informative, and entertaining.

Linda Apple Monson, International Steinway Artist, serves as director of the Reva and Sid Dewberry Family School of Music in the College of Visual and Performing Arts at George Mason University where she is a University Distinguished Service Professor. She has performed and lectured throughout the world.

Ina Mirtcheva-Blevins is a graduate of George Mason University with a Doctor of Musical Arts degree in Piano Performance. She currently teaches keyboard skills at Mason and is also a faculty member of the Mason Community Arts Academy.

F104Z Great Poems About Great Paintings

Tuesdays, 9:40–11:05, Mar. 26–May 14

Eight sessions

Instructor: Gerry Hendershot

Limit: 20

The class will view great paintings and discuss great poems about them, including such paintings as Bruegel's *Fall of Icarus* and W.H. Auden's poem about that painting, *Musee des Beaux Arts*. Among other painters to be

included are Caravaggio, Van Gogh, and Picasso. Other poets include Frank O'Hara, William Carlos Williams, and Kehinde Wiley. The goal is to better appreciate both painting and poetry. Participants will be invited to write one or more short pieces (paragraph or poem) about paintings of their choice to share with the class. No prior experience in art or poetry is assumed. Links to online images of the paintings and copies of the poems will be supplied.

Gerry Hendershot has been a discussion group leader at OLLI-DC and other local organizations for five years, on such topics as women poets, Black poets, and ekphrastic poetry (poems about paintings), and has published in *The Ekphrastic Review* and other journals. He is a retired health statistician.

F105 Watercolor Painting: Building Additional Skills Beyond Novice

Tuesdays, 2:15–3:40, Mar. 26–Apr. 30

Six sessions

Instructor: Christine A. Narbut

Class limit: 12

Students will have the opportunity to continue developing watercolor painting skills with emphasis on composition, style, and techniques for flowers, landscapes, and pets. In addition, guest artist **Marni Maree** will again teach one session on techniques related to “dewy leaves.”

Chris Narbut has been a member of OLLI since 2018. She has taken watercolor classes at the Torpedo factory and participates in OLLI Dabbling Artists and Annex Art. She retired from the Navy in 1992, the Fairfax County Health Department in March 2017, and she is a member of Fairfax County Medical Reserve Corps.

Marni Maree is a graduate of Moore College of Art and Design. Marni is mainly a watercolor artist who also paints with oils and mixed media. She has a studio at the Workhouse Arts Center in Lorton and teaches many classes online, at live workshops, and for international travel workshops.

F106 / F106Z Musical Treasures

Wednesdays, 9:40–11:05, Mar. 27–May 8

Seven sessions

Instructor: Mark Sierakowski

Musical Treasures are songs, dances, and performances that the instructor discovered on the Internet. They have been watched and enjoyed by millions around the world. Each Treasure is divided into three parts:

1. Background information about each presentation.
2. Video of the selection.
3. Comments by viewers. The comments range from: “Wait until she shows this wedding reception dance video to her future children: ‘Yes my dears, that’s your grandfather dancing with me.’; to “I was imagining how spooky it would be to be in a jungle when suddenly those kids started surrounding you while hiding and making those animal sounds.”; to “I can NEVER get enough of this performance. Chills every time!”

Mark Sierakowski enjoys sharing subjects of interest with OLLI members.

F107 The DaVinci Project: Music and Engineering

Wednesday, 2:15–3:40, Mar. 27

One session

Instructor: Dr. Lisa Billingham

Coordinator: Linda Harber

The instructor will present current research on a cross-disciplinary choral concert project with multiple GMU departments including the School of Music, College of Engineering and Computing, and Art History. An immersive concert is planned for the University Chamber Singers concert on April 9, 2024, in the Center for the Arts. The program will feature pieces inspired by the work of Leonardo DaVinci, one of which will be a new composition by Mason’s own Dr. Guessford. The performance on April 9, 2024, will feature three works, Eric Whitacre’s *Leonardo Dreams Of His Flying Machine*, *The Notebooks of Leonardo*, a multi-media symphony for SATB choir, chamber orchestra, and projections by contemporary composer Jocelyn Hagen and Dr. Guessford’s new composition. *The Notebooks of Leonardo* has recently been released for performance following a consortium project of performances. Included in the work is new music technology software that will be used called Museik, which will also involve the music technology area in the School of Music. Tickets to the performance can be purchased for \$16 at <https://cfa.calendar.gmu.edu/university-singers-quot-flying-to-the-stars-davinci-and-beyond-quot>

Dr. Lisa Billingham is the director of choral activities at George Mason University. She conducts the University Chorale and the University Singers and teaches choral conducting. She is an active member of the University Faculty Senate and is a member of the Senate Executive Committee. She is active in numerous spaces across campus representing faculty interests. Dr. Billingham holds a DMA in Choral Conducting from the University of Arizona, an MM in Choral Conducting from the University of Missouri-Kansas City Conservatory of Music, and a BME in Choral Music Education from Indiana University (Bloomington). Her conducting mentors include Bruce Chamberlain, Eph Ehly, James Jordan, Maurice Skones, and Volker Hempfling.

F108 Dabbling Artists

Wednesdays, 2:15–3:40, Mar. 27–May 1

Six sessions

Instructor: Christine A. Narbut

Class limit: 25

Come meet and work alongside fellow OLLI members who dabble in sketching, pastels, and watercolor painting. You provide your own materials and the picture or sketch you plan to work on each week. There will be plenty of advisory conversation available, along with suggestions for projects you might enjoy. If you have some experience with the visual arts, or if you last picked up a pastel or brush in high school, maybe you’re ready to do it again! Artistic talent is not required, just a desire to create and have fun.

See F105 for instructor information.

F109Z This is Sinatra! Celebrating the Man, His Music, and Cultural Impact

Wednesdays, 2:15–3:40, Mar. 27–May 1

Six sessions

Instructor: Michael Agron

Discover the captivating story of Frank Sinatra, the 20th century's most beloved singer and entertainer. Sinatra's unparalleled rise to fame is a testament to his unwavering resilience and adaptability throughout his six-decade career. Had his career ended in the late 1940s when he was known as "The Voice," Sinatra would be remembered as an exceptional singer but not as the legendary figure he became. It was only after hitting rock bottom in 1952 that he emerged from near obscurity to earn the titles of "Chairman of the Board" and "Ol' Blue Eyes," thereby becoming a cultural icon. If you are a Sinatra fan or want to know the backstories of what made Sinatra Sinatra, this multimedia presentation will highlight his incredible singing on records, movies, television, Las Vegas, and in concert halls. The class will also focus on lesser-known career facts on how he impacted our culture and managed to stay on top of the entertainment world in the 40s, 50s, 60s, 70s, 80s, 90s and beyond.

Michael Agron grew up in LA, the heart of the recording and entertainment industry. He loved music so much he wanted to become a recording engineer. Fate had different plans, and he ended up with a successful career in hi-tech, including founding a webinar marketing agency. He has been fortunate enough to fulfill his musical and entertainment passions by offering seven uniquely popular seminars twelve times to members of the Sacramento Renaissance Society at Cal State University and to other OLLI organizations across the country.

F110 Singing for Fun

Thursdays, 2:15–3:40, Mar. 28–May 16

Eight sessions

Instructors: Gayle Parsons, Linda Harber, Linda Gordon, Sophia Elberti

As the name says, we gather to have a good time singing songs popular from the '30s to today. Class members are encouraged to bring in songs they would like to sing. The only singing talent necessary is the desire to sing. We have an enthusiastic keyboard accompanist, a percussionist, and occasional banjo. It's a lot of fun.

Gayle Parsons is retired from a career in tax law. She has been playing keyboard for Singing for Fun classes for about ten years—and is thrilled that Singing for Fun is back!!

Linda Harber has been an OLLI member since 2018 when she retired as Mason's VP of Human Resources and Payroll. She is on the OLLI Arts and Music work group, is the current president of Friends of Music at Mason, and a singer from her school years. It is a joy to sing again with OLLI's Singing for Fun.

Linda Gordon is retired from a federal career in refugee and immigration statistics and policy. She has sung with Singing for Fun for more than 10 years and is happy to be singing again.

Sophia Elberti retired from federal service in 2021 with a background in strategic communications. She joined OLLI shortly thereafter and became a member of Singing for Fun, which she has thoroughly enjoyed.

F111 / F111Z Leonard Bernstein: Renaissance Man

Friday, 1:00–2:30, Apr. 5

One session

Instructor: Christopher Johnston

Coordinator: Stephanie Trachtenberg

Leonard Bernstein has long been considered one of the 20th century's most impactful and iconic artists. In this session, we will examine Bernstein's music, his monumental achievements, and the challenging issues he confronted throughout his life. We will discuss his accomplishments as a composer, conductor, pianist, and educator, as well as his impact as a humanitarian and social activist.

Christopher Johnston is a native of the Washington, D.C./Northern Virginia area and has been a prominent figure in the D.C. area music scene for over 30 years. As a composer, he is the author of numerous choral, orchestral, and jazz compositions. He designed the state of Virginia's first music technology curriculum and was a pioneer in developing music technology programs nationwide. Chris has received many awards, to include the Claes Nobel Distinguished Educator Award, the Wolfrap Foundation Scholarship Award, and the LFI 2008 Virginia Leadership in Education Award, honoring his innovative work in music education. A three-time Grammy "Music Educator of the Year" nominee, he has been an advocate for performances of works by young composers. In addition to his work as a composer, conductor, and pianist, he is currently on the faculty of Northern Virginia Community College, where he serves as music director for the NOVA Symphony Orchestra.

F112Z Transatlantic: American Composers of London Musicals

Wednesday, 2:15–3:40, May 8

One session

Instructor: Daniel B. Moskowitz

Many times, London theatre producers have turned to American songsmiths to concoct musicals specifically aimed at British audiences. Jerome Kern, George Gershwin, Richard Rodgers, Cole Porter, and others responded with lively shows, some big hits with lilting songs. None ever got to Broadway, and, in fact, are virtually unknown to American audiences. We will focus on those shows: why they came into being, what stories they told, and what their scores tell us about both the composers and their target audience. And we'll hear lots of the songs from those shows (a few familiar ones, a few obscure gems) sung by such members of the original casts as Gertrude Lawrence and Jack Buchanan and such American artists as Ella Fitzgerald, Tony Bennett, Bobby Short, Doris Day, and Frederica von Stade.

Dan Moskowitz is a magazine writer with an avocational interest in American popular music, who has given courses on multiple aspects of the subject at the OLLIs at both George Mason and American University.

F113Z A Virtual Visit to the Virginia Museum of Fine Arts

Wednesday, 9:40–11:05, May 15

One session

Instructor: Roz Hoagland

Coordinator: Bonnie Nelson

This class is offered for those who are registered for the May 22nd bus trip (see 1207) to the Virginia Museum of Fine Arts (VMFA), as well as anyone who would like to learn about key works of art at the VMFA, which houses a permanent collection of nearly 50,000 works of art from almost every major world culture. The instructor will concentrate on American and European 19th century painting, Art Nouveau and Art Deco decorative art, and Faberge and Russian Decorative Arts Galleries.

Roz Hoagland is a retired art historian. She taught at NOVA for 40 years and also at the Corcoran School of the Arts & Design. In retirement, she continues to take groups to Europe to study art and architecture. Since 1999, she has led more than 60 trips to 28 countries.

L114 The History of Quilting in Loudoun County

Thursdays, 11:50–1:15, Mar. 28–Apr. 4

Two sessions

Instructor: Priscilla Godfrey

This course will utilize unique PowerPoint slides about quilts made in Loudoun County from 1830 to 1991. We will learn what got this art form started in the 1800's and the individuals who kept this art form going to the present day.

Priscilla Godfrey has been quilting since 1978. She is a charter member of the National Association of Certified Quilt Judges, and she teaches and lectures about quilting to quilt guilds around the country. She has been a member of the Waterford Quilters Guild since 1979.

R115 / R115Z Glories of Spain

Wednesdays, 11:50–1:15, Mar. 27–Apr. 3

Two sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Joyce Johnston

This course explores Spain's greatest mystery: how could a culture that produced such exquisite gardens and uplifting architecture and mathematics as beautiful as its art have simply vanished? And why have writers, musicians, scientists, engineers, and philosophers been fascinated with them ever since?

Session 1. The Enduring Enchantment of the Alhambra

Not only is the Alhambra the most important remnant

of the last Muslim kingdom in Spain, it's the country's most popular landmark. It boasts not just one palace, but three—all different, all beautiful, all with magnificent views of Grenada. A Moorish poet described the building as a pearl set in emeralds. Plus, it hosts lush gardens so lovely that their Arabic name means "Paradise." It's famous worldwide as the setting for *The Thousand and One Nights* and in the U.S. as the inspiration for Washington Irving's *Tales from the Alhambra*. Even mathematicians honor its tiles as the only known example of all 17 of the possible tessellations of a single wallpaper group. Where else would you find a palace with an asteroid belt named for it?

Session 2. The Mysteries and Glory of the Moors in Spain

For seven hundred years they ruled half of Spain, yet most Americans have never heard of them. Almost 700,000 tourists roam the gardens of Segovia each year but have no idea who originally built the soaring alcazar or the exquisite gardens. Southern Spain's soaring aqueducts and dramatic castles have inspired modern icons as diverse as Disney's Cinderella Castle and *Game of Throne's* Castle Dorne, yet their designers have completely vanished. Who were these gifted, sophisticated people whose own jealous infighting tore them apart until only their magnificent creations were left behind to speak for them?

Joyce Johnston's lifetime of travel as an Army brat has given her a love of unexplored places and a taste for adventure. She has maintained her love of diverse cultures for 33 years with her multinational students at George Mason University, as well as in frequent travel with her husband Craig.

R116 Meet the Artists

Thursdays, 2:15–3:30, Apr. 4–May 2

Five sessions

CenterStage at Reston Community Center, Hunters Woods

Coordinator: Gayle Claman

Apr. 4: Beverly Cosham, cabaret singer. Cosham has performed at nightspots all over the country from Los Angeles to New York to San Antonio, as well as in theatres throughout the Washington area.

Apr. 11: Miles Stiebel, violinist. Stiebel will perform a mix of popular songs and will intrigue you with anecdotes of performances from some of the most distinguished events and monumental venues in the Washington, D.C. area and beyond.

Apr. 18: Linda Monson and her piano studio. Dr. Linda Apple Monson brings her gifted students from George Mason University to present a diverse program of classical piano repertoire.

Apr. 25: Mark Irchai. Mark Irchai returns to one of his favorite venues, the CenterStage. He presents a new program for solo piano, "Scenes of Change", with music by Rameau and John Adams.

May 2: Elizabeth Bozhich, soprano. Bozhich will present a classical vocal recital featuring the works of masters across the centuries.

Check the Daily Schedule

Please check your daily schedule email for class links or information, the current video library passcode, and Zoom Help Desk information.

200 Economics & Finance

Program Planning Group Chairs:
Brenda Bloch-Young, Leo Brennan,
Marvin Singer, Ray Willson

F201 Selling Your Home, A Guide for the Mature Seller

Mondays, 11:50–1:15, Mar. 25–Apr. 8

Three sessions

Instructor: Helen Flynn

This class will be an overview of the decisions and processes for the person or family member wanting to sell the home they have lived in for many years. The state of the current market and the effect of interest rates will be discussed as well as what things will bring a return on the homeowner's investment prior to selling.

Helen Flynn is a realtor with the Eric Stewart Group of Long and Foster Real Estate. She has been a realtor working particularly with seniors for over 20 years. As a former MSW social worker, she brings a unique and common sense perspective to this life-changing event.

F202 / F202Z The Investment Forum

Wednesdays, 11:50–1:15, Mar. 27–May 15

Eight sessions

Moderators: Al Smuzynski

The Investment Forum, which has been meeting continuously since 1995, addresses investment topics of particular interest to retirees. A weekly agenda is distributed, and sessions begin with an open discussion of recent events in the economy and the financial markets, and their impact on investment decisions. Member presentations and discussions typically include such topics as: recent market indicators, stocks, bonds, funds, real estate investment trusts, options, commodities, sector allocations, investment strategies, and choosing financial advisors. Investment trades are collected each week from Forum members, and those trades are discussed. The class uses analyses and data from the financial press.

Al Smuzynski is a retired federal bank regulator, banker, and real estate developer, and has led the Investment Forum since 2011.

F203 Estate Planning

Wednesdays, 9:40–11:05, Apr. 3–Apr. 24

Four sessions

Instructor: Sarah Parks

Sarah Parks will share her experience with estate planning and retirement living with seniors and their families. This popular OLLI course has been expanded to include a special session on funding Living Trusts. The purpose is to educate seniors about ways to become proactive in

planning their estates and avoiding the dual heartaches of losing one's parents only to discover that their trusts have not been properly funded.

Apr. 3: An Overview of Estate Planning

Apr. 10: Trusts: What are They and How Do They Work?

Apr. 17: Funding Your Living Trust

Apr. 24: Medical Decision Making and Advance Health Care Directives

Sarah Parks is an attorney who limits her practice to estate planning. Her firm is Custom Estate Planning, which she has been operating since 1995. She has a JD degree from the Mason School of Law and an LLM from the Georgetown University Law Center.

F204 Copyright, Trademarks, Service Marks, Trade Secrets, and Intellectual Property

Mondays, 9:40–11:05, Apr. 29–May 13

Three sessions

Instructor: John Pellegrin

Session 1: What Does Copyright Mean? This session will explain the procedure required to have a trademark registered and the use of the circled R designation on various products.

Session 2: Trade Secrets and maintenance of goods and products sold in commerce, as well as protection of their respective secret formulae/ingredients.

Session 3: Intellectual Property ("IP"). There have been incredible leaps forward in communications over the past few decades, including mobile phones, cable TV, and satellite reception.

John Pellegrin, an attorney with first-hand experience dealing with these issues will share case studies. He received his undergraduate degree from Georgetown University and his law degree from Fordham University. He is admitted to practice in New York, the District of Columbia, and Virginia before all of their highest courts, local federal courts, and the United States Supreme Court.

L205 / L205Z Cryptocurrency: Opportunities for Risk Takers and Scammers

Thursday, 9:40–11:05, May 2

One session

Instructor: Raoul Drapeau

Cryptocurrency uses words like Bitcoin, blockchain, miners, exchanges, and somebody named Satoshi Yakamoto. Cryptocurrency can be a very complicated subject. At one level, it's easy enough to understand. It can be like a bank transfer, currency conversion, an accounting ledger, or a stock brokerage. Down in the weeds though, the details get very complicated, obscure and risky. Unfortunately, scammers have taken advantage of those details and cost some people their life savings. So, the goal is to tell you enough so that when you read an article about cryptocurrency or when the subject comes up in a conversation, you'll be able to hold your own.

Raoul Drapeau is a retired high-tech entrepreneur with an interdisciplinary background in teaching, lecturing, high-technology, and history. He has had important accomplishments in image processing and data communications. He holds electrical engineering degrees from Cornell University and Rensselaer Polytechnic Institute.

Update Your Zoom!

Zoom regularly provides updates to release new features and fix bugs. To receive the best video and audio experience, remember to check for updates.

300 History

Program Planning Group Chairs:
Emmett Fenlon, Irene Harworth,
Beth Lambert, Bernie Oppel

F301 / F301Z The Declaration of Independence: An Introduction to Constitution Writing

Mondays, 9:40–11:05, Mar. 25–Apr. 15

Four sessions

Instructor: McDonald Jones

In anticipation of the 250th anniversary of the United States of America in 2026 (America250), this course will introduce the study of 18th century constitution writing. Using direct readings and hands-on challenges, members will analyze the Declaration of Independence as an act of Congress, its record of pre-executive achievement, and as a judicial proceeding. Lectures will demonstrate how the Declaration of Independence of 1776 (America1) was written in anticipation of the U.S. Constitution of 1787 (America12).

McDonald Jones is the Virginia recipient of the 2021 James Madison Senior Fellowship to teach and study the U.S. Constitution. Mr. Jones has taught United States History and United States Government in the New York and Washington metropolitans. He was the founding social studies professor of Columbia University's STEM secondary school. Mr. Jones holds an AB in Political Science and has a passion for constitution writing.

F302Z Tyranny in Nuremberg: 1933 to 1942

Mondays, 11:50–1:15, Mar. 25–Apr. 1

Two sessions

Instructor: Jeffrey Metzger

Jeffrey Metzger has taught various courses that among other things, relate to his maternal publishing family's circumstances emigrating from Leipzig, Germany, before World War II. He has now shifted focus to explore his paternal family's departure from Nuremberg, Germany. Recently, Jeff and other members of his paternal family traveled to Nuremberg at the invitation of its mayor, to pay

tribute to what the *Nurnberger Nachrichten* (a Nuremberg newspaper) called "once the city's most important Jewish family." While in Nuremberg, he reviewed the experiences of his father's family in the 1930s and 1940s with 80 German college students. Jeff will make the same presentation at OLLI, providing a detailed description of how a prominent German Jewish family confronted the Nazi threat.

Jeffrey Metzger is an attorney and currently serves on the board of directors of the non-profit U.S. Committee for Refugees and Immigrants. He previously served as vice president and associate general counsel of a multinational company, as a trial attorney at the Department of Justice, and in private law practice. He graduated *magna cum laude* from Amherst College and from Georgetown Law Center.

F304Z Lessons From the Vietnam War

Wednesday, 2:15–3:40, Apr. 3

One session

Instructor: Ed Linz

This course will focus on the events leading up to the U.S. involvement in Vietnam, culminating in wars from 1945 to 1985. The instructor will discuss the French colonial era, the rise of Ho Chi Minh and the Viet Minh, South Vietnamese politics, and U.S. policy decisions. The instructor will also provide a detailed examination of the conduct of the war, with an emphasis on the tactical decisions leading to heavy casualties among Americans and their communist opponents. The discussion will conclude with lessons learned.

Ed Linz, a 1965 graduate of the U.S. Naval Academy, is the author of five books, including recent works on The Great Depression and the Vietnam War. He was the commanding officer of a ballistic missile submarine and holds advanced degrees from Oxford University and George Mason University.

F305 / F305Z The Flying Aircraft Carriers of the U.S. Navy

Friday, 11:00–12:25, Apr. 5

One session

Location TBD

Instructor: Peter Ansoff

In the early 1930s, the U.S. Navy commissioned two large airships (dirigibles) that were designed to be mother ships for scouting airplanes. The concept was not ultimately successful, but it was interesting from both technical and operational standpoints. This course will discuss the origins of the program, the construction and characteristics of the ships and their air detachments, their operational histories, their fates, and their legacy. It will also include a brief visual tour of the ships' interiors and touch briefly on some of the personalities who were involved in the program.

Peter Ansoff is retired after a career as a support contractor for the U.S. Navy. He is an amateur historian, with particular interests in maritime history, lighter-than-air aviation history, and historic flags. He has taught courses on these and other subjects at the Osher Lifelong Learning Institute at George Mason University, and he serves on the Institute's board of directors. He is also past president of the North American Vexillological Association (NAVA), an

OLLI Parking Information

Fairfax: Front and rear of the Tallwood building; also in the adjoining Fairfax swimming pool lot in the area designated by traffic cones, if present.

Loudoun: Park on the east side of the building (the area opposite the retail stores).

Driving to and from OLLI sites and events is at your own risk.

international organization dedicated to the study of flags, and he has published several papers in NAVA's journal on various aspects of Revolutionary War-era flags.

F306 From Loyal Virginia Gentleman to Rebel Chieftain, 1759-1775

Wednesday, 2:15–3:40, Apr. 10

One session

Instructor: Dr. Peter Henriques

Coordinator: Velma Berkey

Why would George Washington—successful, wealthy, and essentially conservative—be willing to become a “rebel chieftain” and lead armed resistance against what he earlier referred to as “my king and country?” Considerable time will be spent discussing why Washington was picked to lead the Continental Army and how Washington felt about the appointment.

Peter R. Henriques received his PhD in History from the University of Virginia and is professor of history, emeritus, at George Mason University. He is the author of *First and Always: A New Portrait of George Washington*, *Realistic Visionary: A Portrait of George Washington* and *The Death of George Washington: He Died as He Lived*. Honors include a George Washington Fellowship by Mount Vernon and the George Washington Memorial Award given by the George Washington Masonic Memorial Association. Dr. Henriques recently presented the Distinguished Lecture Series at Colonial Williamsburg.

F307 / F307Z General James P. Longstreet: Confederate Hero or Scalawag?

Tuesdays, 9:40–11:05, Apr. 23–May 14

Four sessions

Instructor: Robert Shaffer

From July 1862 until April 1865, General James P. Longstreet was the senior corps commander in Robert E. Lee's Army of Northern Virginia and the driving force in the Confederacy's major victories at the battles of Second Manassas and Chickamauga. After the war, Longstreet was reviled by many of his former Confederate colleagues as a man whose egotism played the major role in the Confederacy's defeat at Gettysburg, as a traitor to the Lost Cause, and as a hireling of the U.S. government. Were either his reputation as a Confederate war hero or as a tool of Federal administrators during the Reconstruction Era warranted? The four sessions of our course will explore this complex man and his times.

Bob Shaffer is a 1968 graduate of the University of Hawaii (Political Science) and has an M.A. from the University of Arizona (1972). He has been a member of OLLI since 2013 and has presented classes at OLLI on the Civil War and Trip Tales.

F308Z American Secrets

Wednesday, 2:15–3:40, Apr. 24

One session

Instructor: Jennifer Wilcox

This presentation will introduce students to the secret of secrets. Beginning with invisible ink and hidden messages of the American Revolution through the first super computers and everything in between, the instructor will

take you through the history of American cryptology. This presentation highlights the history, technology, and people bringing the secret world of secrets to you.

Jennifer Wilcox has been the director of education at the National Cryptologic Museum for 25 years, providing a variety of programs on cryptologic history to adult and youth audiences. She has a BA from Michigan State University and has worked for the National Security Agency since 1986.

F309 World War I: The How and Why of a Tragedy

Thursdays, 9:40–11:05, Apr. 25–May 16

Four sessions

Instructor: Karen Wilhelm

Historian Nick Lloyd describes WWI as a “bubbling, fermenting experiment in killing that changed the world.” After seeing pictures or movie recreations of soldiers enduring horrific artillery bombardments in mud-clogged trenches and reading of battles with hundreds of thousands of casualties, questions of why and how the nations of Europe could engage in such a conflict are inevitable. These lectures will provide an overview of the answers by examining the origins of the war, its industrialized nature and the effects of changing technologies, the resulting military strategy and battlefield tactics, as well as the necessity to mobilize populations and economies. The effects of this conflagration extend to the present, making the history of WWI relevant to our understanding of both the evolution of warfare and today's international system.

Karen Wilhelm is a retired USAF officer with a Doctorate in Liberal Studies from Georgetown University. Her academic background is centered on military history, defense policy, and strategic studies. She has previously served as an adjunct professor of public policy at George Mason University.

F310 / F310Z Implosion: The End of Communist Rule in Eastern Europe

Friday, 11:00–12:25, Apr. 26

One session

The Landing, 2620 Main Line Boulevard, Alexandria, 22301

Note location and time

Instructor: Bernie Oppel

The end of communist rule in Eastern Europe in the 1980s has been attributed largely to protest movements and the rise of heroic “civil societies” in those countries. This presentation takes a contrarian approach and focuses on how communism was undone by the bankrupt communist establishments themselves—the party bosses, propagandists, secret police, and military brass. These “uncivil societies”—characterized by mismanagement, incompetence, and demoralization—imploded rapidly when the Soviet Union under Gorbachev proved unwilling to prop them up by force. Case studies on East Germany and Poland will illustrate this implosion.

Bernie Oppel has taught several history and history film courses at OLLI. He is retired from the Foreign Service and the U.S. Air Force. He holds a PhD in Modern European History from Duke University.

L311 / L311Z The Frontiersmen, Part 3: The Frontier Moves Beyond the Mississippi

Thursdays, 9:40–11:05, Mar. 28–Apr. 18

Four sessions

Instructor: Jim Anderson

From the earliest New World settlements, the proximity of those vast, wild and unsettled spaces in North America has had a significant impact on the history of our nation. It also has influenced our character as a people, distinct from our European roots. We will begin these four lectures with a look at the Fur Trade and Kit Carson as examples of European and Native cultures struggling to coexist. Then we will examine the Great Plains Native culture and summarize U.S. government Indian policies. The final lecture will cover the U.S. Army experience on the frontier.

Jim Anderson spent three years in the Air Force and 27 years with the CIA; followed by 11 years conducting corporate leadership seminars at Civil War battlefields. He holds an MA in History from the University of Memphis. He has taught and conducted tours at OLLI on the Civil War and the frontier since 2009.

L312Z The Year 1877

Tuesdays, 2:15–3:40, Apr. 23–May 14

Four sessions

Instructor: Heather Dudley

We often hear that the country is now more politically and socially divided than ever before. Our country, however, has been through many periods of intense polarization. In this course we will take a look at the year 1877. It was a period so tumultuous and violent that it might make today appear to be downright tranquil.

Heather Dudley taught at the high school and college level. She has an MA in History, an MA in Psychology, and a Doctorate from Georgetown University. She writes a blog—charactermattered.org—and is the author of a book on the founders: *The Free and the Virtuous: Why the Founders Knew that Character Mattered*.

L313 The Ritchie Boys

Thursday, 9:40–11:05, Apr. 25

One session

Instructor: Wes Clark

If you watched the CBS telecast of *60 Minutes* on January 2, 2022, you would have learned about the Ritchie Boys. The instructor will present their story. It is the story of a number of Jews—many with advanced degrees and high IQs—who escaped Hitler's German and Austrian clutches and joined the U.S. Army during WWII. They were trained at then-secret Ft. Ritchie, MD, to be interrogators of Nazi POWs just captured on the front lines. Because they spoke idiomatic German, had been trained on the German order of battle, knew the enemy's towns, and were intimately familiar with their adversary's culture/sports teams, they couldn't be fooled by those the Allies took into custody. We will discuss the fascinating facts about the Ritchie Boys and how they obtained tactical information that was extremely helpful to the Allies.

Wes Clark is an attorney who retired from the federal government

with over 38 years of service. He began his legal career as a Judge Advocate General (JAG) officer with the 101st Airborne Division, became a Department of Justice organized crime prosecutor, and spent the last 20 years with DEA.

L314 / L314Z MacArthur's Big Mistake and WWII

Thursday, 9:40–11:05, May 9

One session

Instructors: Raoul Drapeau, Tracy Winslow

This lecture describes a secret and dangerous plan devised by General Douglas MacArthur during the middle of the Korean War in April, 1951. It included moving a large naval task force with aircraft carriers from the east coast of Korea to a position just off the southern coast of China, far away from the Korean conflict. Much later, research showed that MacArthur's intention was to provoke the Chinese to attack one ship, the *John A. Bole* (DD755) as part of his desire to rid China of the Communists. Had their armed junks surrounding the Bole in Swatow harbor attacked it, the ensuing conflict could quickly have expanded into WWII.

Raoul Drapeau is a retired high-tech entrepreneur with an interdisciplinary background in teaching, lecturing, high-technology, and history. He has had important accomplishments in image processing and data communications. He holds electrical engineering degrees from Cornell University and Rensselaer Polytechnic Institute.

Tracy Winslow was the engineering officer on the *USS Bole* during this event.

R315 / R315Z Park Ranger Potpourri

Tuesdays, 2:15–3:40, Apr. 23–May 14

Four sessions

Rose Gallery at Reston Community Center, Lake Anne

Coordinator: Jen Epstein

The National Park Service will reveal four new topics, one in each presentation. If you enjoy surprises, this is the course for you! National Park Service Rangers have participated in OLLI programs since 2001 by offering scores of thematic courses, special events, and trips.

R316 / R316Z A Deep Dive into the Life and Times of John Singleton Mosby

Wednesdays, 2:15–3:40, Apr. 24–May 15

Four sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: David Goetz

Take a deep dive into the life and times of John Singleton Mosby, known as the "Gray Ghost of the Confederacy." The course will consider Mosby's life from his birth in 1833 to his war experiences as cavalry leader to his post-war life. His part in the Lincoln conspiracy will be examined as will his relationship with President Grant. The instructor will also examine Mosby's retirement and death. Finally, he will share a large number of authentic Civil War artifacts with the class, encouraging participants to hold the many museum-quality items.

Sessions One and Two will cover John Singleton Mosby's

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life from his birth in December 1833 to the end of the war.

Session Three will cover John Mosby's life after the War Between the States, including his relationship with Grant.

Session Four considers Mosby's role in the Lincoln conspiracy.

Sessions may include many artifacts which were used by soldiers in the field. These include playing cards, matches, shaving brushes and razors, mirrors and compasses, bone dice, a courier's case, artillery fuse holders and fuses, lanterns and ingenious candle holders, a thimble, leg irons and handcuffs, soldiers' pipes, bullets in wood, a cannon ball, sharpshooter eyeglasses and many more. Additionally, the instructor will share extremely rare items from Mosby's life, including an unpublished daguerreotype of Mosby as a teenager and other photographs, his "housewife" sewing kit made by Mrs. R. E. Lee, and books by and about Mosby, some of which Mosby personally autographed.

David Goetz has studied the life and times of John Singleton Mosby for more than a quarter century and has written two books and numerous articles about his 82-year life and service to this country. He also owns and operates Mosby's Confederacy Tours in Fauquier, Loudoun, and Clarke Counties in Virginia. Dave holds an undergraduate degree in English from Bellarmine University, Louisville, Kentucky, and a Master's of Science degree in Community Development from the University of Louisville. He is a U.S. Army veteran, received an honorable discharge, and lives in Culpeper County, Virginia.

R317 / R317Z Jerusalem's Holy Sites: History and Controversy

Wednesdays, 11:50-1:15, May 1–May 15

Three sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Allan H. Goodman

This course will review the history of Jerusalem, emphasizing the origins of, and the competing rights to, the holy sites of Judaism, Christianity, and Islam. We will focus on the most controversial religious site, known to Jews as the Temple Mount and to Muslims as the Noble Sanctuary. This is the location of the Jewish Temples, the Western Wall, the Muslim Dome of the Rock, and the al-Aqsa Mosque. We will also discuss the complicated administration of the Church of the Holy Sepulcher (where

Jesus was crucified and buried) and the evolution of the Via Dolorosa (Jesus' route to the crucifixion). Additional topics will include recent controversies concerning demolition under the Temple Mount/Noble Sanctuary by the Muslim Authority, the issue of who will control the archaeological excavations of the "City of David" in East Jerusalem, and the political/religious movement to rebuild the Jewish Temple.

Allan H. Goodman is a judge, mediator, arbitrator, and author of the novel *Father, Son, Stone*, a historical mystery that takes place in Israel. He is a graduate of the Georgetown University School of Foreign Service and the University of Toledo College of Law, and a member of the bars of Virginia, Maryland, and DC. He has also been an adjunct professor at Georgetown University Law Center.

400 Literature, Theater, and Writing

Program Planning Group Chairs:

**Pat Bangs, Linda Bergman, Jane Fitzgibbons,
Norma Jean Reck**

F401 Memoir Writing

Tuesdays, 9:40–11:05, Mar. 26–Apr. 16

Four sessions

Instructor: Ron Shapiro

Class limit: 25

In a relaxing and comfortable setting, students will discover the power of the written word to make meaning of their experiences. These could be as diverse as growing up in a small Russian community, learning to ride a bike in a small rural town, watching a beloved grandmother struggling to make ends meet in the 1930s, or surviving serious injury during a war. Participants may find great satisfaction in describing their past on paper. The only requirement is the desire to preserve small moments of the student's life for their family. In these workshops, a supportive and comfortable environment serves to nourish and cultivate these life stories. From the seeds of memory, a garden of personal history can flourish for others to admire and to appreciate.

Ron Shapiro has a B.A. from the University of Delaware and a Master's degree in the Teaching of Writing from Northeastern University. He has taught memoir writing workshops at Goodwin House West, Osher Lifelong Learning Academy, Bard's Alley Bookstore, and the Insight Shop. He also serves as a teacher consultant with the Northern Virginia Writing Project.

F402 / F402Z Theater and Film Potpourri

Tuesdays, 11:50–1:15, Mar. 26–Apr. 16

Four sessions

Coordinator: Norma Reck

What does it take to write, produce, and perform award-winning musical theater, film, or video? Join us for one-on-one conversations with some Mason professors who will share their professional experiences and expertise with us. Your choice: either join us in-person (highly recommended, especially for student performances) or via Zoom.



For full instructor bios, click on the instructor name accompanying the course descriptions in the OLLI member portal:
olligmu.augusoft.net

F403Z Poetry Workshop

Tuesdays, 2:15–3:40, Mar. 26–May 14

Eight sessions

Moderator: Jan Bohall

Class limit: 16

This workshop allows both novice and experienced poets the opportunity to share their work and receive suggestions for improvement. Workshop members should prepare an original poem in draft or in revised form for each session. The moderator will email students after class confirmation with further instructions.

Jan Bohall, an OLLI member, has had poems published in various periodicals and has won awards from the Poetry Society of Virginia.

F404 What Sparks Poetry: Writing and Reading Ecopoetry

Thursdays, 9:40–11:05, Mar. 28–May 2

Six sessions

Instructor: Sally Keith

Class limit: 12

What is ecopoetry? Why ecopoetry? And how? Inspired by an ongoing collection of *What Sparks Poetry* essays published in *Poetry Daily*, in this course we will engage and discuss the poems and ecopoetic practice of living poets before turning our attention to our own writing practice. Class sessions will be led by the editors and graduate students associated with *Poetry Daily*, which we shall utilize as our source text. Class time will include discussion of poems, writing exercises, and sharing poems.

Sally Keith is the author of five collections of poetry, most recently *River House* (Milkweed 2015). She teaches as George Mason University and is co-editorial director of *Poetry Daily*.

F405 / F405Z Everybody's Protest Novel

Thursdays, 11:50–1:15, Mar. 28–May 16

Eight sessions

Instructor: Ellen Moody

Class limit: 40

This course in American literature will include readings in protest masterworks from the Civil War era to today, along with two films. The class will begin with *A Narrative of the Life of Frederick Douglass Written by Himself*, and Louisa May Alcott's short story, *My Contraband* and Harriet Beecher Stowe's *journalism* (pdfs). We'll discuss Chicago muckrakers, literary naturalism, and pre and post WWI writers (e.g., Dreiser, Kay Boyle, Hemingway via pdf and online excerpts from short stories, plays and poetry). The class will cover the first half of the 20th century with Steinbeck's *Of Mice and Men* (Penguin 1994 edition, ISBN 978-0-14-018642-0), John Ford's *Grapes of Wrath*, then Ann Petry's *The Street*, then Baldwin's journalism, e.g., *Stranger in the Village* (pdfs). For the second half of the century, the class will look at Didion's *Salvador* (slender journalistic book), *Play It like It Lays* (novella), and will conclude with a 21st century film, Baldwin's *If Beale Street Could Talk*.

Ellen Moody taught from 1972-2012 in colleges, and now eight years at two OLLIs. She's a published scholar, with specialties in 18th through 20th century literature (including gothic & historical

novels), film and women's studies, and post-colonial writing.

F406Z So You Wanna Write Poetry

Thursdays, 11:50–1:15, Mar. 28–May 16

Eight sessions

Instructors: Ed Sadtler, Carolyn Wyatt

Class limit: 12

This is a class for those who would like to write poetry or already write poetry and would like to improve their skills. Each session will be divided into three segments: a discussion of craft, a time to write, and a time to share what's been written. Come and surprise yourself!

Carolyn Wyatt is a retired federal information officer who traveled widely in that position. She has an M.A. in Spanish from Indiana University and aspires to be a poet and a wise woman.

Ed Sadtler, a graduate of Shippensburg State College in Pennsylvania, has conducted many writing workshops at OLLI, and has taught poetry writing classes for the Lifetime Learning Institute of Northern Virginia Community College.

F407Z Politics and the Novel: E.L. Doctorow's *The Book of Daniel*

Thursdays, 2:15–3:40, Mar. 28–Apr. 4

Two sessions

Instructor: Richard Rubenstein

In this course we read and discuss the book that the New Republic called "the political novel of our age" and Joyce Carol Oates termed "a nearly perfect work of art": E.L. Doctorow's fictionalized version of the Julius and Ethel Rosenberg atom spy case of the 1950's. Daniel, the book's narrator, is the fictional son of the accused spies. The book's innovative and moving style earned it a National Book Award nomination in 1972. Its sensibility is complex and profound, and the issues it explores are still highly relevant (as those who have seen the movie, *Oppenheimer* will agree). Each session of our class will deal with half of the novel. The class will be experienced virtually but will be fully interactive.

Richard Rubenstein is university professor of Conflict Resolution Emeritus at George Mason's Jimmy and Rosalynn Carter School for Peace and Conflict Resolution. He is the author of ten books on understanding and resolving social conflicts and often teaches courses in Conflict and Literature.

F408Z Something Wicked: *Macbeth* and Shakespeare's Anatomy of Evil

Mondays, 11:50–1:15, Apr. 8–May 13

Six sessions

Instructor: Charles Chadwick

Villains abound in Shakespeare's plays. Seldom, however, did Shakespeare examine the origins, effects, and cost of evil—both to individuals and to society—as he did in *Macbeth*. Not even Richard III shows us the disintegration of human beings in as shocking and mesmerizing a fashion as does *Macbeth*. "...something wicked this way comes" the witches greet *Macbeth* as he succumbs to bloody ambition. Is evil inevitable or is it a choice? Join us as we use a video presentation of the play, lecture, and interactive discussion to examine one of Shakespeare's greatest plays.

Charles Chadwick has an M.A. in Literature and has taught classes for OLLI at UVA, including ten courses on the plays of Shakespeare, three courses on the plays of Eugene O'Neill, and courses on contemporary literature. He is a retired executive in organizational ethics and government contracting.

F409 / F409Z A Wartime Romance: Anna and Boris: The Love Letters (1944-1946)

Thursday, 2:15–3:40, Apr. 11

One session

Instructor: Vera Kochanowsky

Anna, an 18-year-old Swiss beauty, and Boris, a Russian refugee twice her age recently rescued from years of Nazi persecution, become captivated with each other after a brief first encounter. Over Anna's parents' objections and despite strict travel restrictions imposed on foreigners by the Swiss authorities, their love survives and deepens through an extensive correspondence lasting nearly two years. These two disparate, fascinating individuals reveal themselves fully in their letters: their inner and outer worlds, their life challenges and lessons, and their hopes for the future. They also expose the realities of living in Europe at this time and the difficulties of emigration, employment, travel, as well as some shocking examples of xenophobia by the Swiss (despite opening their borders to thousands of foreign refugees). The instructor's translation of over 125 of her parents' letters presents a rare and personal account of life and love during the last months of World War II and the beginning of reconstruction in Europe. Her first book was *Lenin, Hitler and Me* (2016), a revision of her father's memoirs.

Dr. Vera Kochanowsky, a retired choral conductor, is a harpsichordist, private teacher, and chamber musician who has lived in the Washington D.C. area for over 30 years. She has presented numerous programs for OLLI, both as a musician and author, since 2017.

F410Z Poetry Reading

Friday, 1:00-2:30, Apr. 12

One session

Coordinator: Carolyn F. Wyatt

The OLLI Poetry Workshop is proud to continue a tradition: the presentation of poems written by its members. To celebrate National Poetry Month in April, workshop members will share their work at a reading; the OLLI community is invited to attend. As poems are read, they will be projected onto a screen so that the audience can follow the readings. Non-workshop members will be given time to present an original poem, limited to a page or less, if they contact the coordinator with their wish to participate.

See F406Z for instructor information.

F411 / F411Z Meet the Movie Man: Behind the Scenes at the Cinema

Wednesday, 2:15–3:40, Apr. 17

One session

Instructor: Mark O'Meara

Coordinator: Stephanie Trachtenberg

Learn the highs and lows of operating an independent

movie theatre in the multiplex era. Mark O'Meara, whose Cinema Arts and University Mall Theatres in Fairfax attract a loyal following, will share his years of experience as a film theatre owner. Whether it's traveling to film festivals to scout out future offerings, enticing film distributors to share more prints of first-run films, or devising creative fund-raising campaigns, O'Meara will discuss all aspects of the complex but creative business of owning a movie theatre.

Mark O'Meara purchased the Cinema Arts Theatre in the Fair City Mall in 1999 and has owned the University Mall Theatres on Braddock Road near George Mason University since 1991. He is the former owner of theatres in Manassas, Sterling, and Herndon.

F412Z Conversational Poetry: Responding to and Incorporating the Words of Others

Wednesday, 2:15–3:40, Apr. 17

One session

Instructor: Danielle Badra

Class limit: 20

Learn about conversational poetry and the ways in which you can incorporate the writing of others into your own writing. We'll learn about the Golden Shovel, Erasure, and Contrapuntal forms. The Golden Shovel form was created by Terrance Hayes and inspired by Gwendolyn Brooks. We will look at not only examples of current Golden Shovel poems but also the rules to write in this form. Erasure relies on found text and the poet's interpretation and reinterpretation of it. The contrapuntal form interweaves two or more poems to create a single poem that can be read in multiple directions. This form becomes conversational when you use found text from a loved one or the poetry of your favorite poet as one of the poems you interweave. We will look at examples and writing prompts for all three forms.

Danielle Badra is the Fairfax County Poet Laureate (2022-2024). Her manuscript, *Like We Still Speak*, was selected by Fady Joudah and Hayan Charara as the winner of the 2021 Etel Adnan Poetry Prize and published through the University of Arkansas Press.

F413 / F413Z Sacred Voices: Women of Genesis Speak

Wednesday, 2:15–3:40, May 1

One session

Instructor: Sherri Waas Shunfenthal

Coordinator: Carolyn Wyatt

The instructor will give a presentation on her poetry book *Sacred Voices: Women of Genesis Speak*. This book breathes life into the heroines of Biblical times. The Biblical women tell their own stories in lyrical poetry. Aaron Leibel of the *Washington Jewish Week* wrote: "Ever wonder what Adam and Eve said to each other right after they ate the apple? Or what Noah's wife had to say when her husband started banging nails into wood and collecting animals? Or how about Sarah's laughter after she was told at her advanced age in life, that she would give birth to a son? Wonder no more..." The instructor's poems are

written from these ancient women's points of view, and her words reflect their joy, their pain, and their relationships. The women are still so much a fabric of our lives in the Western hemisphere. The instructor will also speak on her creative process and her connection to the female voices of Genesis! It will be a lively discussion.

Sherri Waas Shunfenthal is the author of *Sacred Voices: Women of Genesis Speak*, *Journey into Healing*, and *Seasons of Prayer* (Pocol Press). Her work appears in many anthologies. She has spoken at synagogues, churches, bookstores, women's groups, and colleges, and she teaches poetry workshops.

F414Z Essentials of Self-Publishing: Print, Digital, and Audio

Thursdays, 9:40–11:05, May 2–May 16

Three sessions

Instructor: Fred Rexroad

This course is an introduction to the world of independent publishing. We'll cover manuscript preparation and the mechanics of the independent publishing process including: ISBNs, LOC numbers, publisher and imprint names, formatting and cover creation, and printing options. We'll compare indie publishing to traditional publishing, emphasizing why you may want to go the indie route. Your goals decide the process. We'll discuss how to prepare your book for the global market in multiple formats. Discover the affordable, rapid, and straightforward eBook publishing process. Explore the enduring appeal of physical books and their creation. Navigate the booming world of audiobooks and make informed choices. End with valuable insights for your publishing journey.

Fred Rexroad has independently published multiple books since 2005. He also has experience with traditional publishers, having produced software for college financial textbooks and a story in a children's anthology. He is the current treasurer of the Mid-Atlantic Chapter of Mystery Writers of America.

F415 Nancy Drew and Her Changing World

Wednesday, 2:00–3:25, May 15

One session

Burke Centre Library

Note location and time

Instructor: Art Taylor

In the world of detective fiction, few figures are more iconic than Nancy Drew—a favorite character for young readers from the 1930s through the present and revitalized over the decades through TV and film adaptations as well as several spin-off series geared toward both younger and older readers. But beyond simple escapist reading, the adventures of the "Girl Detective" also offered telling glimpses of the values, concerns, and conflicts of their eras. A brief examination of the series' publishing history—from before Nancy's debut through significant and timely reworkings of the stories—provides additional insight into the business of children's literature and the importance of market considerations on artistic creation.

Art Taylor is the Edgar Award-winning author of two short

story collections: *The Adventure of the Castle Thief and Other Expeditions and Indiscretions* and *The Boy Detective & The Summer of '74 and Other Tales of Suspense*. He's an associate professor of English at George Mason University.

L416Z Writers' Workshop

Wednesdays, 9:40–11:05, Mar. 27–May 15

Eight sessions

Instructors: Ed Sadtler, Margie Wildblood

Class limit: 12

This class uses a roundtable format to foster an environment for writers of all levels to give and receive encouragement, feedback, and constructive criticism. All genres of writing are welcome, including poetry, fiction, memoirs, and historical pieces. To each of these categories we apply the same underlying commitment—to write a compelling work that fully conveys the author's intentions.

Ed Sadtler, a graduate of Shippensburg State College in Pennsylvania, has conducted many writing workshops at OLLI, and has taught poetry writing classes for the Lifetime Learning Institute of Northern Virginia Community College.

Margie Wildblood is a native of Salem, Virginia. She has degrees in English, Psychology, and Education. She retired from Northern Virginia Community College where she was faculty and a counselor in student services. She writes poetry, fiction and nonfiction prose, and is currently marketing a romance memoir.

R417Z Literary Roundtable

Wednesdays, 11:50–1:15, Mar. 27–May 15

Eight sessions

Moderator: Ben Gold

This on-going short-story discussion class will continue with the new anthology, *The Best American Mystery Stories of the Century*, edited by Tony Hillerman. This is a selection from the best of the world's short mystery fiction, bringing together writings by great masters of the genre. This wide-ranging anthology of stories is designed for readers to meet new writers and be surprised by some famous writers not known for mysteries. The book is available online from a variety of sources. It's in paperback for \$10.00 or less for used copies.

Ben Gold has a BA in Political Science from Stanford University and also holds an MS degree in Computer Science. He will serve as moderator.

F418Z Memorial Days: Viet Nam Stories

Wednesday, 2:15–3:40, Mar. 27

One session

Instructor: Wayne Karlin

Coordinators: Suzy Rigdon, Kate Lewis

Decorated Vietnam veteran, Wayne Karlin, brings the surreal nature of war to life in his story collection, *Memorial Days: Viet Nam Stories, 1973-2022*. The retrospective book examines the seductions and damages of war, moving backward and forward in time, spanning over 50 years, and several wars. Author Khanh Hah says, "*Memorial Days* is valuable to those like us who did not fight in the war(s); and yet it grants a reprieve to those who did and are plagued by their memories." Martín Espada says,

"Haunted, [Karlin] haunts us, a witness who transcends his own experience through the power of imagination." Karlin is the author of several books, including *Wandering Souls: Journeys with the Dead and the Living in Viet Nam*, and *A Wolf by the Ears*. This talk is part of Fall for the Book's Spring lineup of free events. To view the full schedule, visit fallforthebook.org.

Wayne Karlin has published eight novels and three non-fiction books. He has received five State of Maryland Individual Artist Awards in Fiction, two Fellowships from the National Endowment for the Arts (1994 and 2004), the Paterson Prize in Fiction for 1999, the Vietnam Veterans of American Excellence in the Arts Award in 2005, and the 2019 Juniper Prize for Fiction for *A Wolf by the Ears*.

500 Languages

Program Planning Group Chairs:

Pat Bangs, Linda Bergman, Jane Fitzgibbons,
Norma Jean Reck

F501Z Japanese Language and Culture

Tuesdays, 11:50–1:15, Mar 26–May 14

Eight sessions

Instructors: Jody Dixon, Phyllis Yoshida, Charles Yoshida, Yoko Thakur, Ajit Thakur, Mutsumi Stone, Shoko Hamano, Saori Kobayashi, Yuriko Gandolfo

Coordinator: Yoko Thakur

Class limit: 50

This course will introduce several aspects of Japanese culture and language. It is intended for students to deepen their understanding of Japanese culture.

Mar. 26: An Exchange Teacher's Perspective. This session will provide an overview of a foreigner's experience living and working in Japan, and how this experience was leveraged to begin a career in international education, focusing on programs that encourage consistent engagement with Japan.

Jody Dixon is currently the assistant director for international education and global initiatives at the American Association of State Colleges and Universities (AASCU), and was also an assistant language teacher on the Japan Exchange and Teaching Program (JET). She completed a Master's in International Training and Education at American University after spending five years in Yamanashi prefecture.

Apr. 2: Japanese Folk Arts. Folk crafts from around the world capture our imagination. They uniquely represent a country's culture and history. Japan's folk crafts provide special insight into both its pre-industrialization culture and its present day kimochi (feeling or heart). Every prefecture has its own special items that reflect its geography, commerce and/or its spiritual life. While some artists use traditional designs and materials, some artists tweak it but in a way that retains some original characteristics. For example, visitors collected kokeshi dolls on visits to hot springs with each region having its own special designs. While traditional designs predominate, many artists also make imaginative creative kokeshi representing folk tales or current life, e.g., an ice cream soda or an anime character.

Phyllis and **Charles Yoshida** are both retired from the federal government and collect Japanese folk crafts. She has a Ph.D. in International Relations and spent two years studying at the University of Tokyo. He is a computer scientist and a third generation Japanese American.

Apr. 9: Japanese for Travelers and Historical Places to Visit. The instructor will introduce basic Japanese expressions useful for travelers and will talk about historical places in the context of Japanese history.

Dr. Yoko Thakur received her Master's degree from the University of Minnesota and Doctoral degree from the University of Maryland. She has taught Japanese language, culture, and history at universities, including GMU and at Fairfax County Public Schools.

Apr. 16: The Diminutive Kurume Hybrid Azaleas. In this PowerPoint presentation, the instructor will share the beauty of the second most popular of the evergreen azaleas, the Kurume hybrids of Japan. He will discuss the origin of these azaleas and their eventual passage to America and Europe and will show the class some examples of these plants; many of which are found in various collections today.

Dr. Ajit Thakur is a retired statistician whose love for azaleas (evergreen species and hybrids such as the Kurume and Satsuki hybrids) spans about 46 years. He has given seminars on azaleas on many occasions and written about them in *The Azalean* (the quarterly journal of ASA) and is a long-time member of the Azalea Society of America (ASA). He has traveled throughout Japan and has been fortunate enough to have observed many exciting and unusual varieties of both evergreen and deciduous azaleas. Two of his most recent publications are in *The Azalean* on the Kurume Hybrids.

Apr. 23: Hyakunin Isshu Karuta (One Hundred Poem Cards): The Ultimate Japanese Mind Sport. The instructor will introduce a history of Ogura Hyakunin-isshu, the most famous anthology of Japanese poems consisting of 100 tanka-style poems (31 syllables). Later, those poems were written on cards called karuta as an educational tool. In modern Japan, people are using those karuta cards to play a speedy game called kyogi (competitive) karuta. The instructor will demonstrate how people play the game. Even those without knowledge of the Japanese language can play and enjoy it.

Mutsumi Stone is a kyogi (competitive) karuta player with a 6th dan degree. After playing competitive karuta in Japan for nine years, she moved to the U.S. and has lived in England, Kazakhstan, Thailand, and China, enabling her to promote kyogi karuta in those and nearby countries. In the U.S., she holds competitive karuta practice sessions and has introduced the mind-sport in Japanese classes in secondary schools and colleges. As overseas liaison of the Tokyo-based All Japan Karuta Association, she helps karuta players around the world.

Apr. 30: Onomatopoeic Expressions in Japanese. Onomatopoeia is a unique form of language where individual sounds convey meaning. For example, in /pan-pan/, /p/ suggests bursting, and /k/ implies hardness. However, not all cases follow this pattern. For instance, /paku-paku/ doesn't imply hardness despite containing /k/. Similarly, /suku-suku/ and /kusu-kusu/ share the same /s/, /k/, and /u/ sounds but differ in meaning. This lecture aims to explore these complexities and unravel the linguistic structure of Japanese onomatopoeia.

Shoko Hamano, professor emeritus of Japanese and International Affairs at George Washington University, holds a Ph.D. in Anthropological Linguistics from the University of Florida. She taught at UC Santa Cruz and Harvard before joining GW, where she chaired the EALL department and authored notable works on Japanese sound symbolism. In 2023, she received a commendation from the Japanese Ministry of Foreign Affairs for promoting Japanese language education in the U.S.

May 7: The Japan-America Society of Washington DC (JASW). The instructor will delve into the Japan America Society of Washington D.C.'s ongoing programs, such as the Sakura Matsuri—the Japanese Street Festival and the National Japan Bowl. Additionally, she will explore the importance of grassroots activities within the community, underscoring their pivotal role in strengthening U.S.-Japan relations.

Saori Kobayashi joined the Japan-America Society of Washington D.C. in May, 2022. In her current position she helps coordinate, manage, and implement society programs including the Japanese Language School and corporate member events. Ms. Kobayashi studied at the University of California, Los Angeles and has an M.A. in Conflict, Security, and Development from the University of Sussex in Brighton, England and a B.A. in Foreign Studies from Sophia University.

May 14: Koto Performance by the Toho Koto Society.

Ms. Yuriko Gandolfo is a member of the Washington Toho Koto Society and a lecturer at the University of Maryland.

F502Z Intermediate Spanish Grammar and Conversation Parts 1–4

Thursdays, 9:40–11:05, Mar. 28–May 16

Eight sessions

Instructor: Morris Kaplan

Using a helpful textbook and specially curated YouTube videos, Mr. Kaplan teaches Spanish in a fun, interactive, and very effective way. This class will focus on the past, future and conditional tenses and commands. No homework or tests. Just sit back and listen as we do grammar exercises, watch Spanish language videos and speak in Spanish to each other. It's an easy way to learn how to speak the second most spoken language in America. Learning a foreign language has also been shown to delay or reduce the onset of dementia. This is a year-long course (fall through summer). Part 1 (fall) will be followed by Parts 2 (winter), 3 (spring) and 4 (summer), each continuing where the prior class left off. Required text: *Advanced Spanish Step-By-Step* by Barbara Bregstein (available on Amazon for \$12).

Morris Kaplan is an attorney who after a distinguished career in nursing home and dementia care, spends his retirement providing pro bono legal representation to victims of domestic abuse. He also teaches Spanish by Zoom to OLLI programs at Stony Brook, Emory, Duke, George Mason, and Johns Hopkins.

F503Z Latin: Level 4

Thursdays, 2:15–3:40, Mar. 28–May 16

Eight sessions

Instructor: Alana Lukes

Class limit: 16

This continuing course is for Latin students with knowledge of indicative and subjunctive verb tenses as

well as the five noun declensions. The instructor takes a modern reading approach to learning this ancient language. The course explores Latin grammar, vocabulary, mythology, and ancient Roman culture in first century CE Rome. Students will look at the time of Emperor Domitian as well as Roman authors such as Pliny and Martial. Class meetings will use the *Cambridge Latin Course, Unit Four, North American Fourth Edition* as the required text, as well as adapted texts from other instructor-provided sources.

Alana Lukes, an OLLI member, has taught Latin for over 25 years at the middle school, high school, and college levels. She has also taught 11 years at OLLI.

600 Religious Studies

**Program Planning Group Chair:
Jim Cantwell**

F601 A Historical Challenge: The Resurrection of Jesus

Mondays, 9:40–11:05, Mar. 25–Apr. 22

No class Apr. 8

Four sessions

Instructor: Jack Dalby

One of the oldest Christian creeds is: "Christ has died. Christ is risen. Christ will come again." The belief in the Resurrection of Jesus was the seed that ultimately grew into modern Christianity. But what are its origins? Were ancient Christians unified in their Resurrection proclamation or were there other, competing beliefs? These questions, and many others, will be addressed in this historically based lecture series. Other topics for discussion are: What is the oldest account of the Resurrection? The four canonical gospels all describe the Resurrection, but do they agree? If not, how are they different? Were other stories written about the Resurrection after the gospels? Who claims to have seen Jesus first? How long did the Resurrection appearances last? And what can we say about these claims historically? For this fast moving class, a familiarity with the New Testament would be helpful, but not necessary. There will be time for questions and discussion.

Jack Dalby is a retired business owner and JMU graduate who, for the past 12 years, has lectured at George Mason University's OLLI program. His presentations center on the Historical Jesus and the history of Christian Origins.

F602 New Testament Teachings that Divide Christians

Tuesdays, 2:15–3:40, Mar. 26–Apr. 30

Six sessions

Instructor: Steve Goldman

The 27 books of the New Testament are the principal sacred texts of Christianity. However, those who accept these texts as inspired by God often disagree about some of the most fundamental precepts. In this course we will examine some of the most often disputed New Testament teachings and how they have divided believers, rather than uniting them. Some of the issues to be addressed

include the following:

- Is salvation only for Christians?
- Baptism: required for salvation or just a rite of initiation?
- The Lord's Supper: body and blood of Christ or symbolic remembrance?
- Is God a trinity composed of three co-equal persons—Father, Son, and Holy Spirit?
- Are women eligible to serve as clergy?
- Are homosexuals eligible for salvation?
- Does divine justice mandate everlasting torment for the “unsaved?”
- Does God predestine the eternal fate of certain humans or do all humans have free will to make their own choices?

Steve Goldman has taught numerous courses on alternative understandings of biblical doctrine.

F603 / F603Z Speaking Biblically...

A Continuation

Thursdays, 9:40–11:05, Mar. 28–Apr. 18

Four sessions

Instructor: John Rybicki

There are so many versions of the scriptures today, both Hebrew and Christian, in which key words are translated quite differently. Many words in both scriptural Hebrew and Greek, when translated into English, no longer encompass their early meanings...subtleties and nuances. English translations oftentimes result in differing understandings of biblical teachings. In the fall of 2023 we began an examination of certain key words and concepts from the scriptures...both Hebrew and Christian. Within these sessions we will continue with the examination of key words from the Bible and examine the etymology and ancient uses of these words in an attempt to get a better understanding of the scripture's intent. The fall 2023 presentations are not a prerequisite for this continued study.

John Rybicki has been an OLLI contributor for over 20 years. He received a Master of Theology degree from St. John of Damascus Institute of Theology, Balamand University. He served as a pastoral associate at the Riderwood Retirement Community in Maryland where he was responsible for religious education and facilitating Jewish-Christian dialogue.

F604Z The Golden Rule: Why Is It in All Religions?

Tuesdays, 11:50–1:15, Apr. 23–May 7

Three sessions

Instructor: Vera B. Breton

The teaching that we should “treat others as we ourselves would like to be treated”, is a universal ethic variously repeated in all great religions irrespective of their place or time of origin. Did the founders of these religions copy from one another or is there another explanation? As an expression of the fundamental oneness of religion and of the progressive nature of divine revelation, the Golden Rule is a prime tool to increase understanding and dialogue among the different faiths, with particular relevance in today's world

where we find ourselves increasingly challenged by life in a multi-racial, multi-religious society. The class will look at the way this rule is expressed in numerous religions and belief traditions, and will present a new and revolutionary explanation for the reason it shows up so uniformly.

Vera Breton is a Baha'i in the City of Fairfax and a trained facilitator in the Baha'i Ruhi Institute. She is a former instructor in the Fairfax County Dept. of Family Services and has a Master of Health Sciences in International Health from Johns Hopkins University and a JD from the Pontificia Bolivariana University in Medellin, Colombia.

L605Z Tibetan Buddhism

Thursdays, 9:40–11:05, Apr. 25–May 16

Four sessions

Instructor: Charlene Wilson

This course will cover Tibetan Buddhist philosophy. It is for non-Buddhists and will allow the students to learn Tibetan techniques can be useful in everyday life. This course will also provide information useful when practicing any religion.

Charlene Wilson is a trained Ngagpa (Yogi) in the Tibetan Nyingma tradition. She has been a student for 40 years and has had teachings from high Lamas, read books, and done many retreats, as required by her lineage.

650 Humanities and Social Sciences

**Program Planning Group Chairs:
Camille Hodges, Peg O'Brien**

F651 Sponsored by GMU Retired Faculty Association: The New Childhood

Wednesday, 9:40–11:05, Mar. 27

One session

Instructor: Peter Stearns

Coordinator: Julianne Mahler

This talk will explore the idea that contemporary American childhood is almost as different from “modern” childhood as the latter was from “traditional”—with the dividing point opening from the 1950s onward. The talk will lay out the reasons for the divide, with a new framework built from demographic change; the more psychological culture; and the “post-modern” economy. And it will illustrate, particularly from the dramatic changes (and deteriorations) in the ways children play and the bevy of new diseases and disorders—from asthma to ADHD—that describe contemporary childhood. Not everything demands concern: contemporary childhood is a paradox, with some huge gains (for example, more education, less teenage pregnancy) as well as some obvious problems. But there are issues, including signs that the American version of contemporary childhood is somewhat less successful than its counterparts in other countries. Note: this is a project undertaken with Dr. Stearns'

University of Texas colleague, Steven Mintz. *This course, open to OLLI members, is also open to Retired Faculty Association members.*

Peter Stearns served as provost and professor of history at George Mason University. He taught previously at Harvard, the University of Chicago, Rutgers University, and Carnegie Mellon University. He has written widely on themes in world history and social-cultural history.

F652 Sponsored by GMU Retired Faculty Association: Polarization's Children: Political Socialization in the Age of Hatred

Wednesday, 11:50–1:15, Apr. 24

One session

Instructor: Jeremy Mayer

Coordinator: Julianne Mahler

If you loathe Trump or Biden, will your kids loathe him too? Jeremy Mayer will present results of a survey of 1048 child-parent pairs, and show how parents pass on not just their political attitudes, as they have for decades, but also whether they hate/loathe the other side as well. *This course, open to OLLI members, is also open to Retired Faculty Association members.*

Jeremy Mayer directs the graduate political science programs at the Schar School of Policy and Government at GMU. He is the author of numerous books on campaigns, media politics, and ideology in education. His articles cover such diverse topics as presidential image management, Christian right politics, public opinion and torture, and comparative political socialization. He is the recipient of a number of teaching awards and has provided political commentary to major networks, including the *World News Tonight*, *BBC*, *Fox News*, *Sky News*, *PBS's Newshour*, *NPR*, *CNBC*, and many national newspapers.

F653 Immanuel Kant: An Intellectually Challenging Overview

Wednesdays, 11:50–1:15, Mar. 27–May 8

No class Apr. 24

Six sessions

Instructor: Irmgard Scherer

This course takes up Kant's central thesis: any pursuit of knowledge claiming legitimacy (whether in science, ethics, and even art), must be guided by a set of identifiable a priori principles. Where are such fixed principles to be found? Kant claims they originate in the depth of the mind, the locus from which all knowledge claims are (self-evidently) generated. Kant trots out in great detail in three abstruse works (called "Critiques") the inventory of the distinct powers of consciousness (called "faculties") used in knowledge acquisition. In this course we attempt to present Kant's big picture, in light yet not lightweight steps, the ways in which we take hold of nature's profuse sense input and translate it into claims of knowledge. One may ask: Are we really "hardwired" by a limited number of "faculties" guided by fixed principles, by which allegedly all knowledge seekers proceed to make sense of the world? This and other questions will preoccupy us. It has been argued Kant's

"foundationalism" with its gargantuan metaphysics is unwarranted, no longer reasonably applicable in modern science, for example. Nevertheless, we will revisit Kant's critical project on the mental powers to see what can be retained of importance in the modern world. This overview hopes to bypass Kant's difficult abstractions and allow the instructor to make things, well, perfectly clear. We will work with handouts from Kant's *Three Critiques*.

Irmgard Scherer, a U.S. citizen born in Germany, is associate professor of Philosophy emerita at Loyola University, Maryland. She taught core and honors ethics courses, topics in the history and philosophy of science, and upper level courses in her area of specialization: Kant and 18th century aesthetic theory. She has published on Kant and related issues. Since retiring, she has taught philosophy courses for OLLI, both at Mason and American University.

F654Z The Armchair Detective

Mondays, 11:50–1:15, Apr. 1–Apr. 15

Three sessions

Instructor: Thomas K. Hargrove

Coordinator: Dennis Van Langen

Learn about homicide in America, and see the deadly patterns in your hometown, your state, and the nation. First, we'll examine the changing nature of murder, where it's more likely to occur, who's being targeted, and what factors affect whether murders will be solved. Second, here's your chance to uncover serial homicide using an easy-to-use data system on your Internet-connected laptop or desktop. Find famous multiple-victim killers of the past, then look for serial killers who may still be active today. Finally, we'll delve into the recent mystery of surging homicide rates. What caused the dramatic rise in blood-letting? What can we do to stop the killing?

Thomas K. Hargrove is a retired investigative reporter and White House correspondent who, upon retirement, founded the non-profit Murder Accountability Project to track unsolved homicides nationwide. He holds a Master of Arts degree in Criminology, Law and Society from George Mason University.

F655Z TED Talk Discussions

Tuesdays, 11:50–1:15, Apr. 23–May 14

Four sessions

Instructors: Russell Stone, Stephanie Simcox

TED (Technology, Entertainment, and Design) is a growing collection of brief recorded talks on a wide range of topics. The speakers are leading figures chosen for their ability to express ideas clearly and succinctly. Participants will watch and discuss three or four related TED talks each week.

Russell Stone retired from a 40-year career as a professor of sociology, most recently at American University, and before that at SUNY Buffalo. He taught "Sociology of the Future" for many years, before realizing that the future isn't what it used to be! He now relies on the next generations to supply up-to-date information. He is co-chair of the OLLI program committee.

Stephanie Simcox attended George Mason University, then

moved to California for 30 years, working for non-profits. After moving back to Fairfax a few years ago, she discovered OLLI and has been happily taking classes ever since.

F656Z Building Bridges, Not Walls

Friday, 1:00-2:30, Apr. 26

One session

Instructor: Rabbi Bruce Aft

Coordinator: Velma Berkey

You are probably familiar with the book that deals with the five love languages. There are also five apology languages which can help us discover whether we are capable of forgiving others. The instructor will discuss the biblical character Jonah, who is asked to encourage the people of Nineveh to repent. Why does Jonah not want to do this? Perhaps we really don't want to forgive others, and perhaps we would rather build walls than bridges. Each of us has our own language of apology. In this presentation, we will explore how to find ways to forgive others and build bridges, not walls.

Rabbi Bruce Aft, currently rabbi emeritus, served as the spiritual leader at Congregation Adat Reyim in Springfield, VA for 29 years. A graduate of the Reconstructionist Rabbinical College in Philadelphia, Rabbi Aft received an honorary Doctor of Divinity degree in 2006. In retirement he continues to be an adjunct professor at George Mason University, visiting scholar at the Carter School at GMU, and is the president of the Community Board for Hillel at GMU. For recreation, Rabbi Aft is a pitcher in the Ponce De Leon Baseball League.

F657Z May: Celebrating Asian American and Pacific Islander Heritage Month

Thursday, 2:15-3:40, May 2

One session

Instructor: Barbara Nelson

Have you ever wondered why May has been designated Asian American and Pacific Islander Heritage Month? This class will answer that question. Initially this presentation was based exclusively on portraits at the National Portrait Gallery, but it has been expanded to include images which highlight the historical impact as well as the contribution today of Asian Americans and Pacific Islanders. Note: this session will not be recorded due to copyright concerns.

Barbara Nelson, an OLLI member, taught for over 30 years at the secondary level, the last 20 at Thomas Jefferson High School for Science and Technology. She has taught literature classes at OLLI, as well as art history classes that are based on National Portrait Gallery exhibits.

F658 Navigating Socio-Political Stress: Coping Strategies and Resilience Building

Thursdays, 9:40-11:05, May 9-May 16

Two sessions

Instructor: Beth Davis

We reside in a multifaceted and polarized socio-political environment, which often gives rise to stress, anxiety, and a sense of uncertainty. Recognizing the need for effective coping mechanisms in response to these

challenges, many colleges now offer resources such as "Election Self-Care Kits" to support their students. In this concise 2-session course, participants will explore coping strategies and resilience-building techniques tailored to address socio-political stressors. Throughout the course, we will delve into practical methods to enhance resilience and emotional well-being. Expect engaging discussions and brief reading assignments.

Beth Davis is an executive coach trained in the George Mason University Leadership Coaching for Organizational Wellbeing program. Beth holds a Master's in Accounting from Strayer University and a Bachelor's in Industrial Engineering and Operations Research from Virginia Tech.

F659 / F659Z Youth Justice

Friday, 11:00-12:25, May 10

One session

The Providence, 9490 Sprague Avenue, Fairfax, 22031

Note location and time

Instructor: Lillian Brooks

It's difficult enough to be a teenager in 2024. Along with all the classical challenges of growing up with typical pressures of school grades, parents, first loves, and friends, teenagers today have TikTok, gun violence, cyberbullying, political division, remnants of COVID-19, and climate change to worry over. But what about adding on poverty, poor schools, trauma, drugs, and parental abuse and neglect? When young people decide to act out their anger and stress by committing crimes, how can the juvenile justice system best respond so that their well-being and the safety of the community are fairly addressed? This discussion will provide a view of the juvenile justice system in the United States, reforms that are being implemented, and others that are necessary in order to yield better outcomes for youth, their families, and the community.

Lillian Brooks, JD, practiced criminal and family law in Atlanta, Georgia, before coming to Virginia in 1984. She then became director of juvenile and domestic relations court services, retiring in 2012. She is the president of OLLI. She is also an adjunct professor at George Mason University.

F660 Managing Emotions

Friday, 1:00-2:30, May 10

One session

Instructor: Fred Gatty

Emotions wield an immense influence over our lives, shaping our thoughts, intentions, and actions with unparalleled authority. In this transformative class, you will:

1. Gain the skills to navigate the intricate realm of emotions effectively.
2. Discover how to sidestep the pitfalls of succumbing to inappropriate feelings.
3. Gain mastery over your emotions, even in the most challenging situations.

Fred Gatty is an executive coach, consultant, thought leader, and founder and principal consultant of Gatts Consulting, a consulting firm that specializes in coaching. He is also a John C. Maxwell certified speaker, coach and author of the book *Believe, Dare, Become*.

L661 Ted Talk Discussion Group **Thursdays, 11:50–1:15, Apr. 11–Apr. 25**

Three sessions

Instructor: Barbara Wilan

Class limit: 20

TED (Technology, Entertainment, and Design) is a growing collection of brief recorded talks on a wide range of topics. The speakers are leading figures chosen for their ability to express ideas clearly and succinctly. We will watch and discuss a TED talk each week. The general topics will be: Best Talks of 2023, Leaders, Crime.

Barbara Wilan retired as a full-time English teacher at the Annandale campus of Northern Virginia Community College and is currently an adjunct there. She has also taught at the University of Maryland and for the University of Maryland's European Division.

R662Z Big Issues, Complex Challenges, and No Simple Solutions

Mondays, 9:40–11:05, Mar. 25–May 13

Eight sessions

Instructors: Glenn Kamber

This course is intended to expand participant knowledge and appreciation of challenges we face in modern society, including such issues as global warming; increased polarization among political, social, and economic groups; the nature and pace of scientific and technological change; and the role of media and modern communications. Each week the instructor will introduce a big issue through a brief oral and video presentation. The sessions will involve engaging discussion among participants facilitated by the instructor.

Glenn Kamber has taught many courses at OLLI that focus on current events and political and social issues. He is a retired senior executive from the U.S. Department of Health and Human Services, where he managed policy and program development in the offices of eight HHS secretaries.

R663 / R663Z Anthropology of Culture Wars, Part 2

Wednesdays, 9:40–11:05, Mar. 27–May 15

Eight sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Tom Carroll

"Today the central problem is to what past, present, or future the young can commit themselves." In *Culture and Commitment*, Margaret Mead analyzed how younger and elder generations respond to rapid cultural change. Using anthropological concepts from Part I of this course we will consider, (1) Who owns culture, fake news, and myths; (2) Who makes the rules, who sets the norms; (3) Marginalization, race, class, and gender; (4) Education wars; (5) Public Health: tyranny, or responsibility; (6) Aging in America and lifelong learning; (7) Globalization and human migration; (8) Climate wars in the Anthropocene. Participants in this course will be encouraged to discuss these issues during and between classes.

Tom Carroll served in the Peace Corps in Lesotho, Southern Africa, and then earned a PH.D. in Cultural Anthropology. He is an American

Anthropological Association member and did research at Clark University, Columbia University, the U.S. Department of Education, and the National Commission on Teaching and America's Future.

R664 / R664Z Jung, Doris Day, and Hope **Wednesdays, 2:15–3:40, Mar. 27–Apr. 17**

Four sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Karen Wheelless

Three years of COVID, growing political divides, and seeming increases in weather extremes all lead many people to agree with Jane Goodall (*The Book of Hope: A Survival Guide for Trying Times*, 2021) that "hope has never been more desperately needed." But, what—practically—could we do to become more hopeful people? This course explores how our choices in popular culture—in the form of movies and music—may contribute to our collective malaise or collective hope. This exploration will be framed by psychologist Carl Jung's idea of archetypes as demonstrated in the film and musical performances of Doris Day. Whether or not one is a fan of Doris Day, there is no question that she was a sociological phenomenon who remains a symbol of the classic archetype of energy, optimism, and hope. By reviewing short examples from her films and music recordings, as well as from the many scholarly and popular analyses of these materials, the class will consider whether the country might be a more optimistic and hopeful place if we currently had archetypal performers at the top of popular culture who represent hope and optimism.

Karen Wheelless has spent a decade teaching university graduate and undergraduate courses in several areas of study, such as organizational behavior, writing, marketing, and IT policy and planning. She also had a previous career as a civil service executive in multiple federal agencies.

R665 To Catch a Spy: The Art and Practice of Counterintelligence

Wednesday, 11:50–1:15, Apr. 24

One session

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Joel Ticknor

Counterintelligence (CI) is protecting a nation's secrets and technology from foreign spies. This course will discuss recent and notable spy cases and the CI challenges facing our country.

Joel Ticknor is a retired CIA senior operations officer who worked in counterintelligence.

F666 / F666Z Preserving Our Democracy **Tuesdays, 11:50–1:15, Apr. 23–May 7**

Three sessions

Instructor: Kenneth R. "Ken" Plum

Criticism of our democratic institutions has seldom been higher. Distrust of the Congress is at an all-time high. The presidency has received harsh criticism. For the few times in history there is distrust about the Supreme Court. Many proposals have been made about revising

our Constitution through amendments or through a new Constitutional Convention. These criticisms will be evaluated by class readings and rigorous discussions.

Delegate Plum is one of the founders of OLLI and a popular leader of courses on Virginia's history and government.

700 Current Events

Program Planning Group Chairs:
Camille Hodges, Peg O'Brien

F701Z What's in the Daily News?

Mondays, 9:30–11:00, Mar. 25–May 13

Eight sessions

Note time

Moderators: Dorsey Chescavage, Richard Crawford, John Quinn, Ann Smith, Al Smuzynski

Class liaison: Dennis VanLangen

Class limit: 80

This is a weekly forum for thoughtful, forthright, and respectful exchange of information and opinions on current world, U.S., and regional news. Class participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, economics, the military, and other areas. The discussion is always lively, and all participants have an equal opportunity to comment.

F702 / F702Z Great Decisions

Tuesdays, 11:50–1:15, Mar. 26–May 14

Eight sessions

Moderator: Ted Parker

Class limit: 30

For over a century the Foreign Policy Association has sponsored discussion groups throughout the U.S. to investigate and discuss some of the world's most challenging problems affecting our lives. This year's eight discussion topics include: 1) Mideast Realignment, 2) Climate Technology and Competition, 3) Science Across Borders, 4) U.S. China Trade Rivalry, 5) NATO's Future, 6) Understanding Indonesia, 7) High Seas Treaty, 8) Pandemic Preparedness. A briefing book and video related to each topic will set the framework for weekly class conversations. **Please purchase your book directly from FPA Bookstore** <https://www.fpa.org/>

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ollireg@gmu.edu

[great_decisions/?act=gd_materials](https://www.fpa.org/great_decisions/?act=gd_materials) or
https://www.fpa.org/news/index.cfm?act=show_announcement&announcement_id=439

Ted Parker, a retiree from the U.S. Department of Education, had a 40 year career in education that included teaching and managing at local, state and college levels. He is a long-time member of OLLI.

F703 / F703Z All the News That's Fit to Print

Thursdays, 11:50–1:15, Mar. 28–May 16

Eight sessions

Instructor: Zachary Teich

All the News That's Fit to Print meets in-person and online to discuss current affairs issues in a friendly and collegial manner. Moderator Zach Teich provides a topic list drawn from the week's news and serves as 'traffic cop' for the freewheeling discussion. All opinions are welcome; the only rules are to be courteous and to allow the moderator to call on those who raise their hands to speak.

Zachary Teich has a BA in Political Science from the University of South Florida, a Master's of Science in Foreign Service from Georgetown, and an MS in Strategic Studies from the Marine Corps War College. He was a State Department Foreign Service Officer from 1979-2006 and a negotiator at State's Nonproliferation and Disarmament Fund from 2006-2012.

F704Z The Chinese Agreement Between Saudi Arabia and Iran: The Pros and Cons for Saudi Arabia, Iran, China and the U.S.

Friday, 1:00–2:30, May 17

One session

Instructor: Trita Parsi

Coordinator: Peg O'Brien

On March 10, 2023, China brokered an agreement between Saudi Arabia and Iran. The agreement announced a normalization of diplomatic ties between the two countries and to respect the policy of non-interference in the internal affairs of states. Is this agreement still in force one year later? And will it ensure peace in the Middle East? What are the main benefits and drawbacks of this deal for Saudi Arabia, Iran, China, and the U.S.? How will it impact America's future role in the Middle East?

Trita Parsi is a co-founder and executive vice president of the Quincy Institute for Responsible Statecraft and founder and former president of the National Iranian American Council. He earned his PhD in International Relations at John Hopkins School for Advanced International Studies.

F705Z Pundits, Polls and Politics! The '24 Election!

Monday, 11:50–1:15, Apr. 29

One session

Instructor: Douglas Stowell

The '24 POTUS Election! How can we sort out all the hype, hyperbole, and hysteria that accompanies the ever-changing process of electing our president? In 2024, the impacts of social media and artificial intelligence will

loom large in swaying opinions! Let's take a serious look at: 1) Accurate voter polls on the ISSUES, 2) Candidate statements on THESE issues, 2) Tracking of CREDIBLE prediction polls over time, 3) Analysis of the "good, bad, and the ugly" impacts of all forms of MEDIA as the campaign unfolds. Finally, let's do polls of our own in forecasting the outcome! We'll continue with further sessions in summer and fall terms! "It ain't over till it's over"! Yogi Berra.

Doug Stowell is a political polling veteran in both U.S. and EU Markets. His career includes: U.S. Clients Director for the U.K. firm NOP, Ltd in London, Sr. Polling Executive for Wirthlin Worldwide in Washington, D.C. and has run his own firm, MRA since 2008.

800 Science, Technology, and Health

Program Planning Group Chairs:
Mark Dodge, Mary Kornreich,
Suresh Mohla, Michele Romano

F801Z Plant-Rich Diets

Monday, 11:50–1:15, Mar. 25

One session

Instructor: **Marybeth Mitcham**

What sets plant-rich diets apart from other diets? Are there any health benefits to consuming a diet primarily composed of plants? Is regular physical activity possible when following this type of diet? If you want to learn more about these questions and more, then this is the class for you. Join the instructor, an avid hiker fueled solely by a whole food, plant-based (WFPB) diet, as together, we learn about the benefits of plant-based diets, information about different variations, and some cooking and recipe ideas! Participants will not only learn information and recipes but hopefully some food preparation strategies that they can implement themselves!

Dr. Marybeth Mitcham is a faculty member in the department of Global and Community Health at Mason, and also facilitates medicinal plants and human nutrition courses for Cornell University. She eats plants, has the attention span of a caffeinated red squirrel, and loves to climb mountains.

F802 Cancer Therapies: From Hippocrates to Modern Medicine

Mondays, 11:50–1:15, Mar. 25–Apr. 29

Six sessions

Instructor: **Suresh Mohla**

This course will focus on the major cancer therapies in modern times, with a brief discussion on the history of cancer starting with Hippocrates (460-370BC), the father of medicine, and his theory of cancer causes and treatment. Not much happened until the 15th–18th centuries, when we gained knowledge in microbiology (Leeuwenhoek's first microscope), blood circulation, causes of diseases, and surgical removal of tumors. The availability of anesthetics (1846) and antibiotics

(1928) dramatically improved cancer treatment and therefore, survival. The modern history of cancer (20th century to the present) strengthens the idea that "as cancer research advances, so do the treatments." Modern knowledge in cancer has been transforming therapeutic strategies such as surgery, radiation therapy, chemotherapy, and hormonal and immune therapies. These strategies have prolonged survival while reducing morbidity.

Suresh Mohla, PhD, was a postdoctoral fellow at the University of Chicago, Pritzker School of Medicine. He has 45 years of experience in cancer research. He spent 25 years at the National Cancer Institute and established the first program on Tumor Microenvironment-based cancer research. He has been an OLLI speaker since 2020.

F803Z Tai Chi, Qigong, and Daoist Philosophy

Tuesdays, 9:40–11:05, Mar. 26–Apr. 2

Two sessions

Instructors: **Dawn Li, Paul White**

Embark on a journey through Tai Chi, the ancient Chinese practice seamlessly blending physical movement, meditative focus, and the flow of life energy, Qi. Harvard Medical School endorses Tai Chi for its health benefits, enhancing vitality, flexibility, and mental balance. This workshop unlocks the essence of Jing, Qi, and Shen—the Physical, the Energetic, and the Spiritual. Whether you're a Tai Chi or Qigong pro or a curious newcomer, our workshop promises transformative insights. It's more than exercise; it's a blueprint for balanced living and holistic well-being. Discover your inner landscape and tap into universal energy. From alignment to flow, posture to presence, gain practical skills and timeless wisdom. Experience Tai Chi's profound equilibrium and awaken the healer within.

Dr. Dawn Li, an educator, entrepreneur, and writer, has practiced Tai Chi, Qigong, and meditation for over twenty years and has nine years of teaching experience. She studied under Masters Jiachang Yang, Tunan Wu, and Shuxun Zhang, and she holds an acupuncture certificate from Beijing. Dawn is also the author of the poetry book, "Song of a Lotus Leaf."

Dr. Paul White is a highly skilled somatic therapist with extensive clinical experience. He integrates physical and emotional experiences to promote holistic well-being in his counseling and workshops. He holds an M.A. in Psychology and a Ph.D. in Mind-Body Medicine.

F804 Aging in Place

Wednesday, 2:15–3:40, Apr. 3

One session

Instructor: **Karen Hannigan**

Coordinator: **Michele Romano**

If you're making plans for yourself or a loved one to age in place, be sure that you are in the driver's seat. There are a lot of curves and switchbacks. You're going to need a good GPS. Set Fairfax Aging, Disability and Caregiver Resource Unit (ADCR) as that GPS. There are multiple options from remaining in your own home to adult communities to Continuing Care Retirement

Communities (CCRC's). We can point you to what resources are available. You will first need to pack your priorities. What is important to you?: Being close to family? Good healthcare? Caregivers/home health? Shopping and restaurants? Transportation? Cultural, social and learning opportunities? What's the real scoop on nursing homes in the area (always a last resort)? We can help you with that list along with the pros and cons. There will be helpful brochures and copies of *The Golden Gazette* (it's free). Visit us at Fairfax Area Commission on Aging|Family Services (fairfaxcounty.gov). We always leave the door open.

Karen Hannigan is the supervisor of the Aging, Disability, and Caregiver Resource Unit, Area Agency on Aging, Fairfax, VA. She has worked in this field throughout Northern Virginia and is well acquainted with area resources. She received her BA from UVA and her Master's degree from Washington University, St Louis.

F805Z Who's Watching Whom? Your Smart TV and Your Privacy

Tuesday, 9:40–11:05, Apr. 9

One session

Instructor: Natalie Kindle

Smart TVs and other smart devices have entered our homes, offering unprecedented access to video programming and information at the touch of our fingers or the sound of our voices. Unless you're diligent about following the news or reading the fine print in service documents, you may not be aware that the companies behind your smart devices are collecting, using, and sometimes selling your personal information. Join presenters from Fairfax County's Department of Cable and Consumer Services as they explain what personal information these devices collect, why and how they do it, and what you can do to limit or prevent unwanted intrusions into your privacy.

Natalie Kindle is a management analyst for the Fairfax County's Department of Cable and Consumer Services. Prior to her employment with the county, Natalie worked for the Department of Defense for over 15 years. Natalie possesses a college degree in Applied Sciences from Catonsville Community College.

F806Z Reducing Depression and Suicide Rate in Older Adults

Wednesday, 2:15–3:40, Apr. 10

One session

Instructor: Melissa Long

Suicide is one of the leading causes of death in the U.S., affecting people of all ages. Older adults are especially vulnerable to suicide for a number of reasons. These range from grief over the passing of loved ones to chronic illness. Learn signs and symptoms of depression and how we can prevent and help each other on these journeys.

Melissa Long is a graduate of the University of Southern Maine with a B.S. in Therapeutic Recreation and Leisure Studies and a minor in Health Studies. Melissa is a certified recreational therapist, certified dementia practitioner, and a Licensed BCAT® practitioner.

F807 / F807Z Butterfly Gardening—Supply Side: Larval Host Plants and the Lepidoptera That Use Them

Monday, 11:50–1:15, Apr. 22

One session

Instructor: Margaret Chatham

Coordinator: Jane Hassell

We delight in the beauty of butterflies, but to have butterflies, their caterpillars must be fed. Most people know that monarch butterfly caterpillars can only eat milkweed, and that milkweed is toxic to most other insects, birds, and animals. Monarch butterfly caterpillars are far from the only species with a severely restricted diet. Plants can be thought of as chemical factories that don't want to be eaten. Only an insect that has co-evolved with a plant will be able to defeat its chemical defenses. This course presents photos of our showiest butterflies and moths, along with the native plants that their caterpillars can digest.

Margaret Chatham has grown from having a simple curiosity about what's growing in untended places, through learning to identify native (and invasive exotic) plants, to volunteering with the Virginia Native Plant Society to propagate native plants, taking lots of pictures along the way.

F808 Spatial Information: Geography

Mondays, 9:40–11:05, Apr. 22–May 6

Three sessions

Instructor: Barry Haack

National economics often go through four stages from hunters and gatherers to agriculture to manufacturing to information. The United States is increasingly an information-based economy where individuals are being employed in one capacity or another with information. Information often has a spatial component or association which is basically the science of geography. This course will review the various components of geography as a science over time. It will focus specifically on current technical geography which is primarily cartography, Geographic Information Systems, Global Positioning Systems, spatial statistics, and remote sensing. Spatial information is a significant part of our day-to-day activities but is often underappreciated. The intent of this course will be to explain these topics and thus make us more informed consumers.

Barry Haack is a geographer and a career faculty member. His primary academic interest is the use of satellites to map resources and the environment. He has conducted these activities in almost thirty countries providing an opportunity to explore multiple approaches to geography.

F809 Avoiding Common Healthcare Scams

Wednesday, 2:15–3:40, Apr. 24

One session

Instructor: Shawn Smith

Seniors are targeted for a variety of scams, many of them associated with their insurance or healthcare accounts. This

session is designed to teach seniors how to prevent, detect, and report those scams so they can keep their benefits, identity, and finances safe. This one hour presentation will educate attendees on the latest healthcare scams, discuss ways to manage scam phone calls, identify scammer tactics, and understand various marketing ploys scammers use to trap seniors. Attendees will also learn about free resources that are available to assist them should they become victims of healthcare fraud.

Shawn Smith is the state director for the Virginia Senior Medicare Patrol (SMP). Shawn leads a team focused on empowering seniors to prevent, detect, and report healthcare fraud. He is also the author of *101 Fraud Tips*.

F810Z Understanding Broadband, Cable, Wi-Fi, Internet, and 5G: Your Guide to Communications Technologies and Services in the 21st Century

Monday, 11:50–1:15, May 6

One session

Instructor: Douglas Povich

Are you curious about today's communications technologies and services, how they work, and their pros and cons? Having a basic understanding of terms like broadband, cable, Wi-Fi, Internet, and 5G is important because these technologies are the means by which we communicate with others, receive our news and entertainment, and live our lives in the 21st century. This presentation will explain the technologies and services in simple terms and give you the tools to make informed decisions about the communications technologies necessary to navigate modern life.

Douglas Povich is a management analyst for Fairfax County's Department of Cable and Consumer Services. Before joining the county, Doug practiced telecommunications and technology law for over 30 years. He holds a B.A. in English and Philosophy from Union College and a J.D. from Georgetown University.

F811 Medicare Part A For All

Monday, 2:15–3:40, May 6

One session

Instructor: Jim Cantwell

The American health care system needs serious reform. Our system has resulted in medical bankruptcy for some, lower wages for insured workers, and ruinously high costs for federal (Medicare, Medicaid, and VA healthcare) and state governments (Medicaid). Compared with other advanced countries, our high health care expenditures have not bought better health. Most EU countries, England, Canada, and other countries spend a much lower share of the national income but have longer longevity, lower infant mortality, and better measures of health care quality. In the past, some Americans have proposed universal health care, a government run system for all. Such a huge change is too expansive for most voters. In March of 2021, Senator Bernie Sanders proposed reducing the eligibility age for Medicare to 55 from 65 as part of the Democrat economic recovery legislation. This would expand but

not reform. An alternative would be to bring the federal government's purchasing power into play. One such approach would begin with hospital or pharmaceutical payments, making Medicare Part A or Part D universal. The instructor will analyze the advantages of a Medicare Part A expansion only as well as the likely arguments against a Part A expansion.

Jim Cantwell, an OLLI member, retired from the staff of the Senate Joint Economic Committee. He worked as a health economist/budget analyst at the U.S. House of Representatives Committee on the Budget, at the Government Accounting Office, and the American Medical Association. He was an assistant professor of Economics at Texas A&M University.

F812 Being There: The Study and Practice of Meditation and Mindfulness

Wednesdays, 9:40–11:05, May 8–May 15

Two sessions

Instructor: David Connell

This class will be both informational and interactive. We will start the class with several definitions, including: mind, self/ego, stress, meditation, and mindfulness. We will also practice and discuss several meditation and mindfulness techniques including meditation, guided meditation, deep breathing, body scan, and mindful eating. The fundamental message of this course is that we already possess all the tools we need to resolve conflict and create peace within ourselves.

David Connell has taught stress management, meditation and mindfulness to students at Sidwell Friends School, inmates at the Arlington County Jail, and in many other nonprofit settings for over twenty years. He has had a daily meditation and mindfulness practice for the past thirty years.

F813 Stop Mumbling, I Can't Hear You

Monday, 9:40–11:05, May 13

One session

Instructor: Bonnie O'Leary

This presentation focuses on the emotional and psychological impact of late-onset hearing loss in adults over 40, including the grieving process and the parallel reactions of hearing and hard of hearing individuals in communication situations. The instructor will discuss the passive-aggressive continuum and the value of assertiveness, as well as provide an in-depth look at the speaker/listener/environment/message model, with an emphasis on anticipatory and repair strategies in communication that are effective at home and at work.

Bonnie O'Leary is the outreach manager for the Northern Virginia Resource Center (NVRC) for deaf and hard of hearing persons, the area's leading non-profit for people with hearing loss. She is a late-deafened adult who has been wearing hearing aids for over 25 years. Please note that no sales are involved.

F814 / F814Z Is Your Bladder Being a Brat?

Wednesday, 2:15–3:40, May 15

One session

Instructor: Michele Romano

Did you know that 11-34% of men over age 65 and 50%

of women over age 50 suffer from some form of urinary incontinence? The economic, emotional and social burden is significant. It can be a real challenge (aka, PIA) and a major impact on our ability to live life to the fullest. Many people (men more so than women) are hesitant to discuss this with their healthcare providers. We will start with a brief overview of the anatomy and physiology of the urinary tract system. There are several types of urinary incontinence and different diagnostic modalities for each. It is not a one-size-fits-all. Treatment starts with avoidance of certain triggers such as foods, drinks, and behaviors. Bladder training and exercises can also be helpful. More advanced treatments include mechanical interventions, medications, and surgical options. What about all the personal hygiene products on the market and how to decide? We'll look at those also.

Michele Romano is a family physician who retired in 2015. She attended Virginia Commonwealth University School of Medicine and held a faculty appointment as an associate professor of Clinical Medicine at VCU. She served on both the VCU board of trustees and the VCU health system board.

L815 / L815Z History of Life on Earth, Part 1

Thursdays, 2:15–3:40, Mar. 28–May 16

Eight sessions

Instructor: Steve Greenhouse

We will discuss evolution and its explanatory mechanism—natural selection—as the driving force behind the history of all organisms that have ever lived, from the origin of life four billion years ago to the rise of mammals after the mass extinction that occurred 65 million years ago. All major evolutionary transitions will be presented, starting with single-celled organisms without a nucleus. Factors affecting evolution will be discussed, together with an example illustrating how natural selection works. Questions such as “What is life?” will be discussed and myths about evolution will be evaluated. Part 2 of this course, tentatively scheduled for the summer term, will follow the rise of mammals and early primates through the evolution of humans.

Steve Greenhouse, a retired electrical engineer, worked in the space communications field for 35 years. He has long been fascinated by paleontology and especially paleoanthropology, the evolution of humans. With no formal training in this field, Steve has read extensively, traveled to the Galapagos Islands, and participated in a dinosaur fossil dig. He views this course as both a challenge and an educational experience for himself. Steve believes teachers can learn along with their students.

L816 / L816Z The Great Acceleration: Earth Since 1900

Thursdays, 11:50–1:15, May 2–May 9

Two sessions

Instructor: Lee De Cola

This follow-up to the spring 2023 Great Acceleration course sees Earth experiencing accelerated changes in key ecological indicators. These include seven indicators measured for the past 120 years: solar irradiance, human

population, CO₂ emitted and in the atmosphere, global temperature, precipitation, and sea level. In session one, we discuss the data and interrelations among these changes. Session two covers how humans may respond to this new environment, ways the global economy might evolve in coming decades, and possible financial implications of this conjuncture.

Lee De Cola is a retired U.S. Geological Survey scientist who studies environmental change in space and time. He has studied land cover dynamics, spatial epidemiology, African development, and fractals; and has taught around the world, including George Mason University.

L817 / L817Z Artificial Intelligence: Use it, But Be Afraid, Very Afraid

Thursday, 9:40–11:05, May 16

One session

Instructor: Raoul Drapeau

You've probably seen the headlines about artificial intelligence, or AI. It exists in many products that you use every day. But its capability has expanded far beyond what it was a year ago. You can give it a task and it gives you an answer: language translation, finance, history, music, business...whatever. Soon, generative AI will bring answers that show actual learning, not just dredging up answers from a data base of facts. But in time, it will displace employees in some fields, and its errors will cause disastrous failures in others. The inner workings of an AI system can be exceedingly complicated. Sometimes their creators don't even know how their systems do what they do. The instructor will touch on many of these situations and show you some examples.

Raoul Drapeau is a retired high-tech entrepreneur with an interdisciplinary background in teaching, lecturing, high-technology, and history. He has had important accomplishments in image processing and data communications. He holds electrical engineering degrees from Cornell University and Rensselaer Polytechnic Institute.

R818 Reston Springs to Life

Tuesdays, 2:15–3:40, Mar. 12–Apr. 9

No class Mar. 26

Four sessions

Note dates

Class limit: 30

Walker Nature Center, 11450 Glade Drive, Reston, VA 20191

Instructors: Ken Rosenthal, Abby Stocking

Spring marks the return (or return to activity) of many of the creatures that we enjoy seeing out in nature. Join staff and volunteers from Walker Nature Center and Reston Association to discover who we can observe in our natural areas this spring. There are still many mysteries of bird migration. We'll explore these while also learning about the diversity of birds traveling through our wooded and wet areas. Butterflies delight in their beautiful colors. Find out which species are already in flight, which ones will be flying later, and how to tell them apart. Dragonflies are masters of the skies, agile and fast

predators of other flying insects. Discover their secrets to flight and where they spent the winter. Finally, immerse yourself in the world of macroinvertebrates found in Reston streams—tiny creatures that are important to the food web and whose presence tell us about the health of our ecosystems.

Ken Rosenthal is the manager of Walker Nature Center.

Abby Stocking is the naturalist at Walker Nature Center.

R819 / R819Z The Panama Canal, the First Big Dig: History, Politics, Medicine, Engineering, Commerce, and Defense

Tuesdays, 2:15–3:40, Mar. 26–Apr. 16

Four sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Mark Weinstein

In March 2016, after many years of planning, the instructor sailed through the Panama Canal and was instantly amazed at its history and engineering. Starting with the first Spanish explorers in the early 1500s who traveled the 70 miles through dense tropical rainforest, mountains, and swamps from the Atlantic to the Pacific, this speck of land has been at the center of intrigue and world commerce. Following prodding by Presidents McKinley and Roosevelt, the U.S. Army Corps of Engineers embarked on its largest construction project ever. It overcame all obstacles, and the canal opened in 1914. It was operated by a U.S. entity, the Panama Canal Zone, until 1999 when it reverted to Panamanian ownership. The Panamanians completed and opened a second, parallel and much larger canal in 2016. This course will cover: (1) the construction by a private U.S. company of a trans-isthmus railroad during the California gold rush period; (2) the abortive French 1880-1900 attempt to build a sea-level canal; (3) the growing U.S. desire to build a canal for a short-water connection between the Atlantic and Pacific to further commercial and military objectives in the 1900s; (4) U.S. involvement in the 1900s with the Colombian government; (5) an independent Panama; (6) the Panama Canal Zone and the canal; (7) canal expansion by the Panamanians. The course includes photos, film clips, graphics, and illustrations of the locks.

Mark Weinstein, a sixteen year OLLI member, is a retired electrical engineer and a docent at both Smithsonian Air and Space Museums. He started building model aircraft when he was 10 and spent a career in the active and reserve Air Force. He is a history buff and news junky, and is intrigued by technology. In his wild youth and single days he flew a Piper Tri-Pacer.

R820 The Ancient and the Modern History of Cancer

Wednesdays, 11:50–1:15, Apr. 10–Apr. 17

Two sessions

Rose Gallery at Reston Community Center, Lake Anne

Instructor: Suresh Mohla

Hippocrates (460-370BC), the Father of Medicine,

coined the terms carcinos or non-ulcerative tumors and carcinoma for ulcer forming tumors. He thought tumors looked like crabs. The Roman physician, Celsus (25 BC - 50 AD), coined the term cancer, the Latin for crab. Galen (130-200 AD) described tumors as swellings and used the term oncos, hence the field of oncology. Galen was considered the highest medical authority for over a thousand years. Hippocrates' humor theory considered four types of cancer causing body fluids. They were, black or yellow bile, blood, or phlegm, and the treatments that were administered based on the diagnosis were diet, bloodletting, or laxatives. During the 15th–18th Century, we gained knowledge in microbiology (Leeuwenhoek's first microscope), blood circulation, causes of diseases, and surgical removal of tumors. The modern history of cancer (20th century, 2000 to present) strengthens the idea that "as cancer research advances, so do the treatments." Modern knowledge in cancer has been transforming therapeutic strategies including surgery, radio- and chemotherapies, hormonal and immunotherapies, and prolonging survival while reducing morbidity.

Suresh Mohla PhD, an endocrinologist, did his postdoctoral fellowship at the University of Chicago, Pritzker School of Medicine. He has over 45 years of experience in cancer research. He spent 25 years at the National Cancer Institute and established the first program on TME-based cancer research. He has been an OLLI speaker since 2020.

F821Z Beyond AI: Other Technology Challenges and Opportunities

Mondays, 2:15–3:40, Apr. 29–May 13

Three sessions

Instructor: Stephen Ruth

Looking for some technology topics that do not include artificial intelligence? How about 70 of them, starting off with 3D printing; biometrics; blockchain; bots; censorship; CFAA; crowdsourcing; cryptojacking; cryptocurrency/digital currency; cyberthreats/security; and in the middle, net neutrality; neurotechnology; phishing; predictive analytics; privacy and the Dobbs decision; quantum computing; ransomware; recidivism; revenge porn; right to be forgotten; robotics; satellite cybersecurity; Section 230 of the Communications Act; plus at the end, technology and voting fraud; telecommuting; virtual reality; augmented reality; utility grid vulnerability; wearable technology. Professor Stephen Ruth offers his Mason students the option of selecting six topics from the full list as part of a required individual "technology portfolio" in his GMU graduate course. OLLI students can collectively select their own favorites—we will cover late breaking stories and of course policy challenges associated with each one. There will be plenty of time for discussion and no technology background is expected.

Stephen Ruth is a professor of Public Policy at GMU, specializing in technology issues associated with globalization. He is also the director of the International Center for Applied Studies in Information Technology, an IT research group. He teaches a popular graduate elective course about the challenges and

opportunities of dozens of applications. He has taught a large number of classes for OLLI Mason on a variety of topics.

900 Other Topics

F901Z Monday Morning Lecture Series

Mondays, 9:40–11:05, Mar. 25–May 13

Eight sessions

Instructors: Anamaria Berea, Jacquelyn Williamson, Daniel Tong, James Maddux, John Barclay Burns, Catherine Maclean, James Kinter, Mary (Missy) Cummings
Mar. 25: An Exploration of Mars Colonization with Agent-Based Modeling.

Establishing a human settlement on Mars is an incredibly complex engineering problem. The inhospitable nature of the Martian environment requires any habitat to be largely self-sustaining. Beyond mining a few basic minerals and water, the colonizers will be dependent on Earth resupply and replenishment of necessities via technological means, i.e., splitting Martian water into oxygen for breathing and hydrogen for fuel. Beyond the technical and engineering challenges, future colonists will also face psychological and human behavior challenges.

Anamaria Berea is an associate professor of computational and data sciences in the Computational and Data Sciences department and the director of graduate studies of the Computational Social Sciences program (CSS) in the College of Science at George Mason University. She is also the CSS concentration head for the Master of Interdisciplinary Studies in the College of Humanities and Social Sciences (GMU). She serves as an affiliate faculty and super mentor for Frontier Development Lab (FDL), an affiliate with the SETI Institute and as a research investigator for Blue Marble Space Institute of Science (BMSIS). She has a PhD in Computational Social Sciences (2012) and a PhD in Economics (2010). Her current research interests lie at the intersection of artificial intelligence and space sciences.

Apr. 1: The Imaginary Cleopatra. This discussion highlights how the Cleopatra in popular culture is a creation of what we would now call “fake news”—i.e. slander—by ancient Rome. The talk will review the historic Cleopatra and how Roman political needs led to her modern phantasm. The speaker, who was interviewed on the recent Netflix documentary about Cleopatra, will also discuss how this new documentary created yet another imaginary Cleopatra.

Jacquelyn Williamson is associate professor of Ancient Art and Archaeology at George Mason University. Focusing on gender and religious power, her first book is on her identification of the Sun Temple of Nefertiti, published with Harvard Egyptology Series/ Brill. She has taught at Harvard, Brandeis, and U.C. Berkeley and received a Fulbright for her dissertation research.

Apr. 8: Dust Storms. As the Earth warms, extreme weather events such as dust storms and wildfires are rising in North America. Dust storms impose substantial risks to many sectors of American society, including human health, environmental health, transportation safety, and the general economy. Despite the high stakes, risks associated with dust hazards remain largely understudied and knowledge is rather fragmented. Gaps between

knowledge and public awareness are costly for our society. This work discusses the linkage between climate change to dust storms and their societal effects in the US. Dust storms cause respiratory and cardiovascular diseases, and a unique and mysterious fungal infection called Valley fever (coccidioidomycosis). Cases of Valley fever have increased by 700% from 1998-2021 but the reasons are still unknown. Also unknown is the number of people killed by dust-associated traffic crashes. We developed a new dataset that shows dust storms killed 20-fold more people than previously reported, life losses comparable to those from other weather hazards such as hurricanes, thunderstorms, lightning, and wildfires.

Daniel Tong is an associate professor of Aerosols and Atmospheric and the director of the Cooperative Institute of Satellite and Earth System Studies Chemistry at George Mason University. Dr. Tong obtained his B.S in Chemistry and B.A. in Finance from Ocean University of China, his PhD in Atmospheric Sciences from North Carolina State University, and received his postdoctoral training in Environmental Policy at Princeton University. His research focuses on modeling and prediction of natural and anthropogenic emissions, and their effects on air quality, human health, and climate. Dr. Tong is the chair of the World Meteorological Organization (WMO) dust research program, and the president-elect of the American Geophysical Union (AGU) GeoHealth Section.

Apr. 15: Subjective Well-Being and Life Satisfaction: An Overview of Theory and Research on What Makes for a Satisfying Life. This presentation will review basic theory and research on subjective well-being and life satisfaction—what social science tells us about what makes for a satisfying life and what makes life worth living. The goal of the presentation is to provide you with some practical ideas for examining your own life and strategies increasing happiness and contentment.

James Maddux, emeritus, is a university professor in the Department of Psychology and a senior scholar at the Center for the Advancement of Well-Being at George Mason University. He is the editor of the forthcoming second edition of the book *Subjective Well-Being and Life Satisfaction: A Social Psychological Perspective*.

Apr. 22: Beyond Kilts, Tartans and Bagpipes: Scotland, Its Past, Present and Future. This talk will begin with a brief survey of Scottish history and the idea of Scottish identity, both as a people and a nation, finishing with the Unions of the Crowns (1603) and Parliaments (1707). The 18th century saw the two Jacobite Rebellions of 1715 and 1745 which dealt a severe blow to the culture of the Highlands. Scotland geographically and ethnically has always been divided between Lowlands and Highlands. The collapse of Highland culture, kilts, tartans, bagpipes and the Gaelic language post 1745 was, curiously, only the prelude to its resurgence in the 19th century and beyond. The reasons for this: royal visits, the use of highland clan warriors in the expanding British Empire, romanticism, and tourism will be examined. The opposing attraction of England and Britishness (the Conservative Party in Scotland is called the Unionist Party) and the push back in the rise of Scottish nationalism in the 20th century and the

current moves to independence in a post Brexit era will follow. The resurgence of interest in Scottish history and culture during the past century and into the present and its expression in the overwhelming return of kilts, tartans, and bagpipes as symbols of the entire nation and the future, or not, of full Scottish independence will conclude the talk.

John Barclay Burns was born and raised in Scotland and educated at the Universities of St. Andrews and Glasgow. He pastored Presbyterian churches in Scotland, Canada, and Fairfax, Virginia, before joining the Religious Studies faculty at George Mason University in 1986. Emeritus since 2011, he continues to teach in the department. A keen actor, he is a member of several community theatre groups in the area. He has given lecture series at Encore Learning and at the Smithsonian.

Apr. 29: Into the Weeds: Marijuana Regulation and Analysis. How best to regulate marijuana is arguably one of the highest-priority drug policy questions in the U.S. While marijuana possession has been prohibited federally since the Marihuana Tax Act of 1937, recent decades have seen substantial legislation on the part of states—legalizing first marijuana for medical purposes and later legalizing marijuana for recreational purposes—that has opened marijuana markets to a greater degree than at any point in nearly a century. These state-level actions create tension between state and federal laws around marijuana. Given that marijuana is the most commonly used drug in the U.S., and poses both potential for health benefits and health harms, optimal regulation is crucial, yet complicated. This lecture provides an overview of issues related to regulation of marijuana in the U.S. and considers methods that can be used to evaluate local, state, and federal marijuana policies. Topics include (but are not limited to) the history of marijuana and its regulation; trends in marijuana use and perception; health, fiscal, and social implications of marijuana use; market structure; relationships between marijuana and other substances; and a discussion of recent studies that explore the impacts of marijuana regulation on health and labor supply outcomes.

Catherine Maclean is a health and labor economist working mainly in the areas of substance use, mental health, and public policies. She is a co-editor at the *Journal of Policy Analysis and Management* and an associate editor at the *Journal of Health Economics*. To date, Professor Maclean has published 82 peer-reviewed articles and one book chapter, and her research has been funded by the National Institutes of Health, Food and Drug Administration, American Cancer Society, Robert Wood Johnson Foundation, Washington Center for Equitable Growth, Wellbeing Trust, and the American Heart Association.

May 6: Climate Change. There is an old saying, “Everybody talks about the weather, but nobody does anything about it.” Unfortunately, it isn’t true – all of us are inadvertently doing something about the weather: we are changing, and not for the better. The reality of global warming is now undeniable, and the likelihood is high that humans who burn fossil fuels and change the landscape through deforestation have caused the majority of climate change we have observed in at least the past half-century. The residents and businesses

of Virginia are not exempt from the changes Earth is experiencing and is likely to experience over the coming decades: there will be a new normal and it will be far from what we have thought was normal in the past. Knowing where, when, and by how much climate will change in the Commonwealth is critically important to planning and preparing for the impacts that are decades in the making. This lecture will describe what we have learned about the recent climate changes, what we can expect – globally, in the mid-Atlantic, and in Virginia – and what remains to be done to advance our understanding to support action toward a more resilient and responsible Commonwealth.

James Kinter is a professor in the Department of Atmospheric, Oceanic, and Earth Sciences of the College of Science, and director of the Center for Ocean-Land-Atmosphere Studies (COLA). His research includes studies of climate variability and predictability, focusing on phenomena such as monsoons and El Niño, and climate dynamics processes including atmosphere-land interaction. He is also director of the Virginia Climate Center, which is dedicated to enhancing the Commonwealth’s resilience to the impacts of climate variability and change through direct engagement with local governments and businesses. After earning his doctorate in geophysical fluid dynamics at Princeton University in 1984, Dr. Kinter served as a National Research Council associate at NASA Goddard Space Flight Center, and as a faculty member of the University of Maryland prior to helping to create COLA in 1993.

May 13: The Promises and Perils of AI. While artificial intelligence (AI) has recently been touted as very successful across a number of domains, including transportation, medical applications, and business, the reality that such systems may not actually be as capable as envisioned is slowly creeping into the national consciousness. While AI can show up in many every day applications from shopping to management of home automation, it is the application of AI in safety-critical systems like transportation and medicine that is the most concerning since literally the incorrect use of AI can have deadly consequences. Problems with automotive computer vision, for example, have been contributing factors in many fatal Tesla crashes and also have led to public backlash in San Francisco. AI has been heralded as a success in health care settings including drug discovery and radiology. While these successes are important steps towards making AI a useful tool in aiding diagnostic applications, there have also been many spectacular failures. IBM’s Watson, the decision-making engine behind the Jeopardy AI success, has been deemed a costly and potentially deadly failure when extended to medical applications like cancer diagnosis. Alphabet’s DeepMind medical AI applications are facing similar questions, and the arrival of error-prone large language models has only further complicated the AI debate. Given these issues, it is important to step back and analyze just why AI is struggling to gain traction in safety-critical systems and how the roadmap to success would need to change to achieve positive outcomes. To this end, this talk will highlight the strengths and weaknesses of AI and make recommendations for human-AI collaborative systems as well as paths forward to mitigate the impact of AI

misapplications and better inform future uses.

Mary (Missy) Cummings received her B.S. in Mathematics from the U.S. Naval Academy in 1988, her M.S. in Space Systems Engineering from the Naval Postgraduate School in 1994, and her Ph.D. in Systems Engineering from the University of Virginia in 2004. A naval officer and military pilot from 1988-1999, she was one of the U.S. Navy's first female fighter pilots. She is a professor in the George Mason University College of Engineering and Computing and is the director of the Mason Autonomy and Robotics Center (MARC). She is an American Institute of Aeronautics and Astronautics (AIAA) fellow, and recently served as the senior safety advisor to the National Highway Traffic Safety Administration. Her research interests include the application of artificial intelligence in safety-critical systems, assured autonomy, human-systems engineering, and the ethical and social impact of technology.

F902 Introduction to Mah Jongg

Mondays, 2:15–3:40, Mar. 25–May 13

Eight sessions

Instructor: Debby Mossburg

Class limit: 20

Come learn the ins and outs of this fascinating tile-based game that originated in China and spread across the world. The instructor will focus on the American version of the game, building expertise a step at a time until you'll be able to hold your own in a friendly game here at OLLI's Mah Jongg club or elsewhere. This course will accommodate beginners who have never played Mah Jongg as well as once-upon-a-time or occasional players who want a thorough review and brush-up (Note: Taking a class is NOT a prerequisite for joining the OLLI Mah Jongg club).

Debby Mossburg is semi-retired from a career teaching struggling adolescent learners and their teachers. She has been an avid Mah Jongg player for over seven years and loves other teaching others to play and take delight in the game.

F903 / F903Z Trip Tales

Mondays, 2:15–3:40, Mar. 25–May 13

Eight sessions

Mar. 25–Apr. 29 are in-person and Zoom

May 6–May 13 are Zoom only

Coordinator: Tom Hady

Mar. 25: Join **Sue Roose** on another of her "Travels with Granddaughters" series. This time it's to Jamaica, Columbia, Costa Rica, and Panama.

Apr. 1: With **Sandy Hoch**, discover the best of Scotland; Harry Potter's Edinburgh; the Outlanders' Highlands; the Battle Field of Culloden, the Mystical Isle of Skye, and castles including Sterling Castle, once the favored residence of the Stewart kings and queens. Hear the legends of William Wallace; "saucy" Mary; St. Mungo and the Ghosts that haunt Edinburgh and beyond.

Apr. 8: **Stan** and **Judy Schretter** will bring us up to date after a recent trip to Israel.

Apr. 15: **Sandy Hoch** tells us about the trains of Switzerland. For those of us who like mountain scenery, it doesn't get much better!

Apr. 22: **Nancy Fleetwood** took a three week road trip all around Ireland and Northern Ireland. Highlights include the Giants Causeway, a Black Cab sectarian neighborhoods tour in Belfast, and the 5,000 year old burial mounds at Brú na Bóinne.

Apr. 29: Join **Alana Lukes** and her husband on a trip to Vancouver, Canada. Highlights include a family boat trip in the bay, outings to the Vancouver Aquarium and Science World, a tree walk, a hike through a virgin forest, a "Walk through Time," a day visit by ferry to downtown Victoria and its famous Butchart Gardens, as well as a tour of the Britannia Copper Mine north of Vancouver. Somewhat unusual accommodations (recommended by Lonely Planet) at the University of British Columbia as well as a variety of food choices rounded out the week-long adventure.

May 6 (Zoom only): Join **Bonnie Becker** and her son, **Geoffrey Polk** on a trip to Dubai. From a primitive fishing village on the edge of a desert to one of the most modern cities in the world, Dubai has had some of the most dramatic changes in the shortest time of any city in history. View the sprawling city from atop the tallest building on the planet, take some runs down the ski slopes located inside a huge shopping mall, and survey the man-made Palm shaped islands. Then ride camels in the desert and view art from the Louvre in Paris, exhibited in nearby Abu Dhabi.

May 13 (Zoom only): **Bonnie Becker** will give us "My View of the Berlin Wall, Beginning and End." Bonnie visited the Wall several times, beginning in 1961. She'll trace its history through its demolition and the developments along its former path.

F904 Introduction to Community Emergency Response Team Training and Individual Preparedness

Thursday, 2:15–3:40, Mar. 28

One session

Instructor: Carol Brown

Coordinator: Stephanie Trachtenberg

Emergencies happen and our area has experienced both natural and man-made disasters. Knowing how to prepare and what you can do during and after an emergency or disaster is critical. You may be your own first responder and knowing what to do and how to act will be crucial when seconds count. Fairfax County offers a free training program that educates people about emergency preparedness and trains them in basic disaster response skills. This presentation will review the curriculum of the Community Emergency Response Team (CERT) training (including: disaster psychology, disaster medical operations, and light search and rescue techniques) and provide the participants with hands-on skills and resources. Participants will also learn how to better prepare their homes, families, and neighborhoods for medical emergencies and natural disasters. The CERT training prepares you to be able to give immediate

assistance to victims, organize volunteers, and provide support to the community.

Carol Brown is a member of the Fairfax County CERT volunteer training staff. She has been instructing the basic course for six years. She has been a member of CERT organizations since 1997 in Hawaii, California, and Virginia.

F905 Underwater Wonders: Ocean Alphabet Reprise

Thursday, 2:15–3:40, Apr. 4

One session

Instructor: Steve Cohen

Coordinator: Velma Berkey

The instructor returns with an updated Ocean Alphabet course from angel fish to zebra eel. Using high-definition underwater video, the instructor will use the film as a jumping off point to discuss the diversity, behaviors, interactions, and challenges facing the oceans and its inhabitants. Questions from attendees are welcomed and encouraged.

Dr. Steve Cohen is a retired small animal veterinarian. Scuba diving and underwater videography are his passions. His work has won awards in various competitions and has been shown at several San Diego Underwater Film Exhibitions. Steve enjoys giving his talks to various LLI in Virginia, as well as assisted living facilities and other private groups.

F906 Getting to Know You

Thursdays, 2:15–3:40, Apr. 25–May 16

Four sessions

Instructor: Debby Mossburg

Class limit: 24

Have you ever wished that you had more opportunities to interact with your fellow OLLI members in classes? That's what this course is all about. The instructor, a retired teacher of teens through adults, will guide participants through a number of cooperative learning activities with the goal of learning more about each other. Class members will have the opportunity to interact and problem solve with most if not all of their fellow classmates.

Debby Mossburg is a retired teacher who still loves to teach. She's taught middle and high school students who struggled with learning, as well as their teachers, to help them hone their skills in reaching every learner.

F907 / F907Z Cricket: A Viewer's Guide to Enjoying the Game

Mondays, 11:50–1:15, Apr. 29–May 13

Three sessions

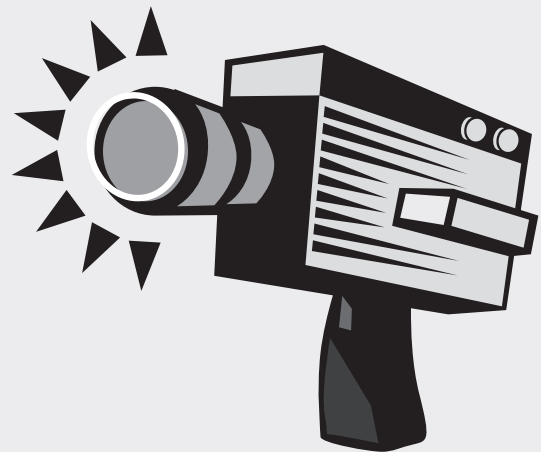
Instructor: Roy Wagner

Cricket is one of the most popular worldwide viewer

OLLI Mason Recorded Class Archive *(Classes at Your Fingertips!)*

Is there a virtual class that you are interested in registering for, but the timing conflicts with other obligations? Will you be traveling during term and can't guarantee internet reliability, or you live in another state? Between terms, do you have free time to learn about a potential new hobby or a subject that you normally wouldn't sign up for? If the answer to these questions and others like it is yes, then problem solved!

Many of OLLI Mason's virtual classes are recorded so that members can view them afterwards. The online library of classes, both from the current term and past terms, is located on the OLLI Mason website (olli.gmu.edu). Under the 'Quick Links' menu, select 'Class Video Recordings.' Only current members may access the video library, so you will need the passcode. For the current passcode, please check your Daily Schedule email.



Happy viewing!

sports. It is as easy to watch and enjoy as baseball. This course will be a viewer's guide to cricket and learning to enjoy it. The class will cover the basics for understanding the game of cricket, its history, and its future in the United States. Last year, Major League Cricket (MLC) in the United States had its first playoff series. A major league cricket stadium is planned to be built at GMU in Fairfax for the local Washington Freedom team. This fall, the USA will be a host for the T20 World Cup of Cricket series that is held every two years. The sessions will cover: 1) The basics of the game of cricket; comparing it with baseball; 2) The various versions of cricket and why each is considered the best version; 3) The history of cricket in America and elsewhere.

Roy Wagner is a retired database consultant and past president of several computer user groups. He has been a casual sports fan for years. He and his wife have been ardent cricket fans since 2015 after a trip to Australia and New Zealand.

F908 How What Where and Why to Recycle in Fairfax County

Wednesday, 9:40–11:05, May 1

One session

Instructor: Charlie Forbes

Coordinator: Gay Alper

Fairfax County Solid Waste Management Program staff will deliver an overview on how our waste management system works, as well as provide details on what can and cannot be recycled curbside, what the recycling process looks like, why and how it's important to recycle, and how we can support the county's recycling goals.

Charlie Forbes is the chief of Outreach, Compliance & Planning, Solid Waste Management Program, Department of Public Works and Environmental Services, Fairfax County. Charlie has over four decades experience in solid waste management, including in Fairfax County, Virginia, New York, and abroad.

F909 / F909Z SHAPE The Future of Aging: A Panel Discussion of the Fairfax County Strategic Plan for Aging

Monday, 11:50–1:15, May 13

One session

Instructors: Pat Herrity, Tara Turner, Beth Ann Margetta

The SHAPE the Future of Aging Plan is a 5-year strategic plan which acts as a north star for County and community-based organizations to look to as we develop and implement services for older adults in our community. Join this panel conversation to learn about the opportunities outlined in the SHAPE plan to continue to make the Fairfax area an excellent place to age well.

Supervisor Pat Herrity represents the Springfield District on the Fairfax County Board of Supervisors and has over 40 years of active business, sports, and civic community leadership and experience. First as a business and community leader, and now as a Supervisor, he has actively led efforts to implement common sense solutions to our pressing problems including reducing the tax burden on residents, addressing the increasing crime rates and focusing education resources on teachers and into classrooms. He is a

balancing, common sense voice on the board and serves as chair of the board's Older Adults Committee and the Sports Tourism Task Force. He has been named the Best Public Servant in the *Gazette Leader's Best of the Best* for the last 7 years. He is the only Supervisor to receive the President's Award from Fairfax County Federation of Teachers for his work supporting our teachers.

Tara Turner is the director of the Fairfax Area Agency on Aging. Her background is in social work and health sciences with a gerontology concentration. Tara has spent her career serving older adults over 20 years, and has most notably held positions as the director of ElderLink at Inova Health System, and has been the director of the Fairfax Area Agency on Aging since 2020. Tara is passionate about equitable and quality services, and partnerships that positively impact the lives of older adults and their caregivers.

Beth Ann Margetta is the assistant program manager of the Fairfax Area Agency on Aging. She has an MSW, is a licensed clinical social worker, and has worked within the Fairfax County Department of Family Services' Adult and Aging Division since 2008. She is passionate about working to support and enhance the quality of life and care for older adults, adults with disabilities, and their caregivers.

Volunteer for OLLI Mason!

OLLI Mason relies on member volunteers.

As a volunteer, you can help shape the future of OLLI Mason by developing or teaching the courses, clubs, socials, and trips that continue to make this organization a premier lifelong learning institute. Remember, it's not all work! Volunteering can help you develop new skills and form new friendships.

To learn more about available volunteer opportunities, visit the website at olli.gmu.edu/volunteer-at-olli/



Special Events

Many Special Event offerings are **Add to Cart**. We urge you to register for Add to Cart offerings as early as possible. They can fill up quickly, even on the first day of registration.

Please refer to the information beneath each offering to verify location information.

Special Events

Program Planning Group Chairs:
Marilyn Harriman, Luci Martel

1000 Excursions

1001 A Tour of the U.S. Capitol

Friday, 9:30–3:00, Apr. 26

Bus Trip

Coordinator: Luci Martel

Limit: 30

Fee: \$52

The U.S. Capitol is among the most architecturally impressive and symbolically important buildings in the world. Join a tour led by a professional tour guide and visit the Crypt, the Rotunda, and National Statuary Hall. Lunch will be on your own afterwards at the Capitol Cafe in the U.S. Capitol Visitor Center. Visitor guidelines will be provided to registrants prior to the trip date. The bus will leave promptly at 9:00am from Fair Oaks Mall (11750 Fair Oaks Mall, Fairfax, VA 22033). We will meet at Pole 10 (west of the Marriott Hotel, south of the Cheesecake Factory). Note: the pole is located on the outer part of the traffic loop. Please be at the bus no later than 8:45am.



1002 National Botanic Garden

Friday, 10:00–12:00, May 10

Drive on Your Own

26320 Ticonderoga Road, Chantilly, VA

Coordinator: Carolyn Kramer

Fee: \$25

Do you know about this sprawling garden of unusual plant collections and fantastical sculptures? Using recycled



and upcycled materials, the owners have been sculpting their large property for decades. Expect to do lots of walking on this self-guided tour to view such sights as a Medieval castle, Hobbit Town, a bamboo forest, and others. Recommended time to spend at the garden is 2 to 3 hours. Since each of us will have our own transportation, we may stay or leave as we wish, depending on our personal schedules. There is no food for purchase on the property, but visitors may bring their own lunches and enjoy a picnic at the available tables. Restrooms are available. No glass, pets, or alcohol allowed.

1003 Tree Walk With a Forester: Learn to Identify Your Local Trees

Friday, 1:00–2:30, May 17

Drive on Your Own

Fairfax County Government Center, 12000 Government Center Pkwy, Fairfax

Instructor: Joan Allen

Coordinator: Fred Kaiser

Event Limit: 20

Learn to identify trees commonly found in Fairfax County. The leisurely tree walk will be held at the Fairfax County Government Center. Tree identification will be taught as well as life histories of various trees. Plan to meet at the flagpole near the front of the Government Center Building at 1pm. Park in the visitor area near the entrance of the Government Center facility where you will find ample spaces. Participants should expect to stand for extended periods and walk over some uneven terrain. The walk will occur rain or shine unless you receive an email from OLLI stating the event is canceled because conditions are unsafe.

Joan Allen is an urban forester with the Fairfax County Urban Forest Management Division. She has worked for Fairfax County for over ten years, having earned a BS in Environmental Forest Biology for SUNY and a Master's of Natural Resources from Virginia Tech.



Need Additional Help with Zoom?

OLLI Mason has Help pages that will point you in the right direction:

The Potomac Area Technology and Computer Society (PATACS) has plenty of helpful information for all devices:

<https://www.patacs.org/zoom.html>

Visit the OLLI website at:

<https://olli.gmu.edu/online-classes-resources/>

Or you can email the OLLI Help Desk at:

ollizoomhelp@olligmu.org

1100 Diversions

1101 60's Dance Party

Friday, 3:00–5:00, Apr. 19

Fairfax

Coordinator: Marilyn Harriman

Event Limit: 65

Come party like it's 1965! Or 1955! Or 1975! Who was your favorite: Buddy Holly, The Supremes, The Beatles, The Beach Boys, Queen, or someone else? Come enjoy some of your favorite artists. Whether you get on the dance floor and rock n' roll or sit back and listen, you'll "trip the light fantastic" like the "fab good ole days" with your OLLI friends. Our DJ, Captain Dave of Dave's Classic Rock &



Special Events

Roll Dance Co., will “spin the platters” and take requests from the 1960s, 1970s, and even the 1950s. You can twist, swim, stroll, shimmy, hand-jive, or do the mashed potato. Whichever you prefer, come out for a fun time! Snacks and refreshments will be served. There is no cost for this event, but participants must register before April 16th to ensure we have plenty of food and beverages.

1102 Grab 'n' Gab Coffee Klatch

Friday, 10:00–11:30, Apr. 26

Fairfax

Coordinator: Toni Acton

Grab a cup of coffee and your favorite pastry, and enjoy socializing with your OLLI colleagues. All members—new and old—are welcome to enjoy the casual conversation and camaraderie. Registration for this event is on a first-come, first-served basis.



1103 / 1103Z Annual Business Meeting

Friday, 10:00, May 3

Fairfax/Zoom

Coordinator: Jennifer Disano

The annual OLLI business meeting starts at 10:00. You will learn about the programming and operations of OLLI, as well as hear from the candidates for the Board of Directors. Following the meeting, join other members for a Cinco de Mayo celebration (see 1104). Registration is on a first-come, first-served basis.



1104 2nd Annual Cinco de Mayo Celebration & Picnic

Friday, 1:00–2:30, May 3

Fairfax

Coordinator: Marilyn Harriman

Limit: 75

Senoritas and senores, let's fiesta! Bring your party attitude



and attend our 2nd annual Cinco de Mayo celebration and picnic. OLLI will provide meat and vegetarian tacos, and registered guests will provide salads, sides, and desserts. In addition to feasting on the foods of Mexico, we'll have entertainment, including a pinata and live music. This event will be held after the annual business meeting at Tallwood, and you must be registered to attend the Cinco de Mayo celebration and picnic. When you sign up, don't forget to bring a Tex-Mex dish: salad (last names S-Z), dessert (last names I-R), or side dish (last names A-H). Please bring a serving utensil for your dish and a small identification sign with ingredient details (i.e., Chocolate cake with nuts). This is a fun opportunity to mingle with your friends, have a delicious lunch, and enjoy Mexico's history and heritage.

1200 Between-Term Events

1201 Board Game Bash

Friday, 10:00–1:00, Mar. 1

Fairfax

Coordinator: Marilyn Harriman

Limit: 26

Fee: \$12

It's Game ON! It may still be cold outside, but we will chase away the chill with an entertaining game day event at Tallwood. Come out and stay in! Spend the morning playing a variety of board games and earn points for every game you win. Prizes will be awarded to those who amass the most points at the end of the morning. Each person will play three different games from six possible choices: Scrabble, Pass the Pigs, Sorry!, Clue, Monopoly, and Trivial Pursuit. Participants will play specific matches based on randomly drawn numbers corresponding to a particular game. Our bash will conclude with lunch (sandwiches, salad, chips, soft drinks, and a cookie or apple) delivered to us by Panera. The event costs \$12 and includes your lunch (your choice of sandwiches), party favors, and door prizes. Don't be SORRY! you missed this event.



1202 Lucky Leprechaun Lunch

Wednesday, 11:30–2:00, Mar. 13

Drive on Your Own

The Auld Shebeen Restaurant, 3971 Chain Bridge Rd, Fairfax, VA

Coordinator: Marilyn Harriman

Limit: 26

“Wherever you go and whatever you do, may the luck of the Irish be there with you.” Join your OLLI friends for a festive lunch and camaraderie at The Auld Shebeen in Fairfax to honor the patron saint of Ireland. Celebrate the heritage and culture of its people as you enjoy a traditional Irish meal. Parking and cost are on your own. Free public parking is located one block north of the restaurant on Chain Bridge Road (Rt. 123). Registration is limited to 26 people and is on a first-come, first-served basis.



Future Course Proposal Due Dates

**Please note that course proposals are due approximately 6 months before the start of each term due to catalog production deadlines.

Summer 2024:

June 24 - August 2, 2024

(Proposal due date: January 26, 2024)

Fall 2024:

September 23 - November 15, 2024

(Proposal due date: April 8, 2024)

Winter 2025:

January 21 - February 14, 2025

(Proposal due date: July 25, 2024)

Course Proposal Form:

<https://olli.gmu.edu/olli-course-proposal-form/>

1203 / 1203Z Talk With Storm Team4's Doug Kammerer**Tuesday, 12:30–2:00, Mar. 19****Fairfax****Instructor: Doug Kammerer****Coordinator: Stephanie Trachtenberg**

Join this talk with the instructor, an accomplished meteorologist who has earned the Certified Broadcast Meteorologist seal from the American Meteorological Society (AMS). He has also won eight Emmy Awards, presented by the National Capital Chesapeake Bay Chapter of the National Academy of Television Arts and Sciences.

Doug Kammerer is Storm Team4's chief meteorologist, forecasting the weather weekdays on News4 at 4, 5, 6, and 11 and working with NBC4's team of meteorologists to bring viewers the most accurate, complete weather information on air and online. He has covered the elements all around the country firsthand, trekking to the top of New Hampshire's Mount Washington (site of "the worst weather in the world") and reporting from the eye of Hurricane Frances for NBC News. Doug was born in D.C. and grew up in Northern Virginia. He went to Fairview Elementary in Burke and graduated from Herndon High School. Doug holds a degree in Meteorology from the University of Northern Colorado.

1204 Let's Take a Backstage Tour of Wolf Trap**Wednesday, 10:30–11:30, Mar. 20****Drive on Your Own****Coordinators: Carolyn Kramer, Norma Jean Reck, Will Rifenburg****Limit: 30**

Join a National Park Ranger to learn about the only national park dedicated to the performing arts. Stand on a world-class stage, learn how theater runs, and get a sneak-peek at where the stars get ready at Wolf Trap National Park for the Performing Arts. An optional lunch will follow the tour, with details to be announced closer to the event date.

1205 OLLI Kick-Off Coffee**Thursday, 10:00–11:30, Mar. 21****Fairfax****Coordinators: Toni Acton, Marilyn Harriman**

Do you wonder what is new this spring at OLLI? Join us to learn about changes in OLLI operations and updates on

Picture Policy

OLLI Mason classes and events may be photographed or video recorded. You agree to have your likeness recorded for possible non-commercial use by OLLI Mason for promotional purposes, advertising and/or inclusion on the organization's website, social media, or for any other digital or print purpose. If a person objects, please do so by contacting olli@gmu.edu in writing.

OLLI facilities presented by the members of the Board of Directors and executive director of OLLI. A question-and-answer period will follow the presentations. All new and past members are welcome. Registration for this event is on a first-come, first-served basis.

1206 National Museum of the United States Army Program and Visit**Friday, 11:00–3:00, Mar. 22****Drive on Your Own****1775 Liberty Drive, Fort Belvoir, VA 22060****Coordinator: Tony Harriman****Limit: 20**

The National Museum of the United States Army provides the nation with a compelling, immersive educational experience, and insight into the history, character, and culture of our oldest military service and the men and women who have served in it over the years. Registered members will drive to the museum in eastern Fairfax County, near Fort Belvoir. We will assemble at 11:00 AM for a short discussion of what the museum has to offer, followed by lunch in the Museum Café, where we can decide which of the museum's many offerings are of most interest. At 12:00, the museum will present *The Accomplishment of the ENIAC and Women Computing Pioneers* to the group. Afterwards, we will divide into smaller groups of companions to explore the museum. The museum was designed not to display artifacts, but to immerse visitors in the experience of Army life, from its beginning to current times. I'd say it will be a trip, but that would be dating myself!

1207 Virginia Museum of Fine Arts**Wednesday, 7:45am–4:00pm, May 22****Bus trip****Coordinators: Bonnie Nelson, Luci Martel****Event Limit: 30****Fee: \$79**

The Virginia Museum of Fine Arts houses a permanent collection of nearly 50,000 art objects from almost every major world culture. The museum's collections of Art Nouveau, Art Deco, Contemporary American; French Impressionist, Post-Impressionist, and British Sporting art; Faberge jeweled objects; and English Silver are especially noteworthy. South Asian, Himalayan, and African art holdings are among the finest in the country. VMFA's Native American gallery includes unique objects dating from prehistoric times to the present. Our visit will begin with a 50-minute docent-led highlights tour, after which you will be free to peruse your favorite exhibits. Lunch will be on your own at the museum's Amuse Restaurant or Best Cafe. **The bus will depart from the back of the upper parking lot of South Run Recreation Center, 7550 Reservation Drive, Springfield, VA 22153**, off Rt. 286 (Fairfax County Parkway), promptly at 8:00 am. After turning onto Reservation Drive, turn left into the third or fourth entrance of the large parking lot on your left (by the soccer fields). **Please arrive NLT 7:45 am.**

Clubs

- **Register for clubs and ongoing activities each membership term.** Registration allows OLLI to maintain current club rosters and ensures that you will receive emails about your club's activities and events.
- Zoom links for club meetings will begin on the 1st day of each membership term (Jan. 1, Mar. 1, Jun. 1, Sept. 1)
- All club registrations are **Add to Cart**. Please remember to check out your cart after you register for a club and before you exit the portal.

All the News That's Fit to Print Club

Thursdays

11:50–1:15, Mar. 7–21, May 23–30

Zoom

Club limit: 40

Moderator:

Zach Teich zacharyteich@hotmail.com

All the News That's Fit to Print meets online to discuss current affairs issues in a friendly and collegial manner. Moderator Zach Teich provides a topic list drawn from the week's news and serve as 'traffic cop' for the freewheeling discussion. All opinions are welcome; the only rules are to be courteous and to allow the moderator to call on those who raise their hands to speak.



Annex Art Club

Tuesdays

9:30–12:00 noon, May 21–28

Zoom

Coordinator:

Linda Gersten snlgersten@gmail.com

Looking to dust off your artistic skills? Come join other like-minded OLLI members to share your work and conversation. While not an instructive class, all artists, whether you use pencil, ink, pastels, charcoal, or paint, are welcome to come and work on your own compositions. The group consists of OLLI members at all skill levels, and we try to be supportive by sharing tips and suggestions. Join us!



Board Game Club

Wednesdays

10:00–12:00, Mar. 6, Mar. 20, May 29

1:30–3:30, Apr. 3, Apr. 17, May 1, May 15

Fairfax

Coordinator:

Tim Harwarth timharwarth@yahoo.com

Playing board games can reduce stress, boost brain power, and protect against dementia. Do you like playing board games? Would you like to learn and play new games with your fellow OLLI members? If so, this is the club for you. The Board Game Club meets in the morning between terms and in the summer, and in the afternoon during the other terms.



Bridge Club

Wednesdays

10:00–12:00, Mar. 6–20, May 22–29

1:45–3:45, Mar. 27–May 15

Fairfax

Coordinators:

Carol Egan carol.f.egan@gmail.com

or 703-501-2129

Carol McManus

vmkolbay@hotmail.com

or 703-344-1326

Players of all skill levels are welcome. Partnerships are rotated every four hands. The Bridge Club meets in the morning between terms and in the summer, and in the afternoon during the other terms. For details on the club's rules and bidding system, see its web page on the OLLI website. Sign up for the club via the member portal in order to receive any updates to our schedule.



Classic Literature Club

Fridays–in term

11:00–12:30, Mar. 29–May 17; no meeting May 3

Zoom

Coordinator:

Bob Zener rvzener35@gmail.com

or 703-888-1034

This club was formed to read and discuss classic works of world literature, frequently with the help of recorded lectures where available. Members choose the works to be discussed. In the past we have read works such as Melville's *Moby Dick*, Woolf's *Mrs. Dalloway*, Faulkner's *Absalom Absalom*, Morrison's *Beloved*, Ellison's *Invisible Man*, and short stories of John Updike and Flannery O'Connor.



Cooking Club

Second Friday of the Month

11:30–1:00, Mar. 8, Apr. 12, May 10

Coordinator:

Colleen Tuddenham ctuddenham@gmail.com

This club is for OLLI members who enjoy preparing food and sharing homemade dishes in a small group setting. If this appeals to you, please contact Colleen Tuddenham for more information. Sign up for the club via the member portal in order to receive information on our schedule.



Crafts and Conversations Club

Fridays

9:30-11:00, Mar. 1–May 31; no meeting May 3

Fairfax, hybrid

Coordinators:

Doris Bloch

dbloch50@hotmail.com

Janet Porter

jlporter1@gmail.com

We meet to work on our craft projects and to share product sources, expertise, and inspiration. Our ongoing conversations encourage camaraderie, and a group setting motivates us to progress with our current projects. Interested OLLI members are invited to join us any time to see what we are creating. All crafts are welcomed! For more information, check out the Craft and Conversation blog on OLLI's website or contact Doris Bloch or Janet Porter.



Dirty Knee Club

As possible during term; watch your email for updates; watch E-news for announcements

Fairfax

Coordinator:

Vince Modugno

vmodugno2002@aol.com

The OLLI Landscaping Committee, fondly known as the Dirty Knee Club, creates, plants, and maintains the gardens at Tallwood. Gardening expertise is not required, but a willingness to get dirty knees is! Meetings and group work sessions will be set up on an as needed basis. From late spring to early fall, DKC members take turns watering, weeding, and maintaining the gardens during the growing season, depending on members' availability.



Ethnic Eats Club

In person luncheons each month, dates TBD

Virtual dinner meeting on Zoom

Thursday, every four weeks

6:00–7:00, Mar. 7, Apr. 4, May 2, May 30

Coordinator:

Leti Labell

leti@bellatlantic.net

Do you love to eat? Are you interested in learning about foods from other cultures? Then this is the club for you. Northern Virginia has an abundance of ethnic restaurants. Each month a club member identifies a potential restaurant for an in-person lunch, makes sure it meets our requirements, and makes all arrangements with the restaurant. We have two luncheons at the selected restaurant, usually one on Saturday and one on a weekday. During the Covid pandemic, we started having virtual dinner parties, where we each ordered takeout ethnic food from a nearby restaurant and eat together on Zoom. We will continue these virtual dinners for as long as members are interested. If this sounds like your cup of tea (or chai or tè or té or thé), contact Leti Labell.



Family History/Genealogy Club

Biweekly on Mondays

4:00–5:30, Mar. 4–May 27

Zoom

Coordinator:

Michael Mason

mcmason5@verizon.net

Have you always wanted to know more about your family's past but don't have a clue about how to get started? Do you enjoy researching your family's ancestors and discovering new facts about their lives but often become frustrated when you can't find important information or documents? Do you have a fascinating story from your family's history that you would like to put into a readable format that you can share with others? If you answered yes to any of these questions, you are welcome to join the Family History/Genealogy Club. The club meets every two weeks in an interactive format to discuss a range of topics such as the most efficient way to access the huge amount of records on the internet, how to read census and vital records accurately, and how to use DNA data to help fill out your family tree. All knowledge levels are welcome. Topics will be voted on and selected by the group and given in advance of the meetings. Sign up for the club through the OLLI member portal. If you have questions, contact Michael Mason.



History Club

Wednesday

4:00–5:30, Mar. 6, Apr. 3, May 1

Zoom

Coordinator:

Doug Snoeyenbos

doug.snoeyenbos@gmail.com
or 703-862-2311

We welcome all OLLI members who are interested in discussing historical events or sharing reviews of history articles and books. Our meetings feature speakers who give presentations on a variety of historical subjects, ranging from early American and European history to the present. There is always time for questions and spirited discussions. For more information about the History Club, contact Doug Snoeyenbos.



Homer, etc.

Fridays

11:00-12:30, Mar. 1–May 31, no meeting May 3

Zoom

Coordinator:

Donna Osthaus

dosthaus@aol.com

Reading the classics aloud with friends and sharing observations bring the classics to life in a special way. We are currently reading Graham Greene's *Monsignor Quixote* (following Cervantes' *Don Quixote*), and we welcome new readers.



Mah Jongg Club

Fairfax:

Fridays

9:30–11:30, Mar. 1, Mar. 8, Mar. 22, Apr. 5, Apr. 12, Apr. 26, May 10, May 24

Zoom:

Wednesdays

4:00–6:00, Mar. 13, Mar. 27, Apr. 10, Apr. 17, May 1, May 15, May 29

Coordinator:

Debby Mossburg debby.mossburg@verizon.net

Please come join us to socialize and play some friendly games of Mah Jongg, no matter what your level of experience. Not only does Mah Jongg sharpen memory, concentration, and decision-making skills, this engaging game of strategy and luck is an excellent source of camaraderie and fun. If you have never played before, we recommend joining us in person rather than online. For more information about the club, the game, and/or how to sign up for the on-line platform we use to play during our online sessions, contact the club coordinator, Debby Mossburg.



Memoir—and More—Writing Group

Biweekly on Wednesdays

2:00-4:30, Mar. 6, Mar. 20, Apr. 3, Apr. 17, May 1, May 15, May 29

Zoom

Coordinators:

Carolyn F. Wyatt

Margie Wildblood

Limit: 10

We meet every other week during most of the year. In addition to memoir, we write fiction, poetry, and personal essays. At our meetings we gently critique each other's work with the aim of improving our writing skills. Writing groups need to be small, so we regrettably have to limit numbers. Please contact Carolyn to learn if space is available.



cfwyatt@verizon.net
mwildblood@gmail.com

OLLI Walk & Talk Club

Weekly/Biweekly Start times are between

8:00am–2:00pm, depending on weather conditions

Fairfax County trails and neighborhoods

Coordinators:

Marilyn Harriman

Bob Heyer

mlwharriman74@gmail.com

rheyew64@gmail.com

Do you enjoy getting out in the fresh air, exploring trails in the area, and talking with new and old friends? Then join us for weekly/biweekly walks throughout the year. Fairfax County has many exciting park trails and neighborhoods that we will discover. Club walks begin between 8 AM and 2 PM, depending on temperature and weather conditions, generally starting earlier in warmer weather and later in colder weather. Each walk is 45-75 minutes, with an optional after-meet-up at a coffee/tea/eatery shop. Come walk or lead a walk around Fairfax trails and neighborhoods! Club co-chairs send advance



announcements about upcoming walks, including location directions, dates, and times. All walkers must be registered to participate. Register with the club through the OLLI member portal to receive walk schedule information.

Personal Computer User Group

Third Saturday of the month

1:00-3:30, Mar. 16, Apr. 20, May 18

Fairfax, hybrid

Coordinators:

Bob Heyer

Leti Labell

rheyew64@gmail.com

leti@verizon.net

In partnership with the Potomac Area Technology and Computer Society (PATACS), the OLLI PC User Group (OPCUG) focuses on Windows and Mac computers and software for enhancing our lives. Members and presenters also discuss smartphone and tablet apps across Android and iDevices, the Internet, Zoom and other classroom software, digital photography, related technology, and open-source software. Our aim is to bring broad expertise about technology and topics of interest to attendees. PC clinics for members are offered twice yearly. Our target audience encompasses all computer users, from complete beginners to intermediate amateurs to experts. Our motto is "users helping users." Club dues (currently \$5 per year) are payable at the first meeting attended in each calendar year. Dues-paying members can attend monthly sessions or view monthly sessions online via the Zoom cloud meeting service, on a variety of devices from home, or anywhere with an internet connection. More details are available on the group's website: <http://olligmu.org/opcug/index.html>.



Photography Club

Second Fridays

9:30-11:30, Mar. 8, Apr. 12, May 10

Zoom

Fourth Fridays

12:00-2:00, Mar. 22, Apr. 26, May 24

Fairfax, hybrid

Coordinators:

John Olsen

Ed Marion

jgolsen12@gmail.com

edwardmarion5102@gmail.com

Meet with enthusiasts and others interested in photography and develop skills by participating in theme-based monthly photo submissions. The Photography Club welcomes all members, regardless of skill level or your phone/camera choice. We discuss both the technology of photography and the artistic aspect of visual design. We usually have guest speakers on the second Friday of each month, and on the fourth Friday of each month we hold discussions covering specific topics in detail. We also regularly plan field trips in the local area, often on the third Friday of each month. Contact John Olsen or Ed Marion for further information.



Poetry Reading Club**Generally every other Monday-between terms****11:00–12:30, Mar. 4, Mar. 18, May 27****Zoom****Coordinator:****Susan Rexroad****susan@susanrexroad.com****Limit: 20**

The Poetry Reading Club provides the opportunity for members to read the works of a favorite poet and to learn about poems of interest to fellow club members. Bring a poem to read that intrigues you. We'll discuss why and how these poems engage or even elude us.

**Poetry Writing Club****Meets sporadically on Mondays****11:00-12:30, Mar. 11, May 20****Zoom****Coordinators:****Susan Rexroad****susan@susanrexroad.com****Margie Wildblood****mwildblood@gmail.com****Limit: 12**

During our time together, a presentation including the reading of poetry by a specific poet or about a poetic subject will be given along with a writing prompt. Participants will have time to craft a poem in response and share their work.

**Reston Book Club****Thursday, 4:00–5:30, Mar. 28, Apr. 25, May 16****Zoom****Coordinators:****Karen Schneider****klschneider1428@gmail.com****Joann Sokol****msjoso@cox.net**

The Reston Book Club focuses on literary fiction, often major book prize winners or nominees and sometimes fiction in translation. The group chooses to remain on Zoom to allow OLLI members from all over to join in the discussions. On March 28, the group will discuss *Trust* by Hernan Diaz. On April 25, our discussion will be *Birnam Wood* by Eleanor Catton. On May 16, our last discussion for the term will be *The House of Doors* by Tan Twang Eng.

**Spanish Club****Fairfax:****Second and fourth Wednesdays-in term****1:45–3:15, Mar. 27, Apr. 10, Apr. 24, May 8****Zoom:****First and third Wednesdays-in and out of term****4:00–5:30, Mar. 6, Mar. 20, Apr. 3, Apr. 17, May 1, May 15****Coordinator:****Mark Ramage****markramage@cox.net**

This club is for anyone with some knowledge of Spanish (advanced beginner up through intermediate level), but not fluent. Since members have a wide range of backgrounds in Spanish, this is not a "Spanish only" club. Activities or presentations in Spanish are also



presented in English, or translated to English as a group activity. Some typical activities might include reading through a short article as a group, practicing/reviewing some grammar topics, working on Spanish pronunciation, watching a Spanish language video (*with English subtitles*), and sharing information on websites or other resources useful for learning or improving your Spanish.

Tai Chi Club**Tuesdays, 4:30–5:30, Mar. 5–May. 28****Thursdays, 4:30–5:30, Mar. 7–May 30****Saturdays, 10:30–11:30, Mar. 2–May 25****Zoom****Coordinators:****Russell Stone****rstone@american.edu****703-201-8536****Cathey Parker****cweir@coloradocollege.edu****703 455-5340****Bonnie Nelson****bonniebowmannelson@gmail.com****703-507-1055****Sid Koslow****sidkos19@gmail.com****703-256-6343**

The Tai Chi Club meets year-round and is open to all OLLI members. It is led by instructor Jerry Cheng, who started his martial arts training when he was six years old in China. He has studied under several famous Chinese martial arts masters and has taught Chen-style Tai Chi for many years. He won four gold medals at the 1997 Atlanta International Martial Arts Championship. Be sure to register for the Tai Chi Club each term in order to receive email messages when there are changes.

**Tallwood Book Club****Second Wednesday of the month****10:00–11:30, Mar. 13****1:30-3:00, Apr. 10, May 8****Fairfax****Coordinator:****Betty Ellerbee****ellerbetty@aol.com**

Please consult the OLLI E-news for updates on book selections.

**The Investment Forum****Wednesdays****10:30–12:00, Mar. 6–20, May 22-29****Fairfax, hybrid****Moderators:****Bob Baker****rbaker_va@msn.com****Al Smuzynski****asmuzynski@verizon.net**

This is a between term continuation of a weekly forum that addresses investment topics of particular interest to retirees.



Theater Lovers' Group

Fourth Wednesdays during term
4:00–5:30, Mar. 27, Apr. 24, May 22

Zoom Meetings and In-person Theater Events

Coordinator:

Norma Jean Reck

njreck@cs.com

All OLLI members are invited to join The Theater Lovers' Group (TLG), which offers a wide variety of theater events to enjoy year-round. We organize group outings to attend performances (usually matinees) at various theaters in the Virginia-Maryland-D.C. (DMV) metropolitan area. Following each show, we go to a nearby restaurant for an optional dinner where we can socialize with fellow theater lovers. Guests are always welcome at our outings. TLG meetings are being held virtually during the months OLLI is in session. Programs feature guest speakers from and about theater, planning theater outings and programs, or a social outing such as a luncheon. Member input is always welcome. TLG also plans to attend the Contemporary American Theater Festival in Shepherdstown, W.Va. in July and to make day trips to other venues in the surrounding area. We generally carpool and benefit from group rates. To become a TLG member, just go online to the member portal to sign up or email the OLLI registrar at ollireg@gmu.edu. For more information, email njreck@cs.com and also look for TLG news and theatrical events in OLLI's E-News.



Trivia Club

Tuesdays

7:00–9:00pm, Mar. 5–May 28

The Mellow Mushroom Restaurant

Coordinator:

Diane Singleton

dianeesingleton@gmail.com

361-648-0007

We will meet every Tuesday night at the Mellow Mushroom restaurant. The address is 14335 Newbrook Drive, Chantilly, VA 20151. Please come help represent OLLI Mason as a group for Trivia Tuesday. We need your brain power!



What's in the Daily News Club

Mondays, between terms

9:30–11:00, Mar. 4–18, May 20

Zoom

Limit: 80

Moderators:

Dorsey Chescavage

Dick Crawford

John Quinn

Ann Smith

Al Smuzynski

dchescavage@cox.net

dick.crawford@me.com

skinsnats@gmail.com

abcsmith@juno.com

asmuzynski@verizon.net

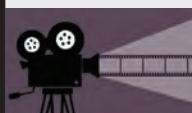
This is a weekly forum for thoughtful, forthright and respectful exchange of information and opinions on current world, US, and regional news. Club participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, economics, the military and other areas. The discussion is always lively, and all participants have an equal opportunity to comment.



OLLI Closing Policy (for in-person classes only)

In-person classes: OLLI is closed when county schools are closed. OLLI follows the Fairfax County Public Schools for Fairfax and Reston sites and the Loudoun County Public Schools for Loudoun sites. When schools announce a delayed opening, OLLI generally opens on time. Exception: at George Mason facilities we adhere to Mason closing decisions. If Mason announces a delay, OLLI may need to cancel the first class of the day. Also, poor conditions at OLLI sites may necessitate class or event cancellations. The most up-to-date information on OLLI delays and closings can be found in your Daily Schedule email, on the OLLI website: olli.gmu.edu, or on the Tallwood office voicemail at (703) 503-3384.

Hybrid classes: Hybrid classes will convert to Zoom only classes if OLLI is closed, following the above guidelines, unless an instructor has notified staff otherwise.



OLLI Mason Recorded Classes

Recorded classes and events may be displayed on the Osher Lifelong Learning Institute at George Mason University (OLLI Mason) website. All material appearing on the website is the property of OLLI Mason. Recordings are accessible to members only. You may not reproduce, distribute, publish, transmit, or in any way exploit any such content, nor may you distribute any part of this content over any network, sell or offer it for sale, or use such content to construct any kind of database. Copying or storing any content is expressly prohibited without the prior written permission of OLLI Mason. For permission to use any content on the website, or to request removal of a recording, please contact olli@gmu.edu.

Membership and Registration

Policies and Procedures

**** Special ****

Spring 2024 Promotion!

OLLI Mason is offering a low fee of \$300 for those new to OLLI Mason who purchase an annual membership.

(Available as a one-time discount to those who have never been OLLI Mason members, are returning to OLLI Mason after a hiatus of more than one year, or have previously been introductory members and have not converted to an annual membership).

**** Special ****

George Mason and Northern Virginia Public School Retirees!

OLLI Mason is offering a one-time annual membership discount of \$150, which may be applied to the special \$300 promotion. George Mason and Northern Virginia Public School retirees who have not previously joined OLLI Mason may receive an annual membership for just \$150.

Two Types of OLLI Mason Membership

Memberships at OLLI Mason can be purchased at any time during the year and are renewed on a rolling basis.

- **Annual membership.** Register for unlimited courses and activities for four consecutive terms. You will be eligible for a Mason ID card to receive certain university privileges and discounts (see page ii). The cost is **\$450**.
- **Introductory membership.** Register for unlimited courses and activities for just one term, one time only. An introductory membership is not available to former OLLI Mason members; it is intended for new members who want to sample OLLI Mason before committing to a full year. Introductory members are not eligible for a Mason ID card or its privileges. The **onetime** introductory membership is **\$150**.

The term date on your catalog mailing label reflects the end of your current membership. If it is time to renew, you may not be able to view classes or register on the member portal until you purchase your membership renewal.

Payment Options

- **Online.** You may join or renew online at **olli.gmu.edu**. Click **Join** at the upper right corner of the home page. Credit card or electronic check payment is required when joining/renewing online.
- **Paper Copy Registration Form.** Using the registration form to join or renew, payment can be made by check or credit card. If paying by check, submit a separate check for each unique expense (class fee, membership renewal, etc.) The form can be mailed to: **Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032**.
- **Installments.** OLLI Mason encourages members to pay in full at time of registration. However, OLLI Mason offers a payment plan of monthly or quarterly installments by credit or debit card. Your application for the installment plan must

be filled out completely, mailed to the address on the form, and approved each year before you can register for courses or activities. For security reasons, we cannot accept the form by email. Installment applications are available on the OLLI Mason website at **https://olli.gmu.edu/installment-plan** or under "Quick Links" in the "DOCSTORE".

- **Financial Assistance.** OLLI Mason offers financial assistance for members or prospective members who find it a hardship to pay the full membership fee. Email the registrar (**ollireg@gmu.edu**) to request an application. All inquiries are kept confidential.

Refunds

Members may only obtain a full refund of their membership fees by applying in writing to the executive director before the beginning of the third week of classes in the first term after enrollment or re-enrollment. We cannot honor proration or refund requests after this deadline.

Prospective Members

Not ready to commit? Prospective members may experience OLLI Mason by sampling one or more classes during any consecutive two weeks of a term, provided the course is not oversubscribed. Check with the registrar at **ollireg@gmu.edu** before attending a class.

REGISTRATION PROCESS

- **Online.** You may register for OLLI Mason courses online at **olli.gmu.edu**. Click **Sign In** at the upper right hand corner of the home page.
- **Mail-In Registration Form.** You may also register for courses using the registration form. The form can be dropped off or mailed to: Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032.

****Emailed registration forms will not be accepted. ****

Membership and Registration, Continued



When to Register

- Members are encouraged to register for courses and events as soon as registration opens (the registration start date is listed on the front and back cover of the catalog and on page ii). Requesting classes early after registration opens offers registrants the best chance to gain access to classes they most desire.
- When you register, you must click **Request Class** or **Add to Cart**. See the instructions below.
- To complete your registration, you must assign a priority to each course –the order of their importance to you. To prioritize classes or to see what you have requested, click **Prioritize/Finalize** on the left side toolbar of the member portal.
- Members are placed in courses based on the priority number they assign to their requests.
- If course enrollment reaches capacity, those who have designated that course as priority one will get in first, then the priority twos, and so on.
- In addition, a random number is assigned by the registration system to each course request. If all members of a priority group cannot be included in the course, those with the lower random numbers will be admitted into the course first. Therefore, requesting a course does not guarantee enrollment.

Ongoing Registration

Ongoing registration continues throughout the term. You may still register for courses, but you will be placed into them on a space-available basis after the class assignment process has occurred (about two weeks before term). After the class assignment process occurs, you will be prompted to “place in cart” rather than “request a course” when registering; the option to prioritize classes will no longer appear.

Request Class vs. Add to Cart

- **Request Class** is the link you click when you are registering for a course. **These require a priority assignment by you.**
- **Add to Cart** is the link you click when you are registering for courses or events in which you are immediately enrolled or which are designated in the catalog as first-come, first-served. This includes all clubs. All **Add to Cart** courses and events are clearly indicated throughout the catalog with the following shopping cart icon: 
- If there is a fee associated with these offerings, they will also be clearly marked with a shopping cart followed by a dollar sign:  \$
Payment for these courses and special events with fees must be made at the time of registration.

- **IMPORTANT NOTE: You are urged to register early for Add to Cart offerings. These popular offerings can fill up quickly, even as early as the first day of registration. Early registration will increase your chances for enrollment.**
- Please remember to go to **View Cart** and **Check Out** to complete enrollment before logging off the member portal.

Making Changes to Your Registration (Add/Drop)

- You may add courses at any time online through the member portal.
- If you are unable to attend a course or event in which you are enrolled, **please drop the course or event as soon as possible.** You may drop courses by filling out the online form at: https://olli.gmu.edu/add_drop_form or by emailing ollireg@gmu.edu.

Emails Confirming Class Enrollment and Payments

You will receive email confirmations for your enrollment in OLLI Mason classes per below. If you want to see your enrollments thereafter, log in to the member portal ([olli.gmu.augusoft.net](https://olli.gmu.edu)) and click “current registrations.”

- Confirmation emails for **Add to Cart** classes will be sent **immediately** after checkout.
- Confirmation emails for **Requested Classes** will be sent once these classes are assigned (about 3 weeks before term). At that time, you will receive a series of emails, including notification of wait-listed courses.
- **Read your confirmation notes carefully.** They will include any updates to courses, including changes in times or dates.
- If you do not have an email address on file, the confirmation notes will be mailed to you.
- Event fees must be paid in full by all participants regardless of any special transit, food, or other arrangements. **OLLI Mason cannot guarantee a refund for courses or events once you have paid and are enrolled.** As such, please consider carefully before signing up for offerings with fees.

Wait Lists

- OLLI Mason does everything possible to maximize enrollment, including changing venues if necessary. If you do not make it into a course, you will be wait-listed based on the priority you assigned to the course.
- When someone drops a course, the OLLI Mason office will contact members on the wait list until the vacancy is filled. In most cases, the office will not leave a message.

OLLI Mason Registration Form: Spring 2024

Mail completed form to: Osher Lifelong Learning Institute
at George Mason University, 4210 Roberts Rd, Fairfax, VA 22032

| | |
|-------------------|----------|
| Date Received | _____ |
| Date Processed | _____ |
| Dues Chk _____ | CC _____ |
| Spec Chk _____ | CC _____ |
| Spec Chk _____ | CC _____ |
| FOLLIChk _____ | CC _____ |
| CC info destroyed | _____ |

Check box if there are changes in your membership information since your last submission.

Membership Information:

Please print and fill in all spaces completely.

Dr. Mr. Mrs. Ms. (CIRCLE ONE) _____, _____, _____
LAST NAME FIRST NAME MI

Alternate First Name for Your Nametag (if different from above) _____

Address _____, _____, _____, _____
STREET CITY STATE ZIPCODE

Phone _____ Cell _____ Email _____

Emergency Contact _____ Relationship _____ Phone _____

Preferred Member Portal User Name _____ License Plate # _____
(for new members only) 6 OR MORE CHARACTERS

Highest Education Level _____

Mason Alumnus? Yes No

Check box if you **DO NOT** want to appear in the directory.

Check box if you **DO NOT** want to receive paper catalog mailings.

How Did You Learn About OLLI Mason?

- | | |
|---|--|
| <input type="checkbox"/> AARP | <input type="checkbox"/> Friend or family |
| <input type="checkbox"/> Ad or article | <input type="checkbox"/> Web search |
| <input type="checkbox"/> Bumper sticker | <input type="checkbox"/> 50+ Expo |
| <input type="checkbox"/> Catalog or flyer | <input type="checkbox"/> Other learning org. |
| <input type="checkbox"/> Other _____ | |

Home Campus: Fairfax Reston Loudoun Zoom (out of area)

Dues and Donations Information (Please check the appropriate boxes below)

- Annual Membership (\$450)** One year of unlimited courses at OLLI Mason.
(Offered to new, renewing, and previous members) \$ _____
- Special Promotional Fee (\$300)** One year of unlimited courses at OLLI Mason.
(Offered as a onetime discount to those new to OLLI Mason who have never been members, are returning after more than one year's hiatus, or were introductory members who haven't converted to annual members) \$ _____
- Annual Membership Discount for George Mason University or Northern Virginia Public School Retirees (\$150)**
(Offered as a onetime discount to those who have never been an annual OLLI Mason member) \$ _____
- Introductory Membership (\$150)** One term of unlimited courses at OLLI Mason.
(Offered ONLY to new members, not renewing or previous members) \$ _____
- Charitable Donation for Friends of OLLI**
 Check if you want to be an anonymous donor. \$ _____
- Purchase OLLI Mason eGift Card (enter at right the value you want on card)**
 Mail eGift Card code to recipient Email eGift Card code to recipient \$ _____
 Recipient's name, address, email: _____
- Total** \$ _____

By signing this form, I agree to all OLLI Mason policies and procedures, and waive OLLI Mason liability for any bus trip or off-site club activity in which I participate:

Signature

Payment Information:

- CHECK payable to Osher Lifelong Learning Institute Installment plan agreement: see page 38 for information.
- eGift Card \$ _____ and Redemption code _____
- I authorize OLLI Mason to charge my Credit Card account listed below:
 VISA MASTERCARD DISCOVER AMERICAN EXPRESS

Credit Card Number: _____

Expiration Date: _____

CVV: _____

Signature: _____

Billing Zip Code: _____

COURSES REQUIRING PRIORITIZATION

Please include the entire course number including the F, L, R, and/or Z.

See page 39 “Request Class” for instructions.

| | Course | Course Name |
|-------------------------|--------|-------------|
| 1st ^{priority} | | |
| 2nd ^{priority} | | |
| 3rd ^{priority} | | |
| 4th ^{priority} | | |
| 5th ^{priority} | | |
| 6th ^{priority} | | |
| 7th ^{priority} | | |
| 8th ^{priority} | | |
| 9th ^{priority} | | |

ADD TO CART/FIRST-COME, FIRST-SERVED OFFERINGS

See page 39 “Add to Cart” for instructions.

For offerings with fees, you must provide payment NOW. If paying by check,

| | Select | Activity Title | Fee | | Select | Activity Title | Fee |
|----------------|--------|------------------------------------|------|----------------|--------|----------------------------------|------|
| 1001 | | A Tour of the U.S. Capitol | \$52 | 1201 | | Board Game Bash | \$12 |
| 1002 | | National Botanic Garden | \$25 | 1202 | | Lucky Leprechaun Lunch | N/A |
| 1003 | | Tree Walk With a Forrester | N/A | 1203/ 1203Z | | A Talk With Doug Kammerer | N/A |
| 1101 | | 60's Dance Party | N/A | 1204 | | Backstage Tour of Wolf Trap | N/A |
| 1102 | | Coffee Klatch | N/A | 1205 | | Kick-Off Coffee | N/A |
| 1103/ 1103Z | | Annual Business Meeting | N/A | 1206 | | National Museum of the U.S. Army | N/A |
| 1104 | | Cinco de Mayo Celebration & Picnic | N/A | 1207 | | Virginia Museum of Fine Arts | \$79 |

CLUB ENROLLMENT: List the clubs in which you wish to enroll.

| | |
|--|--|
| | |
| | |
| | |

OLLI Mason Resources

YouTube **YouTube Channel**

Share the OLLI Mason YouTube channel with everyone you know! Viewers can sample some of our recorded classes to get a taste of OLLI Mason offerings.

<https://www.youtube.com/@OLLIMason>



Website

Visit the OLLI Mason website (olli.gmu.edu) for a wealth of information.

For example:

CATALOG

- **Online version:** olli.gmu.edu/current-catalog/
- **Changes:** olli.gmu.edu/cancelled-changed-courses/
- **Add/drop:** olli.gmu.edu/add_drop_form/

PLANNING RESOURCES

- **For instructors:** olli.gmu.edu/for-our-instructors/
- **For program planners:** olli.gmu.edu/program-planner-resources/
- **Resources for online classes:** olli.gmu.edu/online-classes-resources/
- **Future term dates:** olli.gmu.edu/future-term-dates/

GENERAL INFORMATION

- **Clubs:** olli.gmu.edu/olli-clubs-and-interest-groups/
- **OLLI E-News:** olli.gmu.edu/category/olli-e-news/
- **Donate to OLLI Mason:** olligmu.augusoft.net/, 'Donate to OLLI'

facebook Facebook Page

Connect with each other outside of classes and events, and stay up to date on notifications for local events, some of which you can attend remotely since they are offered in a hybrid format.

<https://www.facebook.com/groups/olli.at.mason>



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Osher Lifelong Learning Institute at George Mason University

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We thank the donors who have so generously given to the Friends of OLLI campaign. From January through December of 2022, 197 Friends of OLLI donated \$73,759.77. As a donor, you are well aware that OLLI programs require funding over and above our usual income streams in order to accommodate equipment updates, literary journals, outreach, landscape beautification, scholarships for Mason students and so much more. OLLI relies on your dedication and support and we are grateful. As we look back at all we have accomplished together in 2022, we proudly acknowledge the donors listed below:

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Pamela Cooper-Smuzynski
Phyllis Held
Nancy Scheeler's 80th Birthday
Josephine Welsh

Spring 2024 Schedule Fairfax (Week 1–Week 4)

Note dates and times.
Before and After Term Programs.

| | | | |
|---|--|--|---|
| Fri. Mar. 1, 10:00-11:00 1201 Board Game Bash | Wed. Mar. 13, 11:30-2:00 1202 Lucky Leprechaun Lunch | Tue. Mar. 19, 12:30-2:00 1203/1203Z Kickoff Lecture with Storm Team4's Doug Kammerer | Wed. Mar. 20, 10:30-11:30 1204 Backstage Tour of Wolftrap |
| Thu. Mar. 21, 10:00-11:30 1205 Kickoff Coffee | | Fri. Mar. 22, 11:00-3:00 1206 National Museum of the United States Army | Wed. May 22, 7:45-4:00 1207 VA Museum of Fine Arts Trip |

Number of sessions are shown in parentheses.
Bolded classes have unusual dates, locations, and/or times.

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|--|---|---|--|---|
| Week 1 | 25-Mar | 26-Mar | 27-Mar | 28-Mar | 29-Mar |
| 9:40-11:05 | F301/301Z Declar'n Indep. (4) F601 Resurrection Jesus (4) | F103/103Z Music Sampler (8) 9:30-10:55 F401 Memoir Writing (4) | F651 GMU Retired Faculty (1) F106/106Z Music Treasures (7) | F404 Sparks Poetry (6) F603/603Z Speak Biblically (4) | |
| 11:50-1:15 | F201 Selling Your Home (3) F802 Cancer Therapies (6) | F402/402Z Theater/Film (4) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) F653 Immanuel Kant (6) | F405/405Z Protest Novel (8) F703/703Z News that's Fit (8) | |
| 2:15-3:40 | F902 Mah Jongg (8) F903/903Z Trip Tales (8) | F105 Watercolor Painting (6) F602 New Testament (6) | F107 The DaVinci Project (1) F108 Dabbling Artists (6) | F110 Singing for Fun (8) F904 CERT Training (1) | |
| Week 2 | 1-Apr | 2-Apr | 3-Apr | 4-Apr | 5-Apr |
| 9:40-11:05 | F301/301Z Declar'n Indep. (4) F601 Resurrection Jesus (4) | F103/103Z Music Sampler (8) 9:30-10:55 F401 Memoir Writing (4) | F106/106Z Music Treasures (7) F203 Estate Planning (4) | F404 Sparks Poetry (6) F603/603Z Speak Biblically (4) | F305/305Z Flying Carriers (1) 11:00-12:25 |
| 11:50-1:15 | F201 Selling Your Home (3) F802 Cancer Therapies (6) | F402/402Z Theater/Film (4) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) F653 Immanuel Kant (6) | F405/405Z Protest Novel (8) F703/703Z News that's Fit (8) | F111/111Z Len Bernstein 1:00-2:30 |
| 2:15-3:40 | F903/903Z Trip Tales (8) F902 Mah Jongg (8) | F105 Watercolor Painting (6) F602 New Testament (6) | F108 Dabbling Artists (6) F804 Aging in Place (1) | F110 Singing for Fun (8) F905 Underwater Wonders (1) | |
| Week 3 | 8-Apr | 9-Apr | 10-Apr | 11-Apr | 12-Apr |
| 9:40-11:05 | F301/301Z Declar'n Indep. (4) | F103/103Z Music Sampler (8) 9:30-10:55 F401 Memoir Writing (4) | F106/106Z Music Treasures (7) F203 Estate Planning (4) | F404 Sparks Poetry (6) F603/603Z Speak Biblically (4) | |
| 11:50-1:15 | F201 Selling Your Home (3) F802 Cancer Therapies (6) | F402/402Z Theater/Film (4) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) F653 Immanuel Kant (6) | F405/405Z Protest Novel (8) F703/703Z News that's Fit (8) | |
| 2:15-3:40 | F902 Mah Jongg (8) F903/903Z Trip Tales (8) | F105 Watercolor Painting (6) F602 New Testament (6) | F108 Dabbling Artists (6) F306 Rebel Chieftain (1) | F110 Singing for Fun (8) F409/409Z War Romance (1) | |
| Week 4 | 15-Apr | 16-Apr | 17-Apr | 18-Apr | 19-Apr |
| 9:40-11:05 | F301/301Z Declar'n Indep. (4) F601 Resurrection Jesus (4) | F103/103Z Music Sampler (8) 9:30-10:55 F401 Memoir Writing (4) | F106/106Z Music Treasures (7) F203 Estate Planning (4) | F404 Sparks Poetry (6) F603/603Z Speak Biblically (4) | |
| 11:50-1:15 | F802 Cancer Therapies (6) | F402/402Z Theater/Film (4) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) F653 Immanuel Kant (6) | F405/405Z Protest Novel (8) F703/703Z News that's Fit (8) | 1101 60s Dance Party 3:00-5:00 |
| 2:15-3:40 | F902 Mah Jongg (8) F903/903Z Trip Tales (8) | F105 Watercolor Painting (6) F602 New Testament (6) | F108 Dabbling Artists (6) F411/411Z Movie Man (1) | F110 Singing for Fun (8) | |

Spring 2024 Schedule Fairfax (Week 5–Week 8)

Number of sessions are shown in parentheses.
Bolded classes have unusual dates, locations, and/or times.

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|---|--|---|--|---|
| Week 5 | 22-Apr | 23-Apr | 24-Apr | 25-Apr | 26-Apr |
| 9:40–11:05 | F808 Spatial Geography (3) F601 Resurrection Jesus (4) | F103/103Z Music Sampler (8) 9:30-10:55 F307/307Z Gen. Longstreet (4) | F106/106Z Music Treasures (7) F203 Estate Planning (4) | F404 Sparks Poetry (6) F309 WWI: Tragedy (4) | 1102 Grab n Gab Coffee Klatch 10:00-11:30 |
| 11:50–1:15 | F802 Cancer Therapies (6) F807/807Z Butterflies (1) | F666/666Z Democracy (3) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) F652 GMU Retired Faculty (1) | F405/405Z Protest Novel (8) F703/703Z News that's Fit (8) | F310/310Z Communist Rule (1) 11:00-12:25 |
| 2:15-3:40 | F902 Mah Jongg (8) F903/903Z Trip Tales (8) | F105 Watercolor Painting (6) F602 New Testament (6) | F108 Dabbling Artists (6) F809 Healthcare Scams (1) | F110 Singing for Fun (8) F906 Get To Know You (4) | 1001 Capitol Hill Tour 9:00-3:00 |
| Week 6 | 29-Apr | 30-Apr | 1-May | 2-May | 3-May |
| 9:40–11:05 | F204 Copyright, Etc. (3) F808 Spatial Geography (3) | F103/103Z Music Sampler (8) 9:30-10:55 F307/307Z Gen. Longstreet (4) | F106/106Z Music Treasures (7) F908 Recycling in Ffx Cty (1) | F404 Sparks Poetry (6) F309 WWI: Tragedy (4) | 1103/1103Z Annual Meeting 10:00 |
| 11:50–1:15 | F802 Cancer Therapies (6) F907/907Z Cricket (3) | F666/666Z Democracy (3) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) F653 Immanuel Kant (6) | F405/405Z Protest Novel (8) F703/703Z News that's Fit (8) | 1104 Cinco de Mayo Picnic 1:00-2:30 |
| 2:15-3:40 | F902 Mah Jongg (8) F903/903Z Trip Tales (8) | F105 Watercolor Painting (6) F602 New Testament (6) | F108 Dabbling Artists (6) F413/413Z Sacred Voices (1) | F110 Singing for Fun (8) F906 Get To Know You (4) | |
| Week 7 | 6-May | 7-May | 8-May | 9-May | 10-May |
| 9:40–11:05 | F204 Copyright, Etc. (3) F808 Spatial Geography (3) | F103/103Z Music Sampler (8) 9:30-10:55 F307/307Z Gen. Longstreet (4) | F106/106Z Music Treasures (7) F812 Meditation Mindfulness (2) | F309 WWI: Tragedy (4) F658 Socio-Political Stress (2) | F659/659Z Youth Justice (1) 11:00-12:25 |
| 11:50–1:15 | F907/907Z Cricket (3) | F666/666Z Democracy (3) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) F653 Immanuel Kant (6) | F405/405Z Protest Novel (8) F703/703Z News that's Fit (8) | F660 Managing Emotions (1) 1:00-2:30 |
| 2:15-3:40 | F811 Medicare, Part A (1) F902 Mah Jongg (8) | | | F110 Singing for Fun (8) F906 Get To Know You (4) | 1002 National Botanic Garden 10:00-2:00 |
| Week 8 | 13-May | 14-May | 15-May | 16-May | 17-May |
| 9:40–11:05 | F204 Copyright, Etc. (3) F813 Stop Mumbling (1) | F103/103Z Music Sampler (8) 9:30-10:55 F307/307Z Gen. Longstreet (4) | F812 Meditation Mindfulness (2) | F658 Socio-Political Stress (2) F309 WWI: Tragedy (4) | |
| 11:50–1:15 | F907/907Z Cricket (3) F909/909Z SHAPE (1) | F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) | F405/405Z Protest Novel (8) F703/703Z News that's Fit (8) | 1003 Walk with Forester 1:00-2:30 |
| 2:15-3:40 | F902 Mah Jongg (8) | | F415 Nancy Drew (1) 2:00-3:25 F814/814Z Bladder a Brat? (1) | F110 Singing for Fun (8) F906 Get To Know You (4) | |

Spring 2024 Schedule Loudoun and Reston

Tue. Mar. 12 and Mar. 19, 2:15-3:40
R818 Reston Springs to Life (4)

Number of sessions are shown in parentheses.
Bolded classes have unusual dates, locations, and/or times.

| | Rose Gallery/Nature Center | Rose Gallery | Loudoun/CenterStage |
|---------------|---|--------------------------------|--|
| TIME | Tuesday | Wednesday | Thursday |
| Week 1 | 26-Mar | 27-Mar | 28-Mar |
| 9:40–11:05 | | R663/663Z Culture Wars (8) | L311/311Z Frontiersmen (4) |
| 11:50–1:15 | | R115/115Z Glories of Spain (2) | L114 History of Quilting (2) |
| 2:15-3:40 | R819/819Z Panama Canal (4) | R664/664Z Jung, Day, Hope (4) | L815/815Z Life on Earth (8) |
| Week 2 | 2-Apr | 3-Apr | 4-Apr |
| 9:40–11:05 | | R663/663Z Culture Wars (8) | L311/311Z Frontiersmen (4) |
| 11:50–1:15 | | R115/115Z Glories of Spain (2) | L114 History of Quilting (2) |
| 2:15-3:40 | R819/819Z Panama Canal (4) R818 Reston Springs to Life (4) | R664/664Z Jung, Day, Hope (4) | R116 Meet the Artists (5) L815/815Z Life on Earth (8) |
| Week 3 | 9-Apr | 10-Apr | 11-Apr |
| 9:40–11:05 | | R663/663Z Culture Wars (8) | L311/311Z Frontiersmen (4) |
| 11:50–1:15 | | R820 History of Cancer (2) | L661 TED Talks (3) |
| 2:15-3:40 | R819/819Z Panama Canal (4) R818 Reston Springs to Life (4) | R664/664Z Jung, Day, Hope (4) | R116 Meet the Artists (5) L815/815Z Life on Earth (8) |
| Week 4 | 16-Apr | 17-Apr | 18-Apr |
| 9:40–11:05 | | R663/663Z Culture Wars (8) | L311/311Z Frontiersmen (4) |
| 11:50–1:15 | | R820 History of Cancer (2) | L661 TED Talks (3) |
| 2:15--3:40 | R819/819Z Panama Canal (4) | R664/664Z Jung, Day, Hope (4) | R116 Meet the Artists (5) L815/815Z Life on Earth (8) |
| Week 5 | 23-Apr | 24-Apr | 25-Apr |
| 9:40–11:05 | | R663/663Z Culture Wars (8) | L313 Ritchie Boys (1) |
| 11:50–1:15 | | R665 To Catch a Spy (1) | L661 TED Talks (3) |
| 2:15--3:40 | R315/315Z Park Rangers (4) | R316/316Z John Mosby (4) | R116 Meet the Artists (5) L815/815Z Life on Earth (8) |
| Week 6 | 30-Apr | 1-May | 2-May |
| 9:40–11:05 | | R663/663Z Culture Wars (8) | L205/205Z Cryptocurrency (1) |
| 11:50–1:15 | | R317/317Z Holy Sites (3) | L816/816Z Great Accelerate (2) |
| 2:15-3:40 | R315/315Z Park Rangers (4) | R316/316Z John Mosby (4) | R116 Meet the Artists (5) L815/815Z Life on Earth (8) |
| Week 7 | 7-May | 8-May | 9-May |
| 9:40–11:05 | | R663/663Z Culture Wars (8) | L314/314Z MacArthur, WWII (1) |
| 11:50–1:15 | | R317/317Z Holy Sites (3) | L816/816Z Great Accelerate (2) |
| 2:15--3:40 | R315/315Z Park Rangers (4) | R316/316Z John Mosby (4) | L815/815Z Life on Earth (8) |
| Week 8 | 14-May | 15-May | 16-May |
| 9:40–11:05 | | R663/663Z Culture Wars (8) | L817/817Z Artificial Intel (1) |
| 11:50–1:15 | | R317/317Z Holy Sites (3) | L815/815Z Life on Earth (8) |
| 2:15--3:40 | R315/315Z Park Rangers (4) | R316/316Z John Mosby (4) | |

Spring 2024 Schedule Zoom (Week 1–Week 4)

Tue. Mar. 19, 12:30-2:00
1203/1203Z Kickoff Lecture with
Storm Team4's Doug Kammerer

Number of sessions are shown in parentheses.
Bolded classes have unusual dates, locations, and/or times.

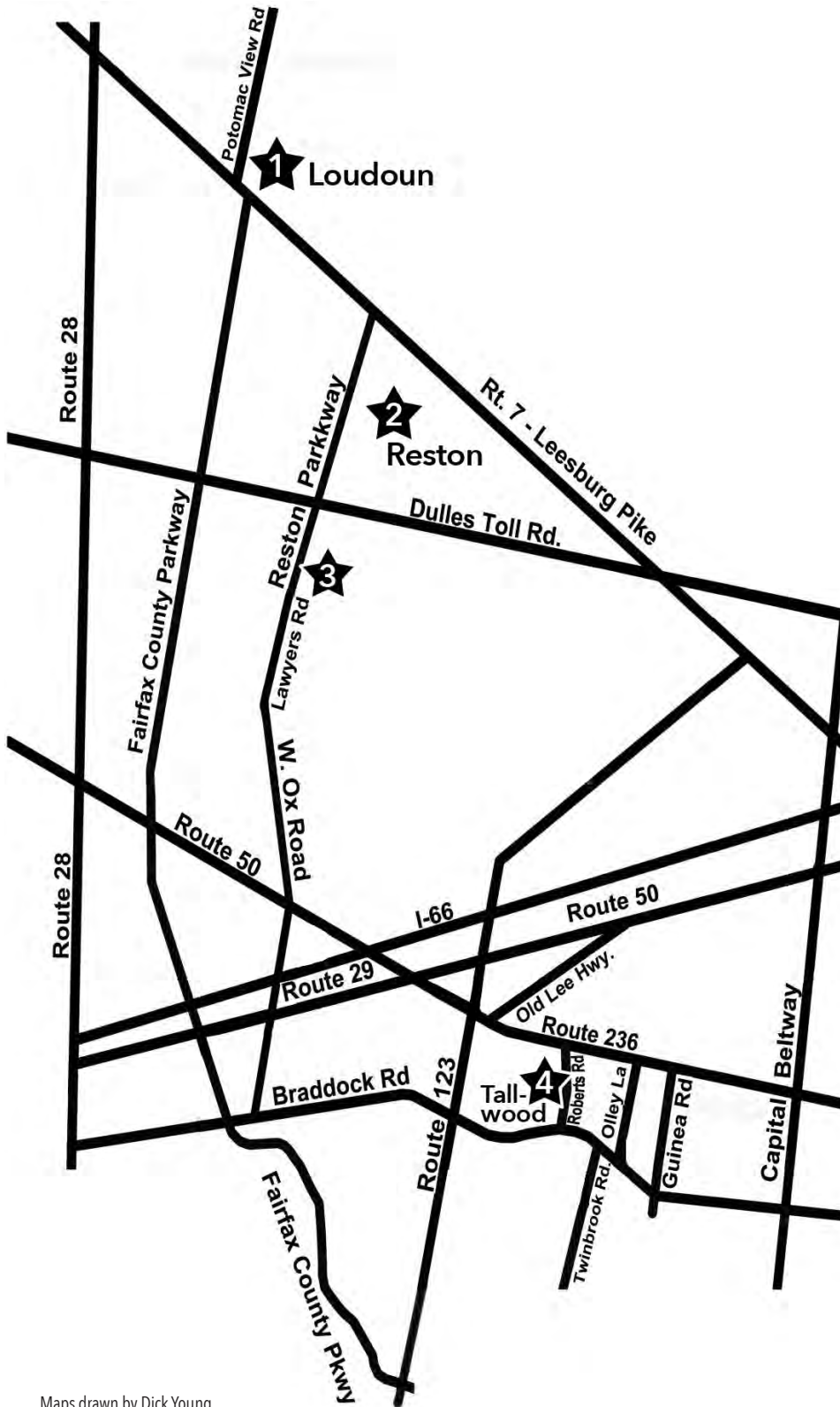
| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|---|--|---|--|---|
| Week 1 | 25-Mar | 26-Mar | 27-Mar | 28-Mar | 29-Mar |
| 9:40–11:05 | F301/301Z Declar'n Indep. (4) R662Z Big Issues (8) F701Z Daily News (8) 9:30-11:00 F901Z Monday Lectures (8) | F103/103Z Music Sampler (8) 9:30-10:55 F104Z Poems/Paintings (8) F803Z TaiChi, Qigong, Dao (2) | F106/106Z Music Treasures (7) L416Z Writer's Workshop (8) R663/663Z Culture Wars (8) | L311/311Z Frontiersmen (4) F502Z Intermediate Spanish (8) F603/603Z Speak Biblically (4) | |
| 11:50–1:15 | F101Z Self Portraits (4) F302Z Nuremburg (2) F801Z Plant-Rich Diets (1) | F402/402Z Theater/Film (4) F501Z Japanese Culture (8) F702/702Z Great Decisions (8) | R115/115Z Glories of Spain (2) F202/202Z Invest. Forum (8) R417Z Literary Roundtable (8) | F405/405Z Protest Novel (8) F406Z Wanna Write Poetry (8) F703/703Z News that's Fit (8) | |
| 2:15-3:40 | F102Z Virginia Opera (3) F903/903Z Trip Tales (8) | F403Z Poetry Workshop (8) R819/819Z Panama Canal (4) | F109Z This is Sinatra! (6) R664/664Z Jung, Day, Hope (4) F418Z Memorial Days (1) | F407Z Politics & Novel (2) F503Z Latin IV (8) L815/815Z Life on Earth (8) | |
| Week 2 | 1-Apr | 2-Apr | 3-Apr | 4-Apr | 5-Apr |
| 9:40–11:05 | F301/301Z Declar'n Indep. (4) R662Z Big Issues (8) F701Z Daily News (8) 9:30-11:00 F901Z Monday Lectures (8) | F103/103Z Music Sampler (8) 9:30-10:55 F104Z Poems/Paintings (8) F803Z TaiChi, Qigong, Dao (2) | F106/106Z Music Treasures (7) L416Z Writer's Workshop (8) R663/663Z Culture Wars (8) | L311/311Z Frontiersmen (4) F502Z Intermediate Spanish (8) F603/603Z Speak Biblically (4) | F305/305Z Flying Carriers (1) 11:00-12:25 |
| 11:50–1:15 | F101Z Self Portraits (4) F302Z Nuremburg (2) F654Z Armchair Detective (3) | F402/402Z Theater/Film (4) F501Z Japanese Culture (8) F702/702Z Great Decisions (8) | R115/115Z Glories of Spain (2) F202/202Z Invest. Forum (8) R417Z Literary Roundtable (8) | F405/405Z Protest Novel (8) F406Z Wanna Write Poetry (8) F703/703Z News that's Fit (8) | F111/111Z Len Bernstein (1) 1:00-2:30 |
| 2:15-3:40 | F102Z Virginia Opera (3) F903/903Z Trip Tales (8) | F403Z Poetry Workshop (8) R819/819Z Panama Canal (4) | F109Z This is Sinatra! (6) R664/664Z Jung, Day, Hope (4) F304Z Vietnam War (1) | F407Z Politics & Novel (2) F503Z Latin IV (8) L815/815Z Life on Earth (8) | |
| Week 3 | 8-Apr | 9-Apr | 10-Apr | 11-Apr | 12-Apr |
| 9:40–11:05 | F301/301Z Declar'n Indep. (4) R662Z Big Issues (8) F701Z Daily News (8) 9:30-11:00 F901Z Monday Lectures (8) | F103/103Z Music Sampler (8) 9:30-10:55 F104Z Poems/Paintings (8) F805Z Smart TV (1) | F106/106Z Music Treasures (7) L416Z Writer's Workshop (8) R663/663Z Culture Wars (8) | L311/311Z Frontiersmen (4) F502Z Intermediate Spanish (8) F603/603Z Speak Biblically (4) | |
| 11:50–1:15 | F101Z Self Portraits (4) F408Z Something Wicked (6) F654Z Armchair Detective (3) | F402/402Z Theater/Film (4) F501Z Japanese Culture (8) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) R417Z Literary Roundtable (8) | F405/405Z Protest Novel (8) F406Z Wanna Write Poetry (8) F703/703Z News that's Fit (8) | F410Z Poetry Reading (1) 1:00-2:30 |
| 2:15-3:40 | F102Z Virginia Opera (3) F903/903Z Trip Tales (8) | F403Z Poetry Workshop (8) R819/819Z Panama Canal (4) | F109Z This is Sinatra! (6) R664/664Z Jung, Day, Hope (4) F806Z Depression/Suicide (1) | F409/409Z War Romance (1) F503Z Latin IV (8) L815/815Z Life on Earth (8) | |
| Week 4 | 15-Apr | 16-Apr | 17-Apr | 18-Apr | 19-Apr |
| 9:40–11:05 | F301/301Z Declar'n Indep. (4) R662Z Big Issues (8) F701Z Daily News (8) 9:30-11:00 F901Z Monday Lectures (8) | F103/103Z Music Sampler (8) 9:30-10:55 F104Z Poems/Paintings (8) | F106/106Z Music Treasures (7) L416Z Writer's Workshop (8) R663/663Z Culture Wars (8) | L311/311Z Frontiersmen (4) F502Z Intermediate Spanish (8) F603/603Z Speak Biblically (4) | |
| 11:50–1:15 | F101Z Self Portraits (4) F408Z Something Wicked (6) F654Z Armchair Detective (3) | F402/402Z Theater/Film (4) F501Z Japanese Culture (8) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) R417Z Literary Roundtable (8) | F405/405Z Protest Novel (8) F406Z Wanna Write Poetry (8) F703/703Z News that's Fit (8) | |
| 2:15-3:40 | F903/903Z Trip Tales (8) | F403Z Poetry Workshop (8) R819/819Z Panama Canal (4) | F109Z This is Sinatra! (6) F412Z Conversation Poetry (1) F411/411Z Movie Man (1) R664/664Z Jung, Day, Hope (4) | F503Z Latin IV (8) L815/815Z Life on Earth (8) | |

Spring 2024 Schedule Zoom (Week 5–Week 8)

Number of sessions are shown in parentheses.
Bolded classes have unusual dates, locations, and/or times.

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|--|--|--|---|
| Week 5 | 22-Apr | 23-Apr | 24-Apr | 25-Apr | 26-Apr |
| 9:40–11:05 | R662Z Big Issues (8) F701Z Daily News (8) 9:30-11:00 F901Z Monday Lectures (8) | F103/103Z Music Sampler (8) 9:30-10:55 F104Z Poems/Paintings (8) F307/307Z Gen. Longstreet (4) | F106/106Z Music Treasures (7) L416Z Writer's Workshop (8) R663/663Z Culture Wars (8) | F502Z Intermediate Spanish (8) L605Z Tibetan Buddhism (4) | F310/310Z Communist Rule 11:00-12:25 |
| 11:50–1:15 | F408Z Something Wicked (6) F807/807Z Butterflies (1) | F501Z Japanese Culture (8) F604Z Golden Rule (3) F655Z TED Talks (4) F666/666Z Democracy (3) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) R417Z Literary Roundtable (8) | F405/405Z Protest Novel (8) F406Z Wanna Write Poetry (8) F703/703Z News that's Fit (8) | F656Z Building Bridges (1) 1:00-2:30 |
| 2:15-3:40 | F903/903Z Trip Tales (8) | L312Z Year 1877 (4) R315/315Z Park Rangers (4) F403Z Poetry Workshop (8) | F109Z This is Sinatra! (6) F308Z American Secrets (1) R316/316Z John Mosby (4) | F503Z Latin IV (8) L815/815Z Life on Earth (8) | |
| Week 6 | 29-Apr | 30-Apr | 1-May | 2-May | 3-May |
| 9:40–11:05 | R662Z Big Issues (8) F701Z Daily News (8) 9:30-11:00 F901Z Monday Lectures (8) | F103/103Z Music Sampler (8) 9:30-10:55 F104Z Poems/Paintings (8) F307/307Z Gen. Longstreet (4) | F106/106Z Music Treasures (7) L416Z Writer's Workshop (8) R663/663Z Culture Wars (8) | L205/205Z Cryptocurrency (1) F414Z Self Publishing (3) F502Z Intermediate Spanish (8) L605Z Tibetan Buddhism (4) | 1103/1103Z Annual Meeting 10:00 |
| 11:50–1:15 | F408Z Something Wicked (6) F907/907Z Cricket (3) F705Z The '24 Election (1) | F501Z Japanese Culture (8) F604Z Golden Rule (3) F655Z TED Talks (4) F666/666Z Democracy (3) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) R317/317Z Holy Sites (3) R417Z Literary Roundtable (8) | F405/405Z Protest Novel (8) F406Z Wanna Write Poetry (8) F703/703Z News that's Fit (8) L816/816Z Great Accelerate (2) | |
| 2:15-3:40 | F821Z Beyond AI (3) F903/903Z Trip Tales (8) | L312Z Year 1877 (4) R315/315Z Park Rangers (4) F403Z Poetry Workshop (8) | F109Z This is Sinatra! (6) F413/413Z Sacred Voices (1) R316/316Z John Mosby (4) | F503Z Latin IV (8) F657Z Heritage Month (1) L815/815Z Life on Earth (8) | |
| Week 7 | 6-May | 7-May | 8-May | 9-May | 10-May |
| 9:40–11:05 | R662Z Big Issues (8) F701Z Daily News (8) 9:30-11:00 F901Z Monday Lectures (8) | F103/103Z Music Sampler (8) 9:30-10:55 F104Z Poems/Paintings (8) F307/307Z Gen. Longstreet (4) | F106/106Z Music Treasures (7) L416Z Writer's Workshop (8) R663/663Z Culture Wars (8) | L314/314Z MacArthur, WWII (1) F414Z Self Publishing (3) F502Z Intermediate Spanish (8) L605Z Tibetan Buddhism (4) | F659/659Z Youth Justice (1) 11:00-12:25 |
| 11:50–1:15 | F408Z Something Wicked (6) F810Z Broadband (1) F907/907Z Cricket (3) | F501Z Japanese Culture (8) F604Z Golden Rule (3) F655Z TED Talks (4) F666/666Z Democracy (3) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) R317/317Z Holy Sites (3) R417Z Literary Roundtable (8) | F405/405Z Protest Novel (8) F406Z Wanna Write Poetry (8) F703/703Z News that's Fit (8) L816/816Z Great Accelerate (2) | |
| 2:15-3:40 | F821Z Beyond AI (3) F903Z Trip Tales (8) | L312Z Year 1877 (4) R315/315Z Park Rangers (4) F403Z Poetry Workshop (8) | F112Z London Musicals (1) R316/316Z John Mosby (4) | F503Z Latin IV (8) L815/815Z Life on Earth (8) | |
| Week 8 | 13-May | 14-May | 15-May | 16-May | 17-May |
| 9:40–11:05 | R662Z Big Issues (8) F701Z Daily News (8) 9:30-11:00 F901Z Monday Lectures (8) | F103/103Z Music Sampler (8) 9:30-10:55 F104Z Poems/Paintings (8) F307/307Z Gen. Longstreet (4) | F113Z Museum of Fine Arts (1) L416Z Writer's Workshop (8) R663/663Z Culture Wars (8) | F414Z Self Publishing (3) F502Z Intermediate Spanish (8) L605Z Tibetan Buddhism (4) L817/817Z Artificial Intel (1) | |
| 11:50–1:15 | F408Z Something Wicked (6) F907/907Z Cricket (3) F909/909Z SHAPE (1) | F501Z Japanese Culture (8) F655Z TED Talks (4) F702/702Z Great Decisions (8) | F202/202Z Invest. Forum (8) R317/317Z Holy Sites (3) R417Z Literary Roundtable (8) | F405/405Z Protest Novel (8) F406Z Wanna Write Poetry (8) F703/703Z News that's Fit (8) | F704Z Chinese Agreement (1) 1:00-2:30 |
| 2:15-3:40 | F821Z Beyond AI (3) F903Z Trip Tales (8) | L312Z Year 1877 (4) R315/315Z Park Rangers (4) F403Z Poetry Workshop (8) | R316/316Z John Mosby (4) F814/814Z Bladder a Brat? (1) | F503Z Latin IV (8) L815/815Z Life on Earth (8) | |

Guide to In-Person Program Locations



Maps drawn by Dick Young

1. Mason-in-Loudoun is located at 21335 Signal Hill Plaza, Sterling, VA 20164 diagonally across Route 7 from the Potomac Run Shopping Center.

2. Reston Community Center (RCC) Lake Anne (1609 Washington Plaza, North, Reston, VA 20190) is located at the northern end of Lake Anne off North Shore Drive. If using an electronic map, set destination as the Lake Anne Mobil (11410 N. Shore Drive, Reston, VA 20190) across the street from the entrance to the Lake Anne parking lot.

3. Reston Community Center (RCC) Hunters Woods is in the Hunters Woods Village Center. If using an electronic map, use the Ledo Pizza address (2254 Hunters Woods Plaza, Reston, VA 20191). A walkway beside Ledo Pizza leads to a plaza and the community center.

4. Fairfax - Tallwood is located at 4210 Roberts Road, Fairfax, VA 22032. Roberts Road can be accessed from Route 236 (Main Street) or Braddock Road. Additional parking is available in the swimming pool lot next door.

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|----------------------------|-------------------------------|
| 1. Mason-in-Loudoun | 3. RCC - Hunters Woods |
| 2. RCC - Lake Anne | 4. Fairfax - Tallwood |

Out and About with OLLI Mason Members

Whether it's marching in the Fairfax Fourth of July parade, maintaining the beautiful grounds at OLLI Mason's Fairfax campus, or joining a Walk & Talk Club outing, OLLI Mason members stay active and epitomize our motto, "Stay Curious—Learn Every Day"



Photos provided by OLLI Mason members



**Stay Curious—
Learn Every Day**



OLLI



Osher Lifelong Learning Institute
4210 Roberts Road
Fairfax, VA 22032
olli.gmu.edu

Spring 2024 Registration: Begins February 20 at 9 am and continues throughout the term

Term Dates

Spring 2024: March 25 - May 17

Summer 2024: June 24 - August 2

Fall 2024: September 23 - November 15

Winter 2025: January 21 - February 14

Living Well and Learning Every Day.

