

Osher Lifelong Learning Institute



olli.gmu.edu

George Mason University

Fairfax • Reston • Loudoun • Online



**Summer 2024 Registration:
Begins May 14**

SUMMER 2024 CATALOG

June 24 – August 2



BALDWIN100 READS



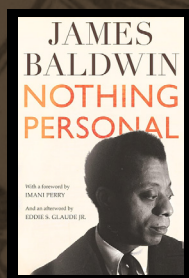
Baldwin100-Reads is a community reading list of James Baldwin's work, compiled on our website to guide a widespread, simultaneous exploration of Baldwin. Every season, we will have a new book by James Baldwin to read, both fiction and nonfiction. Use the hashtag, #baldwin100reads on Instagram to join a community-wide reading group!

Scan the QR code to find out more!

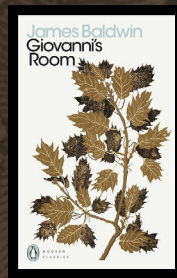


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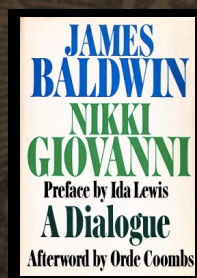
Spring 2024



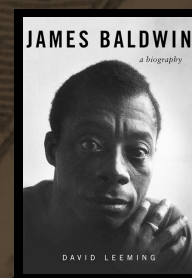
Nothing Personal
(1964)



Giovanni's Room
(1956)

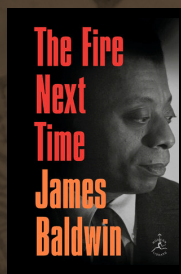


A Dialog
(with Nikki Giovanni)
(1971)

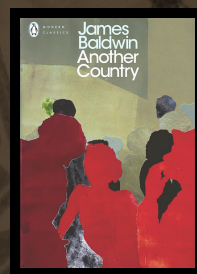


*James Baldwin:
A Biography*
by David Leeming
(1994)

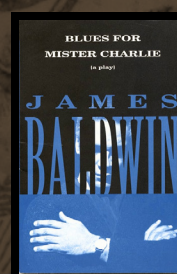
Summer 2024



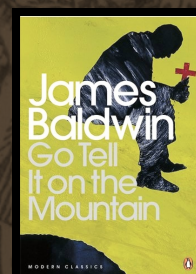
*The Fire
Next Time*
(1963)



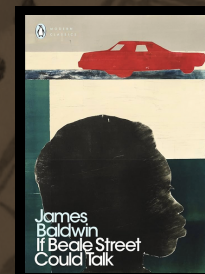
*Another
Country*
(1962)



*Blues for
Mister Charlie*
(1964)



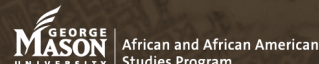
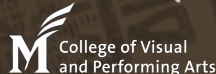
*Go Tell it on
the Mountain*
(1953)



*If Beale Street
Could Talk*
(1974)

Fall 2024

Spring 2025



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Cover photo by Dave Gundry

The cover photo is titled "Falun Dafa Drums". Falun Dafa is a religious movement from China, formed in the early 1990s, and is currently banned there. This performing group marched in Fairfax City's 2021 Fourth of July Parade, impressing onlookers with their confident, determined expressions.

Photographers say "if it's red take a photo". Well, a nice bright cheery yellow also works!

All About OLLI Mason

Who We Are

The Osher Lifelong Learning Institute at George Mason University (OLLI Mason) offers daytime courses, lectures, special events, and other activities during eight-week terms in the spring and fall, a four-week winter term, and a six-week summer term. There are no exams, no credits, no college degree required or offered, and no age threshold.

Course leaders are members of OLLI Mason, Mason faculty, or others who enjoy sharing their knowledge. OLLI Mason is particularly proud of all of its volunteer teachers and speakers, many of whom are well-known experts in their fields. The views expressed are those of the instructors and do not reflect the official policy or position of OLLI Mason or George Mason University.

Members pay dues and may attend as many activities as they wish, subject to space availability. There may be charges for materials or for some special events.

OLLI Mason publishes an email newsletter (*OLLI E-News*), a catalog each term, an online membership directory, and a *Member Handbook*. An annual literary journal, *OLLI Ink*, and, from time to time, *The Poets of OLLI* collection, are also published.

OLLI Mason is one of many Osher Lifelong Learning Institutes affiliated with the Bernard Osher Foundation and is also a member of the Road Scholar Institute Network. OLLI Mason is a nonprofit, equal-opportunity 501(c)(3) organization and does not discriminate on any basis.

How to Join

To register online, go to olli.gmu.edu or complete the registration form on **page 24** and provide it to OLLI Mason with payment.

Give the Gift of OLLI

What better way to show appreciation for someone special than by giving an OLLI Mason eGift card? The card can be purchased in any amount to apply toward an OLLI Mason membership or event/materials fee. It makes the perfect retirement, birthday, or holiday gift. The gift of OLLI Mason is great: captivating classes, fabulous field trips, and sensational socials to indulge both mind and soul! Purchase the eGift card on the OLLI Mason member portal (olligmu.augusoft.net) or by emailing the OLLI Mason registrar: ollireg@gmu.edu.

George Mason University Privileges

OLLI Mason members with an annual membership are entitled to a George Mason University ID card, which provides library privileges, discounted Mason aquatic and fitness membership, and other benefits (subject to Mason policies). A free Mason email account with access to the Mason intranet is also available. To apply for an ID card/G Number, fill out an online application, available at <https://olli.gmu.edu/university-privileges/>

Status of Summer Term 2024

To optimize the OLLI Mason experience for everyone, OLLI Mason will provide in-person, Zoom, and hybrid offerings. Should you wish to experience OLLI Mason from the comfort of your home, you will have access to many excellent virtual offerings. If you plan to attend in-person offerings, we ask that you be aware of and are prepared to follow our most up-to-date health and safety protocols found on our website:

<https://olli.gmu.edu/health-and-safety/>

Membership Promotions

Summer 2024 Promotion: a one-time low fee of \$300 for those new to OLLI Mason who purchase an annual membership (those who have never been OLLI Mason members, are returning after a hiatus of more than a year, or have previously been introductory members and are converting to annual members).

George Mason and Northern Virginia Public School Retirees: a one-time annual membership discount of \$150, which may be applied to the special \$300 promotion (for those new to OLLI Mason).

**** IMPORTANT REGISTRATION DATES ****

**Summer term registration begins on
May 14th at 9:00 am and
continues throughout the term.**

Register online at olli.gmu.edu

Registrations also may be mailed to:
Osher Lifelong Learning Institute
4210 Roberts Rd., Fairfax, VA 22032

**Members are encouraged to
register before May 24th to
determine the viability of classes.**

OLLI Mason Organization

OLLI Mason is a member-driven organization with a Board of Directors elected by the membership and representing all OLLI Mason members. All activities are managed by an executive director, staff, and volunteers.

Board of Directors

<i>President</i>	Lillian Brooks
<i>Vice President</i>	Dick Crawford
<i>Secretary</i>	Bob Heyer
<i>Treasurer</i>	Debbie Engleson
Toni Acton	Richard Crawford
Marilyn Harriman	Debby Mossburg
Camille Hodges	Peter Ansoff
Bob Heyer	Zachary Teich
Michele Romano	Debbie Engleson
Carolyn Wyatt	Bonnie Nelson
Lillian Brooks	Harry Johnson
Emily Roudebush	

Jennifer Disano, *Executive Director*

Other Key OLLI Mason Positions

<i>Audiovisual Support</i>	Paul Howard
<i>Development</i>	Al Smuzynski
<i>OLLI E-News</i>	Paul Van Hemel
<i>Facilities</i>	Mel Russell
<i>Finance</i>	Dave Osterman
<i>Governance</i>	Peter Ansoff
<i>Landscaping</i>	Vince Modugno
<i>Member Services, Office Volunteers</i>	Toni Acton
<i>Member Services, Chair</i>	Toni Acton
<i>Membership Engagement</i>	Bonnie Nelson
	Debbie Engleson
<i>Outreach</i>	Debby Mossburg
<i>Strategic Planning</i>	Zachary Teich
<i>Website</i>	Ernestine Meyer
<i>Health and Safety Advisory</i>	Michele Romano

OLLI Mason Program Planning

Committee Chairs.....Doris Bloch, Beth Lambert, Kathryn Russell, Russell Stone, Bill Taylor
Loudoun Program... Vera Wentworth, Barbara Wilan
Reston Program Anita Lasansky
Program Associates Nancy Klein, Shannon Kim Morrow
 Program planning subject group chairs are listed at the beginning of each subject section of the catalog.

Catalog Production

Production Team..... Nancy Klein
 Shannon Kim Morrow, Stefan Hansen

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 bthrower@gmu.edu

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 Website..... olli.gmu.edu
 Member portal..... olligmu.augusoft.net
 Mason mail stop number MSN 5C1

Courses: June 24 - August 2 Fairfax/Loudoun/Reston/Zoom

Fairfax courses are indicated by the prefix "F," Loudoun by an "L," Reston by an "R," and Zoom by the suffix "Z."

Courses will be offered in various formats for the term. **Please carefully note the title format for each course** when considering your registration list. In-person offerings will follow the traditional title format (campus designation, course number; ex: **F101**). Zoom only offerings will follow the traditional title format but will include a 'Z' after the course number; ex: **F101Z**. Hybrid offerings will have both in-person and virtual title formats listed in the course description (ex: **F101 / F101Z**). You must decide which format you prefer when registering for hybrid courses and select the corresponding title format.

100 Art & Music

Program Planning Group Chairs:

Linda Harber, Carolyn Modugno, Christine Narbut

F101Z "A Painter Always Paints Himself": A History of Self-Portraits, Part Two

Mondays, 11:50–1:15, June 24–July 15

Four Sessions

Instructor: Christopher With

This second of a planned three part series explores self-portraits from the seventeenth through the nineteenth century. This was a momentous period in history—and art history—of immense change and evolution. Wars ravaged the country side; new ideas sprouted to question received tradition; and rebellion changed rulership from monarchy to democracy. To unpack how this did—and did not—impact visual art, each session will focus on one particular self-portrait by a male or female painter. After discussing the work, the person's biography and basic intellectual tenets will be explored; the self-portrait placed in the artist's overall oeuvre; its importance within the genre of self-portraits elucidated; and, its influence on future generations speculated. Attendance at Part One is not a prerequisite.

Christopher With worked in the education department of the National Gallery of Art for 32 years and has a PhD in German history from the University of California, Los Angeles.

F102Z The First Artists: Paleolithic Art

Tuesday, 9:40–11:05, June 25

One session

Instructor: Tom Manteuffel

We have all been astounded and deeply moved by Paleolithic art. It seems to be steeped in mystery: what is it saying? Is it religious or ceremonial, functional, or simply aesthetically incredibly beautiful? Or is it all the above? We will look at the caves, Chauvet, Lascaux, Altamira and others, with their stunning animal imagery alive and in fluid motion. We will also look at the paleolithic art objects that we have to supplement the story, and we will discuss what is known of the various peoples who created the stunning art, the first known artists.

Tom Manteuffel is an OLLI instructor who teaches on topics including art history, cybersecurity, history of English, Shakespeare's *Henry IV*, Stonehenge and more. Tom is a retired cybersecurity engineer who enjoys both teaching and learning.

F103 / F103Z Dabbling Artists

Thursdays, 11:50–1:15, June 27–Aug. 1

No class July 4

Five sessions

Instructor: Christine A. Narbut

Class limit: 15 in-person, 15 Zoom

Come meet and work alongside fellow OLLI members who dabble in sketching, pastels, and watercolor painting. You provide your own materials and the picture or sketch you plan to work on each week. There will be plenty of advisory conversation available, along with suggestions for projects you might enjoy. If you have some experience with the visual arts, or if you last picked up a pastel or brush in high school, maybe you're ready to do it again! Artistic talent is not required, just a desire to create and have fun.

Chris Narbut has been a member of OLLI since 2018. She has taken watercolor classes at the Torpedo factory and participates in OLLI Dabbling Artists and Annex Art. She retired from the Navy in 1992, the Fairfax County Health Department in March 2017, and she is a member of Fairfax County Medical Reserve Corps.

OLLI Closing Policy (for in-person classes only)

In-person classes: OLLI is closed when county schools are closed. When schools announce a delayed opening, OLLI generally opens on time. Exception: at George Mason facilities we adhere to Mason closing decisions. If Mason announces a delay, OLLI may need to cancel the first class of the day. Also, poor conditions at OLLI sites may necessitate class or event cancellations. The most up-to-date information on OLLI delays and closings can be found in your Daily Schedule email, on the OLLI website: olli.gmu.edu, or on the Tallwood office voicemail at (703) 503-3384.

Hybrid classes: Refer to your Daily Schedule email for up-to-date information.

200 Economics & Finance

Program Planning Group Chairs:
Brenda Bloch-Young, Leo Brennan,
Marvin Singer, Ray Willson

F201Z Investing Basics in Retirement

Mondays, 9:40–11:05, June 24–July 8

Three sessions

Instructor: Sylvia Auton

Once we retire, our investment goals change, depending on whether our basic expenses are covered by a pension or we need to generate income from our investments.

Our time horizon to recover from a major market decline has changed, and this impacts the investments we make. In these three sessions you will learn about your investment goals, your tolerance for risk, investments typically recommended for retirees, and how to do basic research for investments that interest you.

Sylvia Auton is a retired educator with a PhD in Mathematics Education. She is self-taught and has learned much from the OLLI Investment Forum. She speaks to groups interested in investing and has written a book, *Grandma Sylvia's Guide to the Stock Market: Win the Great Game and Sleep Well at Night*.

F202Z Investing Potpourri

Tuesdays, 9:40–11:05, June 25–July 9

Three sessions

Moderator: Brenda Bloch-Young

Session 1: Alternative Investments: BDCs and REITs are updated for the current market and interest rates. **David Toms**

Session 2: Bonds May Be Back in Favor: Classes of debt that have done best historically, with some thoughts added on choosing particular investments. **Jim Dann**

Session 3: Looking at your Financial Numbers: The session on personal financial health explores assessing your net worth, tracking cash flow, and determining retirement savings withdrawals. For retirement investments, total returns and market values are described based on their performance. **David Breese**

All presenters are long time members of the Investment Forum and will be presenting based on their personal experience and successes.

OLLI Mason Trip Policy

OLLI Mason members participating in activities that entail transportation to locations other than Osher Lifelong Learning Institute sites must sign a waiver. They do so by signing their paper course registration form or by completing the waiver form during registration on the member portal. The waiver releases OLLI Mason from any and all claims for injury or damage sustained by, through, or as a result of such activities, and holds OLLI Mason harmless for any claims resulting therefrom.

Please Note: All participants must follow any existing health and safety protocols of OLLI Mason and transportation companies.

F203 / F203Z Economic Current Events and Their Effect on You

Tuesdays, 11:50–1:15, June 25–July 30

Six sessions

Instructor: Elliot Dubin

This course will examine and discuss the major recent economic events and their impact on households and how the reaction of households to these events can affect the economy. The major topics that will be discussed include, but will not be limited to:

(1) Inflation—its causes and effects and the policies employed to moderate it; (2) Social Security and Medicare—how the looming huge deficits in these trust funds will affect you: e.g., cuts in benefits, raises in taxes, or a combination of both; (3) Growing inequality in income and wealth—is it necessarily a bad thing?; (4) Financing the costs of higher education. Attendees will have the opportunity to suggest other topics.

Dr. Elliot Dubin was the research director at the Multistate Tax Commission. He has also served in senior research positions for other private and governmental organizations. He is a member of the board of directors of the VA 529 Plan. Dr. Dubin holds a PhD degree from the City University of NY.

F204 / F204Z The Investment Forum

Wednesdays, 11:50–1:15, June 26–July 31

Six sessions

Moderator: Al Smuzynski

The Investment Forum, which has been meeting continuously since 1995, addresses investment topics of particular interest to retirees. A weekly agenda is distributed, and sessions begin with an open discussion of recent events in the economy and the financial markets, and their impact on investment decisions. Member presentations and discussions typically include such topics as: recent market indicators, stocks, bonds, funds, real estate investment trusts, options, commodities, sector allocations, investment strategies, and choosing financial advisors. Investment trades are

OLLI Mason Recorded Classes

Recorded classes and events may be displayed on the Osher Lifelong Learning Institute at George Mason University (OLLI Mason) website. All material appearing on the website is the property of OLLI Mason. Recordings are accessible to members only. You may not reproduce, distribute, publish, transmit, or in any way exploit any such content, nor may you distribute any part of this content over any network, sell or offer it for sale, or use such content to construct any kind of database. Copying or storing any content is expressly prohibited without the prior written permission of OLLI Mason.

For permission to use any content on the website, or to request removal of a recording, please contact olli@gmu.edu.

collected each week from Forum members, and those trades are discussed. The class uses analyses and data from the financial press.

Al Smuzynski is a retired federal bank regulator, banker, and real estate developer, and has led the Investment Forum since 2011.

300 History

Program Planning Group Chairs:
Emmett Fenlon, Irene Harworth,
Beth Lambert, Bernie Oppel

F301 / F301Z The Pentagon Memorial

Wednesday, 11:50–1:15, June 26

One session

Instructor: Dave Nanney

Coordinator: Bob Heyer

This presentation will focus on the 9/11 attack at the Pentagon, including the sequence of events, to show how the Pentagon attack fit into the overall attacks that day. The instructor will discuss the details of the attack, how the Memorial came about, and the logic behind the Memorial layout. This class will be followed by a visit to the Memorial (see 1001), which will be conducted by the instructor at the site.

Dave Nanney is a longtime Pentagon Memorial tour guide. He has conducted numerous tours and classes on the subject. He spent almost 42 years at the Pentagon before retiring in 2010.

F302 Ulysses Grant: The Man Who Saved the Union

Thursdays, 11:50–1:15, June 27–Aug. 1

No class July 4

Five sessions

Instructor: Eric Gartman

Ulysses S. Grant is the most unlikely hero in American history. A failure in everything he tried, Grant was expelled from the army, yet he single-handedly won the Civil War, ensuring both the end of slavery and the continued unification of the United States of America. As President he ensured the rights of the freed slaves and pressed for peace with Native American tribes. Examine this most misunderstood yet monumentally important American hero. Analyze how his reputation was attacked in the decades after the Civil War, and how more recently his legacy has been reevaluated and rehabilitated to the stature he so richly deserves.

Eric Gartman is a historian and the author of *Return to Zion: The History of Modern Israel*. A former intelligence officer for the Department of Defense, he now teaches at local colleges.

F303Z D-Day Eighty Years Later: Beyond the Newsreels

Mondays, 11:50–1:15, July 15–July 22

Two sessions

Instructor: Timothy Mulligan

This course will examine the most critical decisions and controversies behind the Normandy invasion, issues still

obscured in the popular narrative of June 1944. The first class, "D-Day Debates and Decisions," considers how both the Allied and German high command argued over planning and the use of air power in the five months preceding the landings; arguments that shaped the course and outcome of the invasion. The second class, "Omaha Beach on D-Day: From Near-Disaster to Victory," offers an in-depth look at what happened on the crucial beach called Omaha on June 6th: what was planned, what went wrong, and what ultimately went right for the Americans of the 1st and 29th Infantry Divisions.

Timothy Mulligan earned his MA and PhD in Diplomatic History at the University of Maryland. For 34 years he served as an archivist with the National Archives and Records Administration, specializing in American military and captured German records. He is the author of three books and more than 20 articles.

F304Z Secrets of WWII

Tuesdays, 9:40–11:05, July 16–July 30

Three sessions

Instructor: Jennifer Wilcox

Through three engaging PowerPoint presentations, we'll learn about cryptology, the making and breaking of secret messages, and the significant role it played in WWII. Beginning with an overview, "Battle of Codes" will look at cryptology in general before turning to focus on the breaking of Japanese codes, the Battle of Midway, and the Native American Code Talkers. The second presentation, "Solving the Enigma," will be an in-depth explanation of the famous German cipher machine, Enigma, and how brilliant mathematicians, working for the Allies, solved the machine and read the Nazis' communications. We'll conclude with "Sharing the Burden," a look at the important role women played in American cryptology, both military and civilian, during WWII and their lasting contributions that continue today.

Jennifer Wilcox has been the director of education at the National Security Agency's National Cryptologic Museum since 1999. She creates and presents a wide variety of educational programs for students and adults sharing her research and knowledge in engaging presentations on cryptologic history.

F305 / F305Z History's 20 Greatest Hoaxes

Wednesdays, 9:40–11:05, July 24–July 31

Two sessions

Instructor: Jim Lewis

The origin of the word 'hoax' comes from the verb "hocus" as in "hocus pocus", meaning magic, trickery, and flimflam. It's appropriate then, that the masterminds behind the various hoaxes that have been committed throughout successive centuries have employed all manner of wizardry and artistry to pull them off. Whether committed for money, notoriety, or simply for the hell of it, society's fascination with hoaxes and the minds that created them continues to this day. Indeed, in this era of "fake news" and internet scandals, our obsession with hoaxes seems more prevalent than ever. Please join us as we examine twenty of the most successful and outlandish

hoaxes throughout history.

Jim Lewis is a noted local historian, lecturer and tour guide, focusing primarily on the Civil War, WWII, and Cold War years. His bi-annual Hunter Mill Rd. Corridor Historical Tour has been a favorite for years. He's also authored 30-plus historical markers and been a past "Lord Fairfax" designate.

F306Z Always Moving Forward: A History of Women in Higher Education in the U.S.

Wednesdays, 11:50–1:15, July 24–July 31

Two sessions

Instructors: Irene Harwarth, Cynthia Miller

This course will provide a historical context for issues regarding women in higher education today. The first class will be an overview of the history of women in all U.S. higher education institutions, not only as students but also as professors and administrators. The second class will focus on women's colleges in the U.S. and their historical significance. It will also look at the challenges women's colleges faced as higher educational institutions became coeducational, and the many strategies they are using today to continue playing a role in serving women in American higher education.

Irene Baden Harwarth earned her PhD in Public Administration from The George Washington University. She worked in the federal government in Washington D.C. for close to 30 years. Her work included development of research projects and technical assistance centers in higher education policy.

Cynthia Miller earned her PhD in Educational Leadership at the University of North Texas. She has worked for local and federal government, taught for several universities (in education, research, political science, and criminal justice) and has over 25 years of research and grants experience.

400 Literature, Theater, and Writing

Program Planning Group Chairs:

**Pat Bangs, Linda Bergman, Jane Fitzgibbons,
Norma Jean Reck**

F401Z You're a Wonder, Wonder Woman: The History of Female Superheroes

Mondays, 11:50–1:15, June 24–July 29

Six sessions

Instructor: Allen Wright

This course will explore the development of female superheroes alongside the rise of women's rights from the suffrage movement to today's fight for gender equality. We'll discuss Miss Fury, the first female superhero created by a woman only two years after Superman's debut. We'll look at the background of Wonder Woman, representing the new liberated woman of the 1940s for her feminist creator. We'll see how Batgirl slowly transformed from girl sidekick to disabled computer genius. And how 20th century feminist and civil rights movements inspired diverse characters like Storm from X-Men and Echo from Daredevil, with a special emphasis on female-created superheroes and the struggle for women artists and writers to be recognized

in a male-dominated medium. From Sheena, Queen of the Jungle, to Ms. Marvel, we'll survey the rising cultural power of women through their superhero counterparts.

A former specialist at the CBC, **Allen Wright** has appeared in award-winning radio and TV documentaries about heroes and has published articles on comics and presented at academic conferences around the world. He is the creator of *boldoutlaw.com*—a celebrated educational website on the Robin Hood legend.

F402 / F402Z Willa Cather's *Lucy Gayheart*

Tuesday, 11:50–1:15, June 25

One session

Instructor: Jane Fitzgibbons

Lucy Gayheart, Willa Cather's penultimate novel, was written in 1935 when she was considered America's foremost woman novelist. The title character is a lovely, vivacious young lady who has a story worth telling. Lucy is from a small town in Nebraska and after high school has an opportunity to study piano in Chicago. Lucy aspires to be a music teacher and also to see a wider world than Haverford, Nebraska. The novel is divided into three sections and the first section covers Lucy's foray into the world of music as she becomes a practice accompanist to a famous middle-aged international baritone with whom she falls in love. The second section explains what happens to Lucy when she returns to her hometown after heartbreak and disappointment in Chicago. The memorable third section focuses on Lucy's childhood friend, Harry Gordon, who expected to marry her and reminisces about what she meant to him and still means to him 27 years after she rejected him. If *Lucy Gayheart* is structured like a symphony, this section is the coda. Willa Cather detested what she called "sentimental women's fiction" and this novel is definitely not sentimental but it is romantic with echoes of Gothicism. It is also very musical using the lieder of Schubert and others to move the story along. One of the most powerful Catherian themes is the importance of memory in bringing enlightenment, whether the memory is painful or joyful. Cather believed that memories can be more life-defining than reality and that the only real life is in the imagination, in desire, and in memory. It matters what you remember. *Lucy Gayheart* contains several Catheresque staples—wonderful descriptions of the Nebraska landscape, appreciation of Old World values (Lucy's father is a German watchmaker who plays the flute), oppositions like country and city, and, most importantly, the artist's struggle to balance his or her talent with the need for personal happiness. This novel deserves the critical reconsideration that it has lately received.

Jane Fitzgibbons retired from the federal government in 2020. During her government career, she headed training and communications departments. She has an MS in National Security Strategy from the National War College and an MA in Politics and Literature from the University of Dallas where her admiration for the works of Willa Cather began, which led her to a forum at the University of Nebraska on the centenary of Ms. Cather's birth. She attended two Willa Cather conferences in 2023: one honoring Willa Cather's sesquicentennial birthday and one focusing on Ms. Cather's literary life in New York City.

F403 / F403Z *Evelina: An 18th Century Tale of Manners and Mayhem*

Tuesdays, 9:40–11:05, June 25–July 16

Four sessions

Instructor: Beth Lambert

Frances Burney was one of Jane Austen's favorite authors, and it is easy to see why. Published in 1778, Burney's first novel, *Evelina, or The History of a Young Lady's Entrance into the World* was an immediate hit. One prominent member of the House of Commons said he sat up all night to finish it. Burney was not only an astute observer of her society, but she also had an ear for dialect. Characters such as a garrulous sea captain married to a sophisticated, bright woman; a French grandmother and her foppish companion who are clearly out of their element in England; and a host of other unforgettable individuals are portrayed with accuracy, humor, and Burney's clear insight into human nature. Readers will be captivated and caught by the unusual twists and turns of plot, and struck by the way some things never change.

Beth Lambert is professor emerita of English, Gettysburg College. Her love of 18th century English literature and history is reflected in the OLLI courses she has taught. These range from all of Jane Austen's novels to *The British Side of the American Revolution*.

F404 / F404Z Poetry Workshop

Tuesdays, 11:50–1:15, June 25–July 30

Six sessions

Moderator: Jan Bohall

Class limit: 16 in-person, 10 Zoom

This workshop allows both novice and experienced poets the opportunity to share their work and receive suggestions for improvement. Workshop members should prepare an original poem in draft or in revised form for each session. The moderator will email students after class confirmation with further instructions. Please note that this class will be offered both online and in-person.

Jan Bohall, an OLLI member, has had poems published in various periodicals and has won awards from the Poetry Society of Virginia.

F405Z Women's Detective Fiction Cont'd

Wednesdays, 9:40–11:05, June 26–July 31

Six sessions

Instructor: Ellen Moody

This course will be a continuation of a course that was presented in winter 2024. It will explore the genre of mystery/thriller detective stories from the viewpoint of the woman writer, detective, victim, and murderer. We'll read the books *Gaudy Night* by Dorothy Sayer and *An Unsuitable Job for a Woman* by P.D. James. The class will also view (outside class) and then discuss a brilliant parody of the genre as it evolved in the 1930s, especially begun

by Agatha Christie, Robert Altman, and Jerome Fellows' *Gosford Park* (2001), and nowadays still practiced by Anthony Horowitz (eg. *Maggie Murders*). This is a feminist literary history course, stemming from the course the instructor taught in 2023, *The Heroine's Journey*.

Ellen Moody has a PhD in British Literature, taught in senior colleges for over twenty years and now nine at two OLLIs. She's a published scholar, with specialties in the 18th through the 20th century, and has a special love for women's writing, historical novels, life-writing, and film adaptations.

F406Z Movie of the Week

Thursdays, 11:50–1:15, June 27–Aug. 1

No class July 4

Five sessions

Instructors: Russell Stone, Stephanie Simcox

This course engages in discussions of the latest in Arthouse movies. Each week a movie offered via pay-per-view from Amazon Prime Video, YouTube, Netflix or other pay-per-view sites will be chosen. You won't have to subscribe to anything, but most movies charge a "rent" fee. If you do subscribe to a movie site, it may be available to you there. Participants will have one week to see the movie—before each class meeting. Class meetings will discuss the movie of the week. Impress your friends with your knowledge of the latest in Arthouse cinema! Viewing may involve subtitles, and it's always a good idea to turn on Closed Caption (CC) if it's available. The beauty of watching movies on-line is that you have captions, and can pause, rewind to catch parts you missed, and even watch it more than once.

Russell Stone was a university professor for 40 years, an OLLI member for more than a decade, and a two-term board member. His secret passions include contemporary cinema. As a co-chair of program planning, he knows we need another movie course.

Stephanie Simcox worked in nonprofits for 30 years on the West Coast and has since moved back to Northern Virginia. An avid movie fan who never misses a new Jane Austen film, she is also up for the latest from Marvel, Pixar or Studio Ghibli. After attending the San Francisco International Film Festival for many years, she's not afraid of subtitles either!

F407 / F407Z Truman Capote's Lighter Works

Thursdays, 9:40–11:05, July 11–Aug. 1

Four sessions

Instructor: Marilyn Harriman

In this course, we will read and discuss two of Truman Capote's lighter works, including the author's favorite all-time character, Holly Golightly. In *Breakfast at Tiffany's*, we meet a nineteen-year-old actress turned society girl with a mysterious past. The narrator brings alive Holly's parties, New York City adventures, and her collection of wealthy suitors. As the narrator recounts his friendship with his apartment complex neighbor, he discovers there's a lot more going on with her than she has let on. Published in 1958, the story takes place in the 1940s and displays the cultural mores and anomalies of the '50s and '60s. We'll discuss themes of female independence and how Capote depicts them in the 20th century. The film version, starring

Update Your Zoom!

Zoom regularly provides updates to release new features and fix bugs. To receive the best video and audio experience, remember to check for updates.

Audrey Hepburn, will be shown in a separate one-time course after this course ends (See F409). This Capote study ends with a look at *The Grass Harp*, a story based on the author's memories of summers in Monroeville, Alabama.

Marilyn Harriman is a retired Fairfax County advanced placement language and composition teacher who has taught literature at OLLI for five years. Before retirement, she also taught high school and college English and Journalism in Oregon, Texas, and Germany and holds degrees in Journalism and Literature.

F408 / F408Z Just Because We Can, Does It Mean We Should: When Science Backfires in Fiction and Fact

Wednesday, 9:40–11:05, July 24

One session

Instructor: Laurel Hausman

Mary Shelley's *Frankenstein*, published in 1818, centers on the idea that sometimes knowledge can be a dangerous thing if used incorrectly. Victor Frankenstein, a student at the University of Ingolstadt, creates and brings to life a being made from dead bodies. Instead of the recognition Victor seeks, his creation becomes his nemesis. Lonely, isolated, and rejected by his creator, the monster lashes out by killing everyone Victor loves. This class will examine the idea that sometimes knowledge can be a dangerous thing, and whether or not it should sometimes be kept under wraps. We will also look at the ideas of nature vs. nurture, the need for acceptance and inclusion, and the negative consequences of isolation.

Laurel Hausman received her Master's in Education from George Mason University in 1992. She taught Advanced Placement Literature in Loudoun County until her retirement in 2022. Ms. Hausman lives in Centreville, Virginia, with her husband and two dogs, and she continues to enjoy reading and writing.

F409 Breakfast at Tiffany's: Spend an Afternoon with Holly Golightly

Wednesday, 11:50–2:00, July 31

One session

Note time

Instructor: Marilyn Harriman

Now sixty years old, *Breakfast at Tiffany's*, starring Audrey Hepburn, ranks near the top of the "Greatest Romantic Movies" list. Loosely drawn from Truman Capote's novella, the film centers on a young woman who has turned society girl after aspiring to be an actress. We are invited into Holly's world of parties, wealthy suitors, and New York City adventures, including her breakfast at Tiffany's jewelry store. We also come to know Holly's bleak past. Although cultural mores have changed, and negative cultural stereotypes jump off the screen at times, the Blake Edwards film continues to capture our attention because of the heroine's willful independence and feminist leanings. Spend an afternoon with Holly Golightly to refresh your memory of this engaging movie or come out to see it for the first time to find out why it still charms audiences! A companion study (F407/F407Z) of Truman Capote's novella, *Breakfast at Tiffany's*, is offered during

the summer session before this film will be shown.

See F407/F407Z for instructor bio.

R410Z Literary Roundtable

Wednesdays, 11:50–1:15, June 26–July 31

Six sessions

Instructor: Ben Gold

This on-going short-story discussion class will complete the final eight stories from the anthology, *The Best American Mystery Stories of the Century*, edited by Tony Hillerman. This is a selection from the best of the world's short mystery fiction, bringing together writings by great masters of the genre. This wide-ranging anthology of stories is designed for readers to meet new writers and be surprised by some famous writers not known for mysteries. The moderator will also provide four additional stories to complete the term. The book is available online from a variety of sources. It's in paperback for \$10.00 or less for used copies.

Ben Gold has a BA in Political Science from Stanford University and also holds an MS degree in Computer Science. He will serve as moderator.

F411Z Unlocking Your Memory's Power

Wednesday, 11:50–1:15, July 17

One session

Instructor: Dr. Charan Ranganath

Moderator: Ken Budd

Coordinators: Suzy Rigdon, Kate Lewis

A pioneering neuroscientist and psychologist, the instructor reveals the powerful role memory plays in nearly every aspect of our lives in his book, *Why We Remember: Unlocking Memory's Power to Hold on to What Matters*. Memory is a highly transformative force that shapes how we experience the world in often invisible and sometimes destructive ways. The instructor explains that when we work with the brain's ability to learn and reinterpret past events, we can heal trauma, shed our biases, learn faster, and grow in self-awareness. The *Wall Street Journal* calls the book, "Clever, insightful and humorous...The most significant lesson is that we need not be prisoners to our incompletely remembered past." This talk is part of Fall for the Book's lineup of free events. For more information, visit fallforthebook.org.

Dr. Charan Ranganath is a professor of Psychology and Neuroscience and director of the Dynamic Memory Lab at the University of California at Davis. For over 25 years, he has studied the mechanisms in the brain that allow us to remember past events using brain imaging techniques, computational modeling, and studies of patients with memory disorders. He has been recognized with a Guggenheim Fellowship and a Vannevar Bush Faculty Fellowship.

Check the Daily Schedule

Please check your daily schedule email for class links or information, the current video library passcode, and Zoom Help Desk information.

500 Languages

Program Planning Group Chairs:
Pat Bangs, Linda Bergman, Jane Fitzgibbons,
Norma Jean Reck

F501Z Intermediate Spanish Grammar and Conversation Parts 1–4

Thursdays, 9:40–11:50, June 27–Aug. 1

No class July 4

Five sessions

Instructor: Morris Kaplan

Using a helpful textbook and specially curated YouTube videos, the instructor teaches Spanish in a fun, interactive, and very effective way. This class will focus on the past, future, and conditional tenses and commands. No homework or tests. Just sit back and listen as we do grammar exercises, watch Spanish language videos, and speak in Spanish to each other. It's an easy way to learn how to speak the second most spoken language in America. Learning a foreign language has also been shown to delay or reduce the onset of dementia. This is a year-long course (fall through summer). Part 1 (fall) will be followed by Parts 2 (winter), 3 (spring) and 4 (summer), each continuing where the prior class left off. Required text: *Advanced Spanish Step-By-Step* by Barbara Bregstein (available on Amazon \$12.)

Morris Kaplan is an attorney who after a distinguished career in nursing home and dementia care, spends his retirement providing pro bono legal representation to victims of domestic abuse. He teaches Spanish by Zoom to OLLI programs at Stony Brook, Emory, Duke, George Mason, and Johns Hopkins.

600 Philosophy and Religious Studies

Program Planning Group Chair:
Jim Cantwell

F601Z A New Look at Famous Biblical Curses and Blessings: Do They Apply Today?

Mondays, 11:50–1:15, June 24–July 8

Three sessions

Instructor: Stephen Ruth

The current political climate seems to be filled with threats and sometimes near-apocalyptic warnings. The instructor finds them very similar to some of the biblical writings. The Bible's major and minor prophets feature curses, threats, and fierce complaints against Israel's enemies, as well as stern commentaries aimed at the people of Israel themselves. The Torah has examples of horrific threats against those who do not obey God's commands. At times Jesus was an apocalyptic preacher and the Book of Revelation frequently has threatening messages—and St. Paul's epistles have elements that are quite severe. Currently, some page-one stories about the artificial intelligence, dark web, revenge porn, deep fake, and ransomware might remind a reader of

passages in Isaiah, Ezekiel, or Jeremiah. But the Bible is also filled with some of the most beautiful and hopeful blessings and prophecies to be found anywhere in literature. This class will balance some of the harsh Bible elements with incomparably uplifting passages about dry bones living again, light overpowering darkness, love overcoming hate, and many others. No previous knowledge is needed and the instructor promises that nearly all of these passages—happy and sad—will be familiar, even though their biblical origins might be surprising.

Stephen Ruth is a professor of public policy at George Mason University, specializing in technology issues associated with globalization. He is also the director of the International Center for Applied Studies in Information Technology, a grant-supported research center. His book, *One Year Trip through the Bible: A Layman's Fresh View of the Complete Old and New Testaments*, examines 73 books of the Hebrew Tanakh (Old Testament) and the Christian New Testament.

F602 Life Lessons from Biblical Wisdom Literature

Wednesdays, 9:40–11:05, June 26–July 17

Four sessions

Instructor: Steven Goldman

Self-help books abound in modern literature because so many of us want to discover the path to living a productive life. However, some of the best self-help advice may be found within the pages of ancient texts. In this course, we will examine some of the major themes that biblical wisdom literature addresses as guides to navigate the paths of life.

Steve Goldman has taught numerous courses on alternative understandings of biblical doctrine at OLLI Mason.

F603 Major Themes of the Bible

Thursdays, 9:40–11:05, July 11–Aug. 1

Four sessions

Instructor: Jim Cantwell

We will look at 65 passages of the Bible from creation and Abraham to Jesus Christ and Revelation. Each passage will offer the opportunity for discussion. Did God bless and curse? What is the difference between a Christian and a disciple? What difference, if any, does the Holy Spirit make? We will discuss several of God's covenants in the Old and New Testaments, look at the gifts and fruit of the Spirit, and how the word Christian is defined.

Jim Cantwell is chair of the OLLI Religious Studies program planning group and has taught numerous courses at OLLI.

F604 Simon Bar Jonah: The Historical Saint Peter

Tuesdays, 9:40–11:05, July 23–July 30

Two sessions

Instructor: Jack Dalby

Who was St. Peter? The answer to that question is still debated today, even among Christians. Part of the reason for the unsettled nature of Peter's legacy is because, to

the surprise of many, the New Testament actually tells us very little about Peter's life after he came to believe in the resurrection of Jesus. That said, unlike with Jesus, we have in some New Testament writings (Paul's letters) eye-witness accounts of people interacting with Peter. In these historically based lectures, some of the topics we will discuss are: the portrayal of Peter in the Gospels; the Book of Acts; the letters of Paul and the Apostolic Fathers; was Peter literate?; was Peter the first bishop of Rome?; why does Paul call Peter "Cephas"?; what happened between Peter and Paul in Antioch?; how did Peter die?; are Peter's words accurately recorded in the Book of Acts?; who was "Mark" and did he write Peter's memoir? A familiarity with the New Testament is helpful, but not necessary.

Jack Dalby is a retired NOVA business owner who, for the past 11 years, he has lectured on the topic of Christian Origins at George Mason University's OLLI campuses.

650 Humanities and Social Sciences

Program Planning Group Chairs:
Camille Hodges, Peg O'Brien

F651Z The Future of Psychoanalysis!

Tuesdays, 11:50–1:15, June 25–July 30

Six sessions

Instructor: Anson Parish

This course will discuss the future of psychoanalysis in the context of developments in research on the physiological understanding of memory and its role clarifying the process needed in understanding the causal factors contributing to the patient's problem and the process required to effect a cure to alleviate the symptoms. Extensive use of videos of actual case studies of phobias will be presented as examples of Freud's psychoanalytic theory of neurosis. The instructor will provide extrapolation from the analytical process and cure to potential future directions of such therapy and implications for the future of psychoanalysis.

Anson Parish spent 50 years in U.S. military and civilian service with advanced degrees in electrical engineering, systems and policy analysis, and with experience in advanced systems planning, program building and evaluation, decision analysis, leadership analysis, and intelligence evaluation.

F652 Second Amendment

Thursday, 9:40–11:05, June 27

One session

Instructor: Wes Clark

The Second Amendment to the United States Constitution protects an individual's right to keep and bear arms. This presentation will examine the history of the Second Amendment and its meaning in the 2008 *DC v. Heller* case. This case addressed the issue of whether the Second Amendment protects the right to keep and bear arms for purposes of self-defense. The instructor will also discuss

the court's recent 2020 Second Amendment case and note the case currently awaiting the Supreme Court's decision.

Wes Clark is an attorney who retired from the federal government in January 2015 with over 38 years of experience. He began his civilian legal career at DOJ reviewing applications to conduct wiretaps and bugs. Later, as a federal prosecutor, he made judicial application to conduct ELSUR. For the last 19 years of his federal service, he worked in the Office of Chief Counsel, Drug Enforcement Administration. He has taught "Surveillance and Privacy" as an adjunct at Mason and has published ELSUR-related articles in the *Valparaiso University Law Review* and the *FBI Law Enforcement Bulletin*.

F653Z Gender Identity in Our World: Myths and Realities

Tuesday, 9:40–11:05, July 9

One session

Instructor: David Powers Corwin

This course will focus on the myths and realities of gender identity in our world today. The instructor will discuss social construction of gender, the differences between gender and sex, how gender influences sexuality, how popular culture constructs gender, and how to best support people who live outside the gender binary.

David Powers Corwin, an assistant professor at George Mason University, holds a B.A. in English and Humanities from Milligan University and graduate degrees in English, Women/Gender Studies, and Rhetoric from Mason and teaches courses in gender/sexuality, friendship studies, Appalachia, rhetoric, and TV studies.

F654Z History of the Family

Tuesday, 9:40–11:05, July 30

One session

Instructor: Dr. Spencer Crew

Coordinator: Camille Hodges

DNA testing has become popular as a way to discover one's ancestry. Another pathway, which is just as effective, is to initiate conversations with senior members of one's family or community. Their recollections offer valuable access to past events and family history. Each fall, the instructor teaches a course on family history at GMU. One of the students' assignments is to interview an "elder" to capture their life history. The final document must be approved by the elder and returned to them for use as they see fit. The instructor will include more information about the GMU course, students who conducted interviews, and elders who were interviewed to share their experiences. The instructor's hope is that this will inspire some OLLI Mason members to allow themselves to be interviewed during GMU's fall semester.

Dr. Spencer Crew has worked in public history institutions for more than twenty-five years. He served as president of the National Underground Railroad Freedom Center for six years and worked at the National Museum of American History, Smithsonian Institution for twenty years. Nine of those years he served as the director of NMAH. At each of those institutions he sought to make history accessible to the public through innovative and inclusive exhibitions and public programs.

F655 / F655Z The Importance of Constituent Participation and How it Affects Ukraine

Wednesday, 9:40–11:05, July 31

One session

Instructor: Jim McBride

Coordinator: Bonnie Nelson

Learn about how elected officials respond to constituent advocacy and how it affects the debate over Ukraine aid on Capitol Hill. The instructor will provide various ways in which we can make a difference through civic education, community engagement, and citizen lobbying.

Jim McBride is a community leader and democracy advocate with three decades of communications/politics work, including managing press for the International Fire Fighters Association after 9/11 and early Virginia volunteer operations for Obama in 2008. He is a member of Virginia Grassroots Coalition, VA for Ukraine, and UpVote Virginia.

L656Z Border Search Authority

Monday, 11:50–1:15, July 29

One session

Instructor: Wes Clark

What and whom U.S. authorities can search coming into and exiting the country will be covered. The concepts of actual, functional equivalent of the border, and extended border will be discussed as well as the extent to which electronic devices such as cell phones, tablets, and laptops can be searched and retained.

See F652 for instructor information.

R657Z Big Issues, Complex Challenges, and No Simple Solutions

Mondays, 9:40–11:05, June 24–July 29

Six sessions

Instructors: Glenn Kamber

This course is intended to expand participant knowledge and appreciation of challenges we face in modern society, including such issues as global warming; increased polarization among political, social, and economic groups; the nature and pace of scientific and technological change; and the role of media and modern communications. Each week the instructor will introduce a big issue through a brief oral and video presentation. The sessions will involve engaging discussion among participants facilitated by the instructor.

Glenn Kamber has taught many courses at OLLI that focus on current events and political and social issues. He is a retired senior executive from the U.S. Department of Health and Human Services, where he managed policy and program development in the offices of eight HHS secretaries.

L658 TED Talk Discussion Group

Thursdays, 11:50–1:15, July 11–July 25

Three sessions

Instructor: Barbara Wilan

Limit: 20

Location: TBD

TED (Technology, Entertainment, and Design) is a growing

collection of brief recorded talks on a wide range of topics. The speakers are leading figures chosen for their ability to express ideas clearly and succinctly. We will watch and discuss a TED talk each week. The general topics will be: Story Telling, Gender, and Sports.

Barbara Wilan retired as a full-time English teacher at the Annandale campus of Northern Virginia Community College and is currently an adjunct there. She has also taught at the University of Maryland and for the University of Maryland's European Division.

700 Current Events

**Program Planning Group Chairs:
Camille Hodges, Peg O'Brien**

F701Z What's in the Daily News?

Mondays, 9:30–11:00, June 24–July 29

Six sessions

Note time

Moderators: Dorsey Chescavage, Richard Crawford, John Quinn, Ann Smith, Al Smuzynski

Class liaison: Dennis VanLangen

Class limit: 80

This is a weekly forum for thoughtful, forthright, and respectful exchange of information and opinions on current world, U.S., and regional news. Class participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, economics, the military, and other areas. The discussion is always lively, and all participants have an equal opportunity to comment.

F702 / F702Z The Growing Danger of Strategic Competition, Confrontation, and Conflict

Wednesday, 11:50–1:15, July 3

One session

Instructor: John Miller

Coordinator: Sally Burdick

Strategic competition between China, Russia, and America has been growing since at least 2015, and it is doing so largely through the use of proxy nations willing or pushed into confrontation or conflict. The Russian invasion of Ukraine in early 2022 marked a significant turning point from competition into conflict, with the U.S. and its allies supporting Ukraine, and Russia and its allies supporting the overthrow of Ukraine's democratically elected government. The attack on Israel by Hamas in October 2023 marked a significant escalation in the ongoing strategic competition and has resulted in the spreading of the conflict throughout the Middle East, impacting regional security and global maritime commerce. This course will discuss current events in the Middle East and across the globe to understand the impact on the global economy, stability, and security.

Vice Admiral (Ret) John Miller is a former commander of the U.S. Fifth Fleet and U.S. Naval Forces Central Command, an intermittent faculty member with the U.S. Naval War College, and a defense consultant in the National Capital Region.

800 Science, Technology, and Health

Program Planning Group Chairs:
Mark Dodge, Mary Kornreich,
Suresh Mohla, Michele Romano

F703 Protect Yourself From Fraud

Wednesday, 11:50–1:15, July 10

One session

Instructor: Suba Saty

Scammers steal billions from Americans like you every year. We're fighting back with the AARP Fraud Watch Network. In this session, we will share an inside look at how scammers think, how to safeguard against Identity theft and fraud, and what to do if you or someone you know has been a victim.

Suba Saty is a retired Air Force Lt. Col and a retired DoD civilian. He has been an AARP community ambassador for 8 years and is part of the AARP NoVA Speakers Bureau. Suba enjoys volunteering at the Lorton library as an English Conversation Leader, at the Lorton Food Bank, and at Crestwood Elementary School in Springfield assisting students with reading and writing.

F704 Prepping for Climate Change: Sensible Strategies for Families

Tuesdays, 9:40–11:05, July 23–July 30

Two sessions

Instructor: Jeanette Thomas

As the range of observed consequences and predicted outcomes of climate change becomes increasingly visible, interest is growing in identifying sensible precautions that families can implement to limit potential negative impacts on their individual lives and livelihoods. Relying on information, analysis, and recommendations generated by the world's leading climate research organizations (IPCC, EPA, NOAA), industry groups, and local/state governments, this course will take a research-based approach to identifying the most probable, imminent impacts of climate change, with emphasis on those factors with the most potential to directly impact personal lives and livelihoods: factors such as food/water/energy pricing and availability, risks to personal property, and family/retirement planning. The course will then explore common-sense strategies that may help mitigate potential risks and review resources available to support families in their efforts to build climate resiliency.

Jeanette Thomas is a former researcher, analyst, and educator specializing in environmental issues. She has worked for various DC-based consulting firms and think tanks as an analyst and develops environmental curriculum for the Virginia Department of Education.

R705Z What's Happening: A Discussion of Weekly News

Thursdays, 11:50 - 1:15, June 27–Aug. 1

No class July 4

Five sessions

Instructor: Glenn Kamber

This is the summer session version of "All the News That's Fit to Print." A list of weekly news topics will be distributed in advance by the instructor who will facilitate class discussion for each session. Participants are encouraged to engage in lively conversation and if desired, modify the discussion agenda.

See R657Z for instructor information.

F801 The Big Bang Theory

Tuesdays, 9:40–11:05, June 25–July 16

Four sessions

Instructor: Mark Dodge

This course will explore how the current Big Bang Theory of the universe developed from Edwin Hubble's early observations of galaxies and their motion, which led to the idea of an expanding universe that began at a single point about 13.8 billion years ago. We'll discuss the age and size of the universe and how we determined those measurements. We'll discuss the life cycle of stars (in particular, the quite spectacular ways in which they "die"), and we'll talk about current issues in our understanding of the universe, including dark matter and dark energy.

Mark Dodge earned a BA in Physics from the University of California-Berkeley and taught high school physics for 24 years at the H-B Woodlawn Program in Arlington, Virginia. He has been fascinated by astronomy since gazing through his first telescope when he was in seventh grade. Dodge is also interested in the history of science and how our understanding of the universe evolved from ancient times and continues to evolve today.

F802 Low Vision Loss

Wednesday, 9:40–11:05, June 26

One session

Instructor: Gloria Gaudio-Cilke

Coordinator: Velma Berkey

The presentation will cover: age related macular degeneration, glaucoma, diabetic-retinopathy, and cataracts.

Gloria Gaudio-Cilke, OTR/L, is certified in neuro development and traumatic brain injury treatment. She has worked in a variety of adult rehabilitation and health settings in Northern Virginia for over 25 years, focusing on maximizing safety, efficiency, and independence.

F803 Sustainable Food Production

Wednesdays, 11:50–1:15, June 26–July 31

Six sessions

Instructors: Donielle Nolan, Sven Jansen

Class limit: 15

Location: George Mason University Campus

Did you know that George Mason University's Fairfax campus has a greenhouse that grows lettuce, tomatoes, and herbs using hydroponics and aquaponics for the dining halls? This course, in partnership with University Sustainability, offers lessons in sustainable food production taught by their enthusiastic expert, Doni Nolan. Participants will get to explore the three sites that make up the Greenhouse and Gardens program on Mason's Fairfax campus and will join their team for an immersive educational experience. This course

will include introductions to several topics and new material for students who took it in summer 2023. At the greenhouse you'll learn about techniques to sow seeds, transplant seedlings, install hydroponic irrigation plumbing, and treat pests organically. Other topics will include botany terminology, plant identification, and the science behind composting and pest management. Plus, you'll get to grow and harvest nutritious greens and veggies that you can take home and eat!

Parking on the main Fairfax campus and walking instructions will be provided to participants. Please pick up a parking permit from the Tallwood office before first session.

Donielle (Doni) Nolan works full-time at Mason managing the Greenhouse and Gardens program with her three staff. She is also a PhD student and adjunct faculty in Biology, with a Master's degree in Agriculture. You will see that her passion and joy are very contagious!

Sven Jansen works as the Potomac Heights Organic Garden coordinator and at a local farm in Vienna, VA. He grew up in South Africa and studied Environmental and Sustainable Education at Mason. He hopes to use his teaching skills to facilitate our move to a more sustainable, equitable future.

F804Z Plant-Powered Physical Activity

Thursday, 9:40–11:05, June 27

One session

Instructor: Marybeth Mitcham

Can a plant-based diet support a physically active lifestyle? Will it provide sufficient energy for people who like to hike, bicycle, rock climb, or dance? Using examples of her whole food-plant-based diet (WFPB) fueled outdoor pursuits, this presentation will also include an overview of the science behind plant-based diets and some food and recipe ideas.

Dr. MB (Marybeth) Mitcham is the director of the online MPH program and an assistant professor in the Department of Global and Community Health. Her research and work focus on the interplay between humans and their environment, leveraging available resources to address disparities and achieve improved holistic community health.

F805 Hearing Aids: Beware and Be Wise!

Thursday, 9:40–11:05, June 27

One session

Instructor: Bonnie O'Leary

This presentation is to educate hearing aid consumers. It includes a discussion about the hearing evaluation; how to interpret an audiogram; and the styles and types of hearing aids. The differences between hearables, Personal Sound Amplification Products (PSAP), and over-the-counter hearing aids will be addressed, as well as the differences between Bluetooth and telecoils, and what other types of technologies can be used with hearing aids (such as TV listening systems). We'll also discuss apps that can help. Please note no sales are ever involved.

Bonnie O'Leary is the outreach manager for the Northern Virginia Resource Center (NVRC) for deaf and hard of hearing persons, the area's leading non-profit for people with hearing loss. She is a late-deafened adult who has been wearing hearing aids for 25 years.

F806 / F806Z Cuban Medicine: Desperation and Public Health Myth, Reality, and Firsthand Experience

Friday, 11:00–12:25, Jun. 28

The Landing, 2620 Main Line Boulevard, Alexandria, 22301

One session

Note location and time

Instructor: Mark Weinstein

What started as a one-day cruise port call visit to Havana was interrupted with a badly cut leg requiring an operating room session, an overnight stay at a Cuban private clinic, and a crash course in Cuban medicine. Medical care was thin in Cuba before the 1959 revolution and particularly scarce in the countryside. Fidel Castro and his Communist government—confronted with the emigrating loss of half of Cuba's small corps of doctors—built, from scratch, extensive medical training programs and a functioning government-funded universal health care system. Faced with limited resources, the Cubans developed an approach keyed to primary care doctors and nursing assistants embedded in each rural community and urban neighborhood—to practice local, fast, and preventive “family” medicine. Beyond that there is a hierarchy of clinics and hospitals where more seriously sick or injured patient are treated. Cuba trained thousands of doctors. If you get in, medical school education is free. It is an imperfect and bureaucratically hampered system, but it functions remarkably well with limited resources. It has been impacted by the loss of the Soviet subsidies in 1991 and the ongoing US embargo. Cuba has sent thousands of doctors to South American and African countries for both economic and political reasons. They say that everything is free for Cubans, but there is a growing “private” system for rich Cubans and foreigners. The instructor will discuss these points as well as firsthand experience with the Cuban medical system.

Mark Weinstein is an electrical engineer and 16-year OLLI member who has presented courses in science, aviation, space, history and travel.

F807 / F807Z Cannabis: The Evil Weed or God's Gift to Humanity

Wednesday, 9:40–11:05, July 10

One session

Instructor: Michele Romano

Recreational cannabis (aka marijuana, THC, pot, weed) is now legal in 24 states. Medicinal marijuana is legal in 40 states and D.C. Cannabis is the psychoactive derivative of the hemp family. Cannabis dispensaries have a veritable supermarket of products from which to choose. We will look at its health benefits as well as side effects, risks, and contraindications. It also does not play well with a lot of prescription and over the counter medications. Is it better/safer than alcohol? How addictive is it? There is also CBD (Cannabidiol) oil, the non-psychoactive variety of the hemp plant. Because it is non-psychoactive, it is considered a dietary supplement and not regulated by

the FDA. By law it cannot contain more than 0.3% THC. It has been touted to cure just about everything. Don't think so. We'll peek under the covers here also. Like marijuana, CBD oil comes in many shapes and forms: gummies, edibles, topicals, and liquids. You can also smoke it or vape it. Live long and prosper.

Michele Romano is a family physician who retired in 2015. She attended Virginia Commonwealth University School of Medicine and held a faculty appointment as an associate professor of Clinical Medicine at VCU. She served on both the VCU board of trustees and the VCU health system board.

F808 / F808Z You Have the Power to Donate Life! Register to Become an Organ Donor Today!

Wednesday, 9:40–11:05, July 17

One session

Instructor: Maria Suarez Ortiz

Coordinator: Jane Harrison

Infinite Legacy is the non-profit organization in charge of promoting organ, eye, and tissue donation in Maryland, Washington D.C., and Northern Virginia. During this presentation, event attendees will learn all about organ donation, how to sign up to give the gift of life to others, and how to become involved in your community to help promote organ, eye, and tissue donation awareness. Infinite Legacy warmly invites you to consider becoming a Donate Life Ambassador and help promote our lifesaving mission.

Maria Suarez Ortiz is a senior community outreach specialist at Infinite Legacy with more than two years of experience developing programs and educating communities about the importance of organ, eye, and tissue donation. As a proud graduate of George Mason University's College of Public Health, Maria is passionate about using a grassroots approach to meet our communities' needs and empowering people to make an informed decision about donation.

F809Z Sisyphus on the Bay: The Long Saga of Public Efforts to Clean Up the Chesapeake Bay

Tuesday, 9:40–11:05, July 23

One session

Instructor: Michael Mason

For much of the history of North America, the Chesapeake Bay was teeming with oysters, blue crabs, and hundreds of species of fish. By the end of the 20th century, however, the Bay's aquatic life was in serious decline. Decades of pollution and population growth were having detrimental effects. Starting in 1983 and continuing over the next 40 years, the political leaders of the U.S. EPA, MD, VA, PA, and DC signed multiple agreements and provided millions of dollars to stakeholders to reverse the Bay's decline. Although ecological indicators show the Bay has improved, hopeful gains are often accompanied by disappointing setbacks. The future of the Bay is still uncertain. The presentation will cover the highlights of the government's efforts over the past half century to restore the health of the Bay. The presenter will pay particular attention to the mixed results of both regulatory and

voluntary approaches promoted by federal and state governments over years of shifting political power.

Michael Mason spent 33 years as a senior policy analyst and manager at the U.S. Environmental Protection Agency. He worked in the agency's hazardous waste, water protection, and enforcement programs. Michael has taken an active role in volunteer efforts to restore the Bay and its tributaries.

F810Z The Secret Life of Owls

Monday, 11:50–1:15, July 29

One session

Instructor: Tom Manteuffel

Some owls have asymmetrical ears and parabolic-shaped faces to better locate prey. On the other hand, they can't move their eyes unless they swivel their heads. Some can spot a tiny vole from a half mile away. There are many surprising facts about these mysterious and spiritual creatures, who as it happens have evolved to be fierce and nearly perfect hunters. The only birds with forward-facing eyes like us, they have evolved powers far beyond ours in numerous ways. Owls are depicted in the caves of Chauvet and in Egyptian hieroglyphics, and have long had special meaning to humans. This class will take you into their world as they know it, which is vastly different than our own.

See F102Z for instructor bio.

L811Z Federal Law of Electronic Surveillance (ELSUR) for Criminal Investigations

Tuesdays, 9:40–11:05, June 25–July 9

Three sessions

Instructor: Wes Clark

A key focus of this course will be Title III of the Omnibus Crime Control and Safe Streets Act of 1968 (as amended), a discussion of the statute's requirements. The class will examine the different electronic surveillance (ELSUR) types and methods, which include bugs, wiretaps, pen registers, trap and trace devices, trackers/beepers, pole cameras, and the tracking of cell phones. The U.S. Department of Justice (DOJ) plays an important role, and we'll examine the functions of "Main Justice" and those of the local Assistant U.S. Attorney.

See F652 for instructor information.

OLLI Parking Information

Fairfax

Front and rear of the Tallwood building; also in the adjoining Fairfax swimming pool lot in the area designated by traffic cones, if present.

Driving to and from OLLI sites and events is at your own risk.

L812Z The History of Life on Earth, Part 2

Thursdays, 9:40–11:05, July 11–Aug. 1

Four sessions

Instructor: Steve Greenhouse

Part 2 is a follow-up to Part 1 (which is not a prerequisite), that concluded with the end-Cretaceous mass extinction 65 million years ago wiping out dinosaurs (except birds) but opening a niche for mammals to thrive. This resulted in small arboreal creatures that evolved into primates, then hominids, finally Homo, the genus of which we (Homo sapiens) are the only living species. This course will trace these evolutionary transitions and will discuss the characteristics and migrations of early humans who became tool-makers and hunter-gatherers, and learned to talk and to think.

Steve Greenhouse is a retired electrical engineer who worked in the space communications field for 35 years. He has long been fascinated by paleontology and especially paleoanthropology—the evolution of humans.

F813Z Chair Yoga and Meditation

Tuesdays, 2:00–3:00, June 25–July 30

Thursdays, 3:00–4:00, June 27–Aug. 1

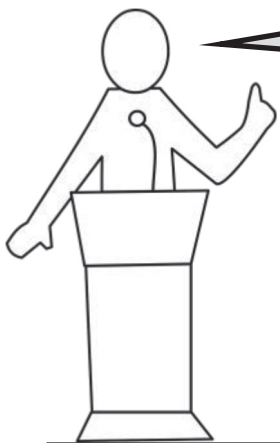
No class July 4

Eleven sessions

Instructor: Kamini Patel

Chair yoga is a gentle form of yoga that utilizes yoga, stretching, and breathing exercises. Meetings will also include mind and body relaxation and meditation. Equipment will be used to go deeper into our stretches. Please be prepared with the following recommended equipment or a similar substitute: yoga blocks, yoga TheraBand straps or bands, light weights (2-3 lbs.), paper plates, and a tennis ball. We will discuss the equipment needed in class as well.

Kamini Patel is a certified yoga instructor who has been teaching yoga since 2003. She is excited to share the immense physical and mental benefits from yoga such as improved posture, concentration, and self-esteem. Yoga also helps strengthen the respiratory system and will alleviate stress.



For full instructor bios, click on the instructor name accompanying the course descriptions in the OLLI member portal:
olligmu.augusoft.net



OLLI Mason Recorded Class Archive

(Classes at Your Fingertips!)

Is there a virtual class that you are interested in registering for, but the timing conflicts with other obligations? Will you be traveling during term and can't guarantee internet reliability, or you live in another state? Between terms, do you have free time to learn about a potential new hobby or a subject that you normally wouldn't sign up for? If the answer to these questions and others like it is yes, then problem solved!

Many of OLLI Mason's virtual classes are recorded so that members can view them afterwards. The online library of classes, both from the current term and past terms, is located on the OLLI Mason website (olligmu.edu/class-video-recordings/). Only current members may access the video library, so you will need the passcode. For the current passcode, please check your Daily Schedule email.

Happy viewing!

Special Events

Many Special Event offerings are **Add to Cart**. We urge you to register for Add to Cart offerings as early as possible. They can fill up quickly, even on the first day of registration.

Please refer to the information beneath each offering to verify location information.

Special Events

Program Planning Group Chairs:
Marilyn Harriman, Luci Martel

1000 Excursions

1001 The Pentagon Memorial: Its History and Meaning

Saturday, 10:00–11:00, June 29

Drive on Your Own

1 N. Rotary Rd, Arlington, VA

Instructor: Dave Nanney

Coordinator: Bob Heyer

The Pentagon Memorial (formally the National 9/11 Pentagon Memorial) honors the 184 people whose lives were lost at the Pentagon and on American Airlines Flight 77. Elegant and simple, it serves as a timeline of the victims' ages, which ranged from the youngest (three years old) to the oldest (a 71-year-old Navy veteran). Each victim is honored with a cantilevered bench. The tour will be conducted by Dave Nanney, a longtime docent. Please register for the companion lecture to this trip (see F301/F301Z on Wednesday, Jun. 26). The instructor will discuss the attack, the sequence of events, how the memorial came about, and why it was positioned as it is). **Note: parking at Pentagon South Parking Lot next to The Pentagon Memorial is allowed on weekends.**



1002 George C. Marshall's International Center at Dodona Manor

Friday, 10:00–11:30, July 12

Drive on Your Own

312 East Market Street, Leesburg, VA 20716

Coordinator: Luci Martel

Event Limit: 30

Fee: \$10

General George C. Marshall was *Time* magazine's Man of the Year twice. He led the U.S. Army to victory in World War II, served as Secretary of State and of Defense. His greatest legacy was his vision and leadership of what became the Marshall Plan, America's



historic investment in rebuilding the economies of Western Europe. General Marshall and his wife called Dodona Manor home. Today, the 19th-century house and gardens are lovingly tended, all preserved as a living reminder of his inspiring leadership. Join us on a tour of the house and gardens and revisit a moment in time when American leadership saved democracy and preserved peace during troubled times. If enough interest, a lunch on your own may be arranged at a Leesburg restaurant for the group. Driving instructions and parking information will be forwarded to participants prior to the event.

1003 The Civil War, Off the Beaten Path: A Walking Tour of the Civil War Redoubt at GMU

Friday, 1:00–2:30, July 26

GMU Parking Lot K

Drive on Your Own

Instructors: Jim Lewis, Brian McEnany

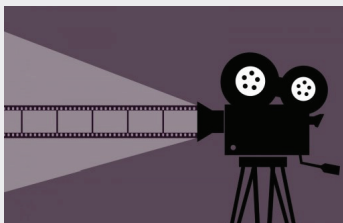
Coordinator: Sam Laudenslager

Event Limit: 25

Today's busy Braddock Road-Ox Road/Chain Bridge Road junction, at GMU, dates back to Colonial times. During the Civil War, both Confederates and Federals marched through, encamped at, or manned defenses at this strategic location, then known as "Farr's Crossroads." One recently preserved Civil War redoubt remains, overlooking the modern intersection from the George Mason campus. Join two noted local historians for a walking tour of this historic site. Parking directions: use the GMU Roanoke River Drive off of the Braddock Road entrance to Parking Lot K (on your left). Park at the back (southwest, Ox Road/Rt. 123) of Lot K. Meet by 12:45 pm at the new GMU historic marker located at the entry to the Farr's Fort trail, near the Global Center. The quarter-mile length trail has a gradual incline, so attendees may want to bring a walking stick.

Jim Lewis has previously lectured for OLLI and AARP on local history, the Civil War, World War II, and the Cold War. He is a member of the Bull Run Civil War Roundtable, and he has researched more than 30 Fairfax County historical markers. He and Brian have been involved with the preservation of the Farr's Fort site for the past six years.

Brian McEnany is co-author, with Jim Lewis, of *Sunstroke & Ankle-deep Mud*, the saga of the Army of the Potomac's journey through



Picture Policy

OLLI Mason classes and events may be photographed or video recorded. You agree to have your likeness recorded for possible non-commercial use by OLLI Mason for promotional purposes, advertising and/or inclusion on the organization's website, social media, or for any other digital or print purpose. If a person objects, please do so by contacting olli@gmu.edu in writing.

Special Events

northern Virginia en route to the Battle of Gettysburg. He is a member of the Bull Run Civil War Roundtable and has previously lectured at OLLI and other organizations about West Point and the Class of 1862 during the Civil War. He is a graduate of West Point (1962). He and Jim have been involved with the preservation of the Farr's Fort site for the past six years.

1200 Between-Term Events

1201 / 1201Z The National Portrait Gallery Exhibition: America's Presidents

Friday, 11:00–12:25, June 21

The Providence, 9490 Sprague Avenue, Fairfax, 22031

One session

Note location and time

Instructor: Barbara Nelson

In 1791 Charles L'Enfant proposed a plan for developing Washington, the new capitol, and suggested that the area where the National Portrait Gallery is now located would be a good site for a nondenominational church or a temple honoring American heroes. It is ironic that this is where the collection of American presidents is located. The building which the National Portrait Gallery shares with the Smithsonian American Art Museum is the third oldest public building in Washington. Construction began in 1836 and was completed in 1868. This lecture will begin briefly with the building and its history, but most of the presentation will discuss some of the portraits of American

presidents. This is not an attempt to list or evaluate the accomplishments of American leaders, but rather to examine the paintings, to consider the techniques the artists used, and to learn about the relationships between the presidents and the artists.

Barbara Nelson, an OLLI member, taught for over 30 years at the secondary level, the last 20 at Thomas Jefferson High School for Science and Technology. She has taught literature classes at OLLI, as well as art history classes that are based on National Portrait Gallery exhibits.

1202 Picnic in the Park

Thursday, 11:00–1:00, June 20

Fairfax

Coordinator: Marilyn Harriman

Picture this: you're sitting on a blanket buoyed by a bed of freshly cut green grass. You're looking out at trees brimming with lush leaves and garden flowers planted by Olli's Dirty Knee Club. On the first day of summer, you can take it all in at Tallwood's own park. Our campus includes a backyard that sports shade trees and a gently rolling hill. Bring your blanket, a picnic basket filled with your lunch, and a non-alcoholic beverage, and enjoy the camaraderie of your OLLI friends and colleagues! Croquet, Badminton, and Cornhole games will be set up for your enjoyment—or you may want to laze under the shade of a tree. For those who prefer more structured seating, picnic tables and benches will be set up on the hill near the back parking lot.

Volunteer for OLLI Mason!

OLLI Mason relies on member volunteers.

As a volunteer, you can help shape the future of OLLI Mason by developing or teaching the courses, clubs, socials, and trips that continue to make this organization a premier lifelong learning institute. Remember, it's not all work! Volunteering can help you develop new skills, form new friendships, and keep your brain healthy!

To learn more about available volunteer opportunities, visit the website at:

olli.gmu.edu/volunteer/



Clubs

- **Register for clubs and ongoing activities each membership term.** Registration allows OLLI to maintain current club rosters and ensures that you will receive emails about your club's activities and events.
- Zoom links for club meetings will begin on the 1st day of each membership term (Jan. 1, Mar. 1, Jun. 1, Sept. 1)
- All club registrations are **Add to Cart**. Please remember to check out your cart after you register for a club and before you exit the portal.

All the News That's Fit to Print Club

Thursdays

11:50–1:15, Jun. 6–20, Aug. 8–29

Zoom

Club limit: 40

Moderator:

Zach Teich

zacharyteich@hotmail.com

All the News That's Fit to Print meets online to discuss current affairs issues in a friendly and collegial manner. Moderator Zach Teich provides a topic list drawn from the week's news and serves as 'traffic cop' for the freewheeling discussion. All opinions are welcome; the only rules are to be courteous and to allow the moderator to call on those who raise their hands to speak.



Board Game Club

Biweekly on Mondays

10:00–12:00, Jun. 24–Jul. 22

Biweekly on Wednesdays

10:00–12:00, Jun. 12, Aug. 21

Fairfax

Coordinator:

Tim Harwarth

timharwarth@yahoo.com

Playing board games can reduce stress, boost brain power, and protect against dementia. Do you like playing board games? Would you like to learn and play new games with your fellow OLLI members? If so, this is the club for you. The Board Game Club meets in the morning between terms and in the summer, and in the afternoon during the other terms. Sign up for the club via the member portal in order to receive information on our schedule.



Bridge Club

Mondays

10:00–12:00, Jun. 3–July 29, Aug. 19–26

Fairfax

Coordinators:

Carol Egan

carol.f.egan@gmail.com
or 703-501-2129

Carol McManus

vmkolbay@hotmail.com
or 703-344-1326

Players of all skill levels are welcome. Partnerships are rotated every four hands. The Bridge Club meets in the morning between terms and in the summer, and in the afternoon during the other terms. For details on the club's rules and bidding system, see its web page on



the OLLI website. Sign up for the club via the member portal in order to receive any updates to our schedule.

Chair Yoga Club

Tuesdays, between terms

2:00–3:00, June 4–18, Aug. 6–27

Thursdays, between terms

3:00–4:00, June 6–20, Aug. 8–29

Zoom

Coordinator:

Kathryn Russell

kathrynrussell@verizon.net

Chair yoga is a gentle form of yoga that utilizes yoga, stretching, and breathing exercises. Meetings will also include mind and body relaxation and meditation. Equipment will be used to go deeper into our stretches. Please be prepared with the following recommended equipment or a similar substitute: yoga blocks, yoga TheraBand straps or bands, light weights (2-3 lbs.), paper plates, and a tennis ball. We will discuss equipment in class.



Classic Literature Club

Fridays

No meetings during summer term

Zoom

Coordinator:

Bob Zener

This club was formed to read and discuss classic works of world literature, frequently with the help of recorded lectures where available. Members choose the works to be discussed. In the past we have read works such as Melville's *Moby Dick*, Woolf's *Mrs. Dalloway*, Faulkner's *Absalom Absalom*, Morrison's *Beloved*, Ellison's *Invisible Man*, and short stories of John Updike and Flannery O'Connor.



Cooking Club

Second Friday of the Month

11:30–1:00, Jun. 14, Jul. 12, Aug. 9

Coordinator:

Colleen Tuddenham

ctuddenham@gmail.com

This club is for OLLI members who enjoy preparing food and sharing homemade dishes in a small group setting. If this appeals to you, please contact Colleen Tuddenham for more information. Sign up for the club via the member portal in order to receive information on our schedule.



Crafts and Conversations Club

Fridays

9:30–11:00, Jun. 7–Aug. 2; Aug. 23-30

Fairfax, hybrid

9:30–11:00, Aug. 9–16

Zoom

Coordinators:

Doris Bloch

dbloch50@hotmail.com

Joanne Fitzgerald

fjoanne2019@gmail.com

We meet to work on our craft projects and to share product sources, expertise, and inspiration. Our ongoing conversations encourage camaraderie, and a group setting motivates us to progress with our current projects. Interested OLLI members are invited to join us any time to see what we are creating. All crafts are welcomed! For more information, check out the Craft and Conversation blog on OLLI's website or contact Doris Bloch or Joanne Fitzgerald.



Dabbling Artists Club

Zoom

Coordinator:

Chris Narbut

nickelpickel.chris@cox.net

Come meet and work alongside fellow OLLI members who dabble in sketching, charcoal, pastels, pencils, ink, and watercolor painting. While not an instructive class, all artists are encouraged to share their talents and feedback. Provide your own materials and the picture or sketch you plan to work on each week. There will be plenty of advisory conversations available. If you have some experience with the visual arts, or if you last picked up a pastel or brush in high school,



maybe you're ready to do it again! Artistic talent is not required, just a desire to create and have fun and share your creative joy. Meeting dates and times are to be determined; sign up on the member portal to receive schedule updates.

Dirty Knee Club

As possible during term; watch your email for updates; watch E-news for announcements

Fairfax

Coordinator:

Vince Modugno

vmodugno2002@aol.com

The OLLI Landscaping Committee, fondly known as the Dirty Knee Club, creates, plants, and maintains the gardens at Tallwood. Gardening expertise is not required, but a willingness to get dirty knees is! Meetings and group work sessions will be set up on an as needed basis. From late spring to early fall, DKC members take turns watering, weeding, and maintaining the gardens during the growing season, depending on members' availability.



Ethnic Eats Club

In person luncheons each month, dates TBD

Virtual dinner meeting on Zoom

Thursday, every four weeks

6:00–7:00, Jun. 27, Jul. 25, Aug. 22

Coordinator:

Leti Labell

leti@bellatlantic.net

Do you love to eat? Are you interested in learning about foods from other cultures? Then this is the club for you. Northern Virginia has an abundance of ethnic restaurants. Each month a club member identifies a potential restaurant for an in-person lunch, makes sure it meets our requirements, and makes all arrangements with the restaurant. We have two luncheons at the selected restaurant, usually one on Saturday and one on a weekday. During the Covid pandemic, we started having virtual dinner parties, where we each ordered takeout ethnic food from a nearby restaurant and eat together on Zoom. We will continue these virtual dinners for as long as members are interested. If this sounds like your cup of tea (or chai or tè or té or thé), contact Leti Labell.



Future Course Proposal Due Dates

**Please note that course proposals are due approximately 6 months before the start of each term due to catalog production deadlines.

Fall 2024:

September 23 - November 15, 2024

(Proposal due date: April 8, 2024)

Winter 2025:

January 21 - February 14, 2025

(Proposal due date: July 25, 2024)

Spring 2025:

March 24 - May 14, 2025

(Proposal due date: October 7, 2024)

Course Proposal Form:

<https://olli.gmu.edu/olli-course-proposal-form/>

Family History/Genealogy Club

Biweekly on Mondays

4:00–5:30, Jun. 3–Aug. 26

Zoom

Coordinators:

Michael Mason

mcmason5@verizon.net

Lea Edwards

Lea-edwards@mail.com

Have you always wanted to know more about your family's past but don't have a clue about how to get started? Do you enjoy researching your family's ancestors and discovering new facts about their lives but often become frustrated when you can't find important information or documents? Do you have



a fascinating story from your family's history that you would like to put into a readable format that you can share with others? If you answered yes to any of these questions, you are welcome to join the Family History/ Genealogy Club. The club meets every two weeks in an interactive format to discuss a range of topics such as the most efficient way to access the huge amount of records on the internet, how to read census and vital records accurately, and how to use DNA data to help fill out your family tree. All knowledge levels are welcome. Sign up for the club through the OLLI member portal. If you have questions, contact Michael Mason or Lea Edwards.

History Club

Wednesday

No meetings during summer term

Zoom

Coordinator:

Doug Snoeyenbos doug.snoeyenbos@gmail.com
or 703-862-2311

We welcome all OLLI members who are interested in discussing historical events or sharing reviews of history articles and books. Our meetings feature speakers who give presentations on a variety of historical subjects, ranging from early American and European history to the present. There is always time for questions and spirited discussions. For more information about the History Club, contact Doug Snoeyenbos.

Homer, etc.

Fridays

11:00-12:30, Jun. 7–Aug. 30

Zoom

Coordinator:

Donna Osthaus dosthaus@aol.com

Reading the classics aloud with friends and sharing observations bring the classics to life in a special way. We are currently reading Graham Greene's *The Power and the Glory*, and we welcome new readers.

Mah Jongg Club

Fairfax:

Fridays

9:30–11:30, Jun. 7, Jun. 21, Jul. 5, Jul. 19, Aug. 2, Aug. 23

Zoom:

Wednesdays

4:00–6:00, Jun. 12, Jun. 26, Jul. 10, Jul. 24, Aug. 7, Aug. 28

Coordinator:

Debby Mossburg debby.mossburg@verizon.net

Please come join us to socialize and play some friendly games of Mah Jongg, no matter what your level of experience. Not only does Mah Jongg sharpen memory, concentration, and decision-making skills, this engaging game of strategy and luck is an excellent source of camaraderie and fun. If you have never played before, we recommend joining us in person rather than online. For

more information about the club, the game, and/or how to sign up for the on-line platform we use to play during our online sessions, contact the club coordinator, Debby Mossburg.

Memoir–and More–Writing Group

Biweekly on Wednesdays

2:00-4:30, Jun. 12, Jun. 26, Jul. 10, Jul. 24, Aug. 7,

Aug. 21

Zoom

Coordinators:

Carolyn F. Wyatt

cfwyatt@verizon.net

Margie Wildblood

mwildblood@gmail.com

Limit: 12

We meet every other week during most of the year. In addition to memoir, we write fiction, poetry, and personal essays. At our meetings we gently critique each other's work with the aim of improving our writing skills. Writing groups need to be small, so we regrettably have to limit numbers. Please contact Carolyn to learn if space is available.

OLLI Walk & Talk Club

Weekly/Biweekly Start times are between

8:00am–2:00pm, depending on weather conditions

Fairfax County trails and neighborhoods

Coordinators:

Marilyn Harriman

mlwharriman74@gmail.com

Bob Heyer

rheyew64@gmail.com

Do you enjoy getting out in the fresh air, exploring trails in the area, and talking with new and old friends? Then join us for weekly/biweekly walks throughout the year. Fairfax County has many exciting park trails and neighborhoods that we will discover. Club walks begin between 8 AM and 2 PM, depending on temperature and weather conditions, generally starting earlier in warmer weather and later in colder weather. Each walk is

Need Additional Help with Zoom?

OLLI Mason has Help pages that will point you in the right direction:

The Potomac Area Technology and Computer Society (PATACS) has plenty of helpful information for all devices:

<https://www.patacs.org/zoom.html>

Visit the OLLI website at:

<https://olli.gmu.edu/online-classes-resources/>

Or you can email the OLLI Help Desk at:

ollizoomhelp@olligmu.org

45-75 minutes, with an optional after-meet-up at a coffee/tea/eatery shop. Come walk or lead a walk around Fairfax trails and neighborhoods! Club co-chairs send advance announcements about upcoming walks, including location directions, dates, and times. All walkers must be registered to participate. Register with the club through the OLLI member portal to receive walk schedule information.

Personal Computer User Group

Third Saturday of the month

1:00-3:30, Jun. 15, Jul. 20, Aug. 17

Fairfax, hybrid

Coordinators:

Bob Heyer

rheyew64@gmail.com

Leti Labell

leti@verizon.net

In partnership with the Potomac Area Technology and Computer Society (PATACS), the OLLI PC User Group (OPCUG) focuses on Windows and Mac computers and software for enhancing our lives. Members and presenters also discuss smartphone and tablet apps across Android and iDevices, the Internet, Zoom and other classroom software, digital photography, related technology, and open-source software. Our aim is to bring broad expertise about technology and topics of interest to attendees. PC clinics for members are offered twice yearly. Our target audience encompasses all computer users, from complete beginners to intermediate amateurs to experts. Our motto is "users helping users." Club dues (currently \$5 per year) are payable at the first meeting attended in each calendar year. Dues-paying members can attend monthly sessions or view monthly sessions online via the Zoom cloud meeting service, on a variety of devices from home, or anywhere with an internet connection. More details are available on the group's website: <http://olligmu.org/opcug/index.html>.



Photography Club

Second Fridays

9:30-11:30, Jun. 14, Jul. 12, Aug. 9

Zoom

Fourth Fridays

12:00-2:00, Jun. 28, Jul. 26, Aug. 23

Fairfax, hybrid

Coordinators:

John Olsen

jgolsen12@gmail.com

Ed Marion

edwardmarion5102@gmail.com

Meet with enthusiasts and others interested in photography and develop skills by participating in theme-based monthly photo submissions. The Photography Club welcomes all members, regardless of skill level or your phone/camera choice. We discuss both the technology of photography and the artistic aspect of visual design. We usually have guest speakers on the second Friday of each month, and on the fourth Friday of each month we hold discussions covering specific topics in detail. We also regularly plan field



trips in the local area, often on the third Friday of each month. Contact John Olsen or Ed Marion for further information.

Poetry Reading Club

Generally every other Monday-between terms

11:00-12:30, Jun. 3, Jun. 17, Aug. 5, Aug. 19

Zoom

Coordinator:

Susan Rexroad

susan@susanrexroad.com

Limit: 20

The Poetry Reading Club provides the opportunity for members to read the works of a favorite poet and to learn about poems of interest to fellow club members. Bring a poem to read that intrigues you. We'll discuss why and how these poems engage or even elude us.



Poetry Writing Club

Meets sporadically on Mondays

11:00-12:30, Jun. 10, Aug. 12

Zoom

Coordinators:

Susan Rexroad

susan@susanrexroad.com

Margie Wildblood

mwildblood@gmail.com

Limit: 12

During our time together, a presentation including the reading of poetry by a specific poet or about a poetic subject will be given along with a writing prompt. Participants will have time to craft a poem in response and share their work.



Reston Book Club

No meetings during summer term

Zoom

Coordinators:

Karen Schneider

klschneider1428@gmail.com

Joann Sokol

msjoso@cox.net

The Reston Book Club focuses on literary fiction, often major book prize winners or nominees and sometimes fiction in translation. The group chooses to remain on Zoom to allow OLLI members from all over to join in the discussions.



Spanish Club

Fairfax:

Second and fourth Fridays-in term

10:00-11:30, Jun. 28, Jul. 12, Jul. 26

Zoom:

First and third Wednesdays-in and out of term

4:00-5:30, Jun. 5, Jun. 19, Jul. 3, Jul. 17, Aug. 7, Aug. 21

Coordinator:

Mark Ramage

markramage@cox.net

This club is for anyone with some knowledge of Spanish (advanced beginner up through intermediate level), but not fluent. Since members have a wide range of backgrounds in Spanish, this is not a "Spanish only" club. Activities or presentations in Spanish are also



presented in English, or translated to English as a group activity. Some typical activities might include reading through a short article as a group, practicing/reviewing some grammar topics, working on Spanish pronunciation, watching a Spanish language video (*with English subtitles*), and sharing information on websites or other resources useful for learning or improving your Spanish.

Tai Chi Club

Tuesdays, 4:30–5:30, Jun. 4–Aug. 27
Thursdays, 4:30–5:30, Jun. 6–Aug. 29
Saturdays, 10:30–11:30, Jun. 1–Aug. 31

Zoom

Coordinators:

Russell Stone

rstone@american.edu
703-201-8536

Cathy Parker

cweir@coloradocollege.edu
703 455-5340

Bonnie Nelson

bonniebowmannelson@gmail.com
703-507-1055

Sid Koslow

sidkos19@gmail.com
703-256-6343

The Tai Chi Club meets year-round and is open to all OLLI members. It is led by instructor Jerry Cheng, who started his martial arts training when he was six years old in China. He has studied under several famous Chinese martial arts masters and has taught Chen-style Tai Chi for many years. He won four gold medals at the 1997 Atlanta International Martial Arts Championship. Be sure to register for the Tai Chi Club each term in order to receive email messages when there are changes.

Tallwood Book Club

Mondays

10:00–11:30, Jun. 10, Jul. 8, Aug. 19

Fairfax

Coordinator:

Betty Ellerbee

ellerbetty@aol.com

Please consult the OLLI E-news for updates on book selections.

The Investment Forum

Wednesdays

10:30–12:00, Jun. 5–12, Aug. 21–28

Fairfax, hybrid

Moderators:

Bob Baker

rbaker_va@msn.com

Al Smuzynski

asmuzynski@verizon.net

The Investment Forum, which has been meeting continuously since 1995, addresses investment topics of particular interest to retirees. A weekly agenda is distributed, and sessions begin with an open discussion of recent events in the economy and the financial markets, and their impact on investment decisions. Member presentations and discussions typically

include such topics as: recent market indicators, stocks, bonds, funds, real estate investment trusts, options, commodities, sector allocations, investment strategies, and choosing financial advisors. Investment trades are collected each week from Forum members, and those trades are discussed. The club meeting uses analyses and data from the financial press.

Theater Lovers' Group

Fourth Wednesdays during term

4:00–5:30, Jun. 26, Jul. 24, Aug. 28

Zoom Meetings and In-person Theater Events

Coordinator:

Norma Jean Reck

njreck@cs.com

All OLLI members are invited to join The Theater Lovers' Group (TLG), which offers a wide variety of theater events to enjoy year-round. We organize group outings to attend performances (usually matinees) at various theaters in the Virginia-Maryland-D.C. (DMV) metropolitan area. Following each show, we go to a nearby restaurant for an optional dinner where we can socialize with fellow theater lovers. Guests are always welcome at our outings. TLG meetings are being held virtually during the months OLLI is in session. Programs feature guest speakers from and about theater, planning theater outings and programs, or a social outing such as a luncheon. Member input is always welcome. TLG also plans to take an overnight trip to attend the Contemporary American Theater Festival in Shepherdstown, W.Va. in July, and an overnight bus trip to Broadway/NYC November 19 and 20, 2024. We generally carpool and benefit from group rates. To become a TLG member, just go online to the member portal to sign up or email the OLLI registrar at ollireg@gmu.edu. For more information, email njreck@cs.com and also look for TLG news and theatrical events in OLLI's E-News.

What's in the Daily News Club

Mondays, between terms

9:30–11:00, Jun. 3–17, Aug. 5–26

Zoom

Moderators:

Dorsey Chescavage

dchescavage@cox.net

Dick Crawford

dick.crawford@me.com

John Quinn

skinsnats@gmail.com

Ann Smith

abcsmith@juno.com

Al Smuzynski

asmuzynski@verizon.net

Limit: 80

This is a weekly forum for thoughtful, forthright and respectful exchange of information and opinions on current world, US, and regional news. Club participants bring to the table a wealth of knowledge and experience in international affairs, government, industry, education, economics, the military and other areas. The discussion is always lively, and all participants have an equal opportunity to comment.

OLLI Mason Resources

YouTube YouTube Channel

Share the OLLI Mason YouTube channel with everyone you know! Viewers can sample some of our recorded classes to get a taste of OLLI Mason offerings.

<https://www.youtube.com/@OLLIMason>



Website

Visit the OLLI Mason website (olli.gmu.edu) for a wealth of information.

For example:

CATALOG

- **Online version:** olli.gmu.edu/current-catalog/
- **Changes:** olli.gmu.edu/cancelled-changed-courses/
- **Add/drop:** olli.gmu.edu/add_drop_form/

PLANNING RESOURCES

- **For instructors:** olli.gmu.edu/for-our-instructors/
- **For program planners:** olli.gmu.edu/program-planner-resources/
- **Resources for online classes:** olli.gmu.edu/online-classes-resources/
- **Future term dates:** olli.gmu.edu/future-term-dates/

GENERAL INFORMATION

- **Clubs:** olli.gmu.edu/olli-clubs-and-interest-groups/
- **OLLI E-News:** olli.gmu.edu/category/olli-e-news/
- **Donate to OLLI Mason:** olligmu.augusoft.net/, 'Donate to OLLI'

facebook Facebook Page

Connect with each other outside of classes and events, and stay up to date on notifications for local events, some of which you can attend remotely since they are offered in a hybrid format.

<https://www.facebook.com/groups/olli.at.mason>

Membership and Registration

Policies and Procedures

**** Special ****

Summer 2024 Promotion!

OLLI Mason is offering a low fee of \$300 for those new to OLLI Mason who purchase an annual membership.

(Available as a one-time discount to those who have never been OLLI Mason members, are returning to OLLI Mason after a hiatus of more than one year, or have previously been introductory members and have not converted to an annual membership).

**** Special ****

George Mason and Northern Virginia Public School Retirees!

OLLI Mason is offering a one-time annual membership discount of \$150, which may be applied to the special \$300 promotion. George Mason and Northern Virginia Public School retirees who have not previously joined OLLI Mason may receive an annual membership for just \$150.

Two Types of OLLI Mason Membership

Memberships at OLLI Mason can be purchased at any time during the year and are renewed on a rolling basis.

- **Annual membership.** Register for unlimited courses and activities for four consecutive terms. You will be eligible for a Mason ID card to receive certain university privileges and discounts (see page ii). The cost is **\$450**.
- **Introductory membership.** Register for unlimited courses and activities for just one term, one time only. An introductory membership is not available to former OLLI Mason members; it is intended for new members who want to sample OLLI Mason before committing to a full year. Introductory members are not eligible for a Mason ID card or its privileges. The **onetime** introductory membership is **\$150**.

The term date on your catalog mailing label reflects the end of your current membership. If it is time to renew, you may not be able to view classes or register on the member portal until you purchase your membership renewal.

Payment Options

- **Online.** You may join or renew online at **olli.gmu.edu**. Click **Join** at the upper right corner of the home page. Credit card or electronic check payment is required when joining/renewing online.
- **Paper Copy Registration Form.** Using the registration form to join or renew, payment can be made by check or credit card. If paying by check, submit a separate check for each unique expense (class fee, membership renewal, etc.) The form can be dropped off or mailed to: **Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032**.
- **Installments.** OLLI Mason encourages members to pay in full at time of registration. However, OLLI Mason offers a payment plan of monthly or quarterly installments by credit or debit card. Your application for the installment plan must

be filled out completely, mailed to the address on the form, and approved each year before you can register for courses or activities. For security reasons, we cannot accept the form by email. Installment applications are available on the OLLI Mason website at **<https://olli.gmu.edu/installment-plans/>**.

- **Financial Assistance.** OLLI Mason offers financial assistance for members or prospective members who find it a hardship to pay the full membership fee. Email the registrar (**ollireg@gmu.edu**) to request an application. All inquiries are kept confidential.

Refunds

Members may only obtain a full refund of their membership fees by applying in writing to the executive director before the beginning of the third week of classes in the first term after enrollment or re-enrollment. We cannot honor proration or refund requests after this deadline.

Prospective Members

Not ready to commit? Prospective members may experience OLLI Mason by sampling one or more classes during any consecutive two weeks of a term, provided the course is not oversubscribed. Check with the registrar at **ollireg@gmu.edu** before attending a class.

REGISTRATION PROCESS

- **Online.** You may register for OLLI Mason courses online at **olli.gmu.edu**. Click **Sign In** at the upper right hand corner of the home page.
- **Mail-In Registration Form.** You may also register for courses using the registration form. The form can be dropped off or mailed to: Osher Lifelong Learning Institute, 4210 Roberts Rd, Fairfax, VA 22032.

****Emailed registration forms will not be accepted. ****

Membership and Registration, Continued



When to Register

- Members are encouraged to register for courses and events as soon as registration opens (the registration start date is listed on the front and back cover of the catalog and on page ii). Requesting classes early after registration opens offers registrants the best chance to gain access to classes they most desire.
- When you register, you must click **Request Class** or **Add to Cart**. See the instructions below.
- To complete your registration, you must assign a priority to each course –the order of their importance to you. To prioritize classes or to see what you have requested, click **Prioritize/Finalize** on the left side toolbar of the member portal.
- Members are placed in courses based on the priority number they assign to their requests.
- If course enrollment reaches capacity, those who have designated that course as priority one will get in first, then the priority twos, and so on.
- In addition, a random number is assigned by the registration system to each course request. If all members of a priority group cannot be included in the course, those with the lower random numbers will be admitted into the course first. Therefore, requesting a course does not guarantee enrollment.

Ongoing Registration

Ongoing registration continues throughout the term. You may still register for courses, but you will be placed into them on a space-available basis after the class assignment process has occurred (about two weeks before term). After the class assignment process occurs, you will be prompted to “place in cart” rather than “request a course” when registering; the option to prioritize classes will no longer appear.

Request Class vs. Add to Cart

- **Request Class** is the link you click when you are registering for a course. **These require a priority assignment by you.**
- **Add to Cart** is the link you click when you are registering for courses or events in which you are immediately enrolled or which are designated in the catalog as first-come, first-served. This includes all clubs. All **Add to Cart** courses and events are clearly indicated throughout the catalog with the following shopping cart icon: 
- If there is a fee associated with these offerings, they will also be clearly marked with a shopping cart followed by a dollar sign:  \$
Payment for these courses and special events with fees must be made at the time of registration.

- **IMPORTANT NOTE: You are urged to register early for Add to Cart offerings. These popular offerings can fill up quickly, even as early as the first day of registration. Early registration will increase your chances for enrollment.**
- Please remember to go to **View Cart** and **Check Out** to complete enrollment before logging off the member portal.

Making Changes to Your Registration (Add/Drop)

- You may add courses at any time online through the member portal.
- If you are unable to attend a course or event in which you are enrolled, **please drop the course or event as soon as possible.** You may drop courses by filling out the online form at: https://olli.gmu.edu/add_drop_form or by emailing ollireg@gmu.edu.

Emails Confirming Class Enrollment and Payments

You will receive email confirmations for your enrollment in OLLI Mason classes per below. If you want to see your enrollments thereafter, log in to the member portal ([olli.gmu.augusoft.net](https://olli.gmu.edu)) and click “current registrations.”

- Confirmation emails for **Add to Cart** classes will be sent **immediately** after checkout.
- Confirmation emails for **Requested Classes** will be sent once these classes are assigned (about 2 weeks before term). At that time, you will receive a series of emails, including notification of wait-listed courses.
- **Read your confirmation notes carefully.** They will include any updates to courses, including changes in times or dates.
- If you do not have an email address on file, the confirmation notes will be mailed to you.
- Event fees must be paid in full by all participants regardless of any special transit, food, or other arrangements. **OLLI Mason cannot guarantee a refund for courses or events once you have paid and are enrolled.** As such, please consider carefully before signing up for offerings with fees.

Wait Lists

- OLLI Mason does everything possible to maximize enrollment, including changing venues if necessary. If you do not make it into a course, you will be wait-listed based on the priority you assigned to the course.
- When someone drops a course, the OLLI Mason office will contact members on the wait list until the vacancy is filled. In most cases, the office will not leave a message.

OLLI Mason Registration Form: Summer 2024

Drop off or mail completed form to:
Osher Lifelong Learning Institute at George Mason University,
4210 Roberts Rd, Fairfax, VA 22032

Date Received	_____
Date Processed	_____
Dues Chk _____	CC _____
Spec Chk _____	CC _____
Spec Chk _____	CC _____
FOLLIChk _____	CC _____
CC info destroyed	_____

Check box if there are changes in your membership information since your last submission.

Membership Information:

Please print and fill in all spaces completely.

Dr. Mr. Mrs. Ms. (CIRCLE ONE) _____, _____, _____
LAST NAME FIRST NAME MI

Alternate First Name for Your Nametag (if different from above) _____

Address _____, _____, _____, _____
STREET CITY STATE ZIPCODE

Phone _____ Cell _____ Email _____

Emergency Contact _____ Relationship _____ Phone _____

Preferred Member Portal User Name _____ License Plate # _____
(for new members only) 6 OR MORE CHARACTERS

Mason Alumnus? Yes No

- Check box if you **DO NOT** want to appear in the directory.
- Check box if you **DO NOT** want to receive paper catalog mailings.

Home Campus: Fairfax Reston Loudoun Zoom (out of area)

How Did You Learn About OLLI Mason?	
<input type="checkbox"/> AARP	<input type="checkbox"/> Friend or family
<input type="checkbox"/> Ad or article	<input type="checkbox"/> Web search
<input type="checkbox"/> Bumper sticker	<input type="checkbox"/> 50+ Expo
<input type="checkbox"/> Catalog or flyer	<input type="checkbox"/> Other learning org.
<input type="checkbox"/> Other _____	

Dues and Donations Information (Please check the appropriate boxes below)

- Annual Membership (\$450)** One year of unlimited courses at OLLI Mason.
(Offered to new, renewing, and previous members) \$ _____
 - Special Promotional Fee (\$300)** One year of unlimited courses at OLLI Mason.
(Offered as a one-time discount to those new to OLLI Mason who have never been members, are returning after more than one year's hiatus, or were introductory members who haven't converted to annual members) \$ _____
 - Annual Membership Discount for George Mason University or Northern Virginia Public School Retirees (\$150)**
(Offered as a one-time discount to those who have never been an annual OLLI Mason member) \$ _____
 - Introductory Membership (\$150)** One term of unlimited courses at OLLI Mason.
(Offered ONLY to new members, not renewing or previous members) \$ _____
 - Charitable Donation for Friends of OLLI**
 Check if you want to be an anonymous donor. \$ _____
 - Purchase OLLI Mason eGift Card (enter at right the value you want on card)**
 Mail eGift Card code to recipient Email eGift Card code to recipient \$ _____
Recipient's name, address, email:

- Total** \$ _____

By signing this form, I agree to all OLLI Mason policies and procedures, and waive OLLI Mason liability for any bus trip or off-site club activity in which I participate:

 Signature

Payment Information:

- CHECK payable to **Osher Lifelong Learning Institute** **Installment plan** (see page 22): must submit the form found at: <https://olli.gmu.edu/installment-plans/>
- eGift Card \$ _____ and Redemption code _____
- I authorize OLLI Mason to charge my Credit Card account listed below:
 VISA MASTERCARD DISCOVER AMERICAN EXPRESS **Expiration Date:** _____
- Credit Card Number:** _____ **CVV:** _____
- Billing Zip Code:** _____

COURSES REQUIRING PRIORITIZATION

Please include the entire course number including the F, L, R, and/or Z.
See page 23 “Request Class” for instructions.

	Course	Course Name
1st ^{priority}		
2nd ^{priority}		
3rd ^{priority}		
4th ^{priority}		
5th ^{priority}		
6th ^{priority}		
7th ^{priority}		
8th ^{priority}		
9th ^{priority}		
10th ^{priority}		

ADD TO CART/FIRST-COME, FIRST-SERVED OFFERINGS

See page 23 “Add to Cart” for instructions.

For offerings with fees, you must provide payment NOW. If paying by check, a separate check for each offering is required.

	Select	Activity Title	Fee
1001		The Pentagon Memorial: It’s History and Meaning	N/A
1002		George C. Marshall's International Center at Dodona Manor	\$10
1003		The Civil War, Off the Beaten Path: A Walking Tour of the Civil War Redoubt at GMU	N/A
1202		Picnic in the Park	N/A

CLUB ENROLLMENT: List the clubs in which you wish to enroll.



FRIENDS OF OLLI

Osher Lifelong Learning Institute at George Mason University

CONTRIBUTIONS FOR JANUARY 1–DECEMBER 31, 2023

We thank the donors who have so generously given to the Friends of OLLI campaign. From January through December of 2023, 212 Friends of OLLI donated \$47,396.09. As a donor, you are well aware that OLLI programs require funding over and above our usual income streams in order to accommodate equipment updates, literary journals, outreach, landscape beautification, scholarships for Mason students and so much more. OLLI relies on your dedication and support and we are grateful. As we look back at all we have accomplished together in 2023, we proudly acknowledge the donors listed below:

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Kay Menchel

Patrons **\$250 to \$500**

Diane Bierwirth
Brenda Bloch-Young

Summer 2024 Schedule Fairfax

(Week 1 – Week 6)

Thur. Jun. 20, 11:00-1:00
1202 Picnic in the Park (1)

Sat. Jun. 29, 10:00-11:00
1001 Pentagon Memorial (1)

Fri. Jun. 21, 11:00-12:25
1201/1201Z The National
Portrait Gallery Exhibition:
America's Presidents (1)

Number of sessions are shown in parentheses
Bolded classes have unusual dates and/or times

Thur. July 11-25, 11:50-1:15
★ In Loudoun
L658 TED Talk Discussion
Group (3)

TIME	Tuesday	Wednesday	Thursday	Friday
Week 1	25-Jun	26-Jun	27-Jun	28-Jun
9:40-11:05	F403/403Z Evelina (4) F801 Big Bang Theory (4)	F602 Lessons from Biblical Wisdom (4) F802 Low Vision Loss (1)	F652 Second Amendment (1) F805 Hearing Aids (1)	F806/806Z Cuba Medicine 11:00-12:25
11:50-1:15	F203/203Z Economic Events (6) F402/402Z Lucy Gayheart (1) F404/404Z Poetry Workshop (6)	F204/204Z Investment Forum (6) F301/301Z Pentagon Memorial (1) F803 Sustainable Food Production (6)	F103/103Z Dabbling Artists (5) F302 Ulysses Grant (5)	
Week 2	2-Jul	3-Jul	4-Jul	
9:40-11:05	F403/403Z Evelina (4) F801 Big Bang Theory (4)	F602 Lessons from Biblical Wisdom (4)	INDEPENDENCE DAY OLLI Mason Offices are CLOSED for the Federal Holiday	
11:50-1:15	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6)	F204/204Z Investment Forum (6) F702/702Z Strategic Competition (1) F803 Sustainable Food Production (6)		
Week 3	9-Jul	10-Jul	11-Jul	12-Jul
9:40-11:05	F403/403Z Evelina (4) F801 Big Bang Theory (4)	F602 Lessons from Biblical Wisdom (4) F807/807Z Cannabis (1)	F407/407Z Capote's Works (4) F603 Themes of the Bible (4)	1002 Dodona Manor 10:00-11:30
11:50-1:15	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6)	F204/204Z Investment Forum (6) F703 Protect Yourself from Fraud (1) F803 Sustainable Food Production (6)	F103/103Z Dabbling Artists (5) F302 Ulysses Grant (5)	
Week 4	16-Jul	17-Jul	18-Jul	19-Jul
9:40-11:05	F403/403Z Evelina (4) F801 Big Bang Theory (4)	F602 Lessons from Biblical Wisdom (4) F808/808Z Donate Life (1)	F407/407Z Capote's Works (4) F603 Themes of the Bible (4)	
11:50-1:15	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6)	F204/204Z Investment Forum (6) F803 Sustainable Food Production (6)	F103/103Z Dabbling Artists (5) F302 Ulysses Grant (5)	
Week 5	23-Jul	24-Jul	25-Jul	26-Jul
9:40-11:05	F604 Simon Bar Jonah (2) F704 Prep for Climate Change (2)	F305/305Z History's Hoaxes (2) F408/408Z Science & Fiction (1)	F407/407Z Capote's Works (4) F603 Themes of the Bible (4)	
11:50-1:15	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6)	F204/204Z Investment Forum (6) F803 Sustainable Food Production (6)	F103/103Z Dabbling Artists (5) F302 Ulysses Grant (5)	1003 Civil War at GMU 1:00-2:30
Week 6	30-Jul	31-Jul	1-Aug	2-Aug
9:40-11:05	F604 Simon Bar Jonah (2) F704 Prep for Climate Change (2)	F305/305Z History's Hoaxes (2) F655/655Z Constituents Participate (1)	F407/407Z Capote's Works (4) F603 Themes of the Bible (4)	
11:50-1:15	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6)	F204/204Z Investment Forum (6) F409 Breakfast at Tiffany's (1) F803 Sustainable Food Production (6)	F103/103Z Dabbling Artists (5) F302 Ulysses Grant (5)	

Summer 2024 Schedule Zoom

(Week 1 – Week 6)

Tuesday June 25–July 30, 2:00–3:00

(no class July 4)

Thursday June 27–Aug. 1, 3:00–4:00

F813Z Chair Yoga and Meditation (11)

Number of sessions are shown in parentheses

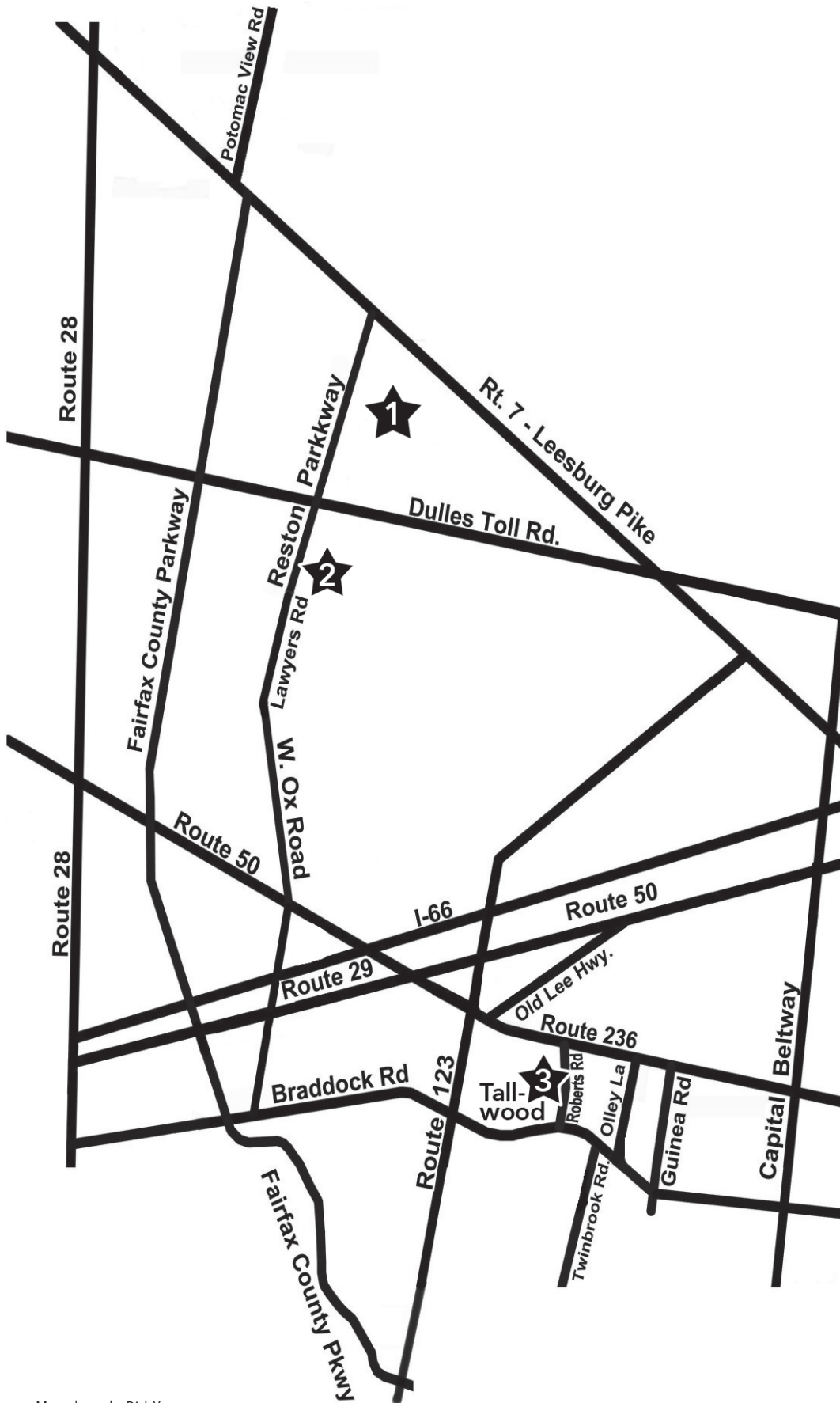
Bolded classes have unusual dates and/or times

Friday June 28, 11:00–12:25

F806/806Z Cuba Medicine (1)

TIME	Monday	Tuesday	Wednesday	Thursday
Week 1	24-Jun	25-Jun	26-Jun	27-Jun
9:40–11:05	F201Z Investing in Retirement (3) R657Z Big Issues, Challenges (6) F701Z Daily News (6) 9:30–11:00	F102Z Paleolithic Art (1) F202Z Investing Potpourri (3) F403/403Z Evelina (4) L811Z Electronic Surveillance (3)	F405Z Women's Detectives (6)	F501Z Intermediate Spanish (5) F804Z Plant-Power Activity (1)
11:50–1:15	F101Z History of Self Portraits (4) F401Z Wonder Woman (6) F601Z Bible Curses Blessings (3)	F203/203Z Economic Events (6) F402/402Z Lucy Gayheart (1) F404/404Z Poetry Workshop (6) F651Z Future of Psychoanalysis (6)	F204/204Z Investment Forum (6) F301/301Z Pentagon Memorial (1) R410Z Literary Roundtable (6)	F103/103Z Dabbling Artists (5) F406Z Movie of the Week (5) R705Z What's Happening (5)
Week 2	1-Jul	2-Jul	3-Jul	4-Jul
9:40–11:05	F201Z Investing in Retirement (3) R657Z Big Issues, Challenges (6) F701Z Daily News (6) 9:30–11:00	F202Z Investing Potpourri (3) F40X/40XZ Evelina (4) L811Z Electronic Surveillance (3)	F405Z Women's Detectives (6)	INDEPENDENCE DAY OLLI Mason Offices are CLOSED for the Federal Holiday
11:50–1:15	F101Z History of Self Portraits (4) F401Z Wonder Woman (6) F601Z Bible Curses Blessings (3)	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6) F651Z Future of Psychoanalysis (6)	F204/204Z Investment Forum (6) R410Z Literary Roundtable (6) F702/702Z Strategic Competition (1)	
Week 3	8-Jul	9-Jul	10-Jul	11-Jul
9:40–11:05	F201Z Investing in Retirement (3) R657Z Big Issues, Challenges (6) F701Z Daily News (6) 9:30–11:00	F202Z Investing Potpourri (3) F40X/40XZ Evelina (4) F653Z Gender Identity (1) L811Z Electronic Surveillance (3)	F405Z Women's Detectives (6) F807/807Z Cannabis (1)	F407/407Z Capote's Works (4) F501Z Intermediate Spanish (5) L812Z Life on Earth (4)
11:50–1:15	F101Z History of Self Portraits (4) F401Z Wonder Woman (6) F601Z Bible Curses Blessings (3)	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6) F651Z Future of Psychoanalysis (6)	F204/204Z Investment Forum (6) R410Z Literary Roundtable (6)	F103/103Z Dabbling Artists (5) F406Z Movie of the Week (5) R705Z What's Happening (5)
Week 4	15-Jul	16-Jul	17-Jul	18-Jul
9:40–11:05	R657Z Big Issues, Challenges (6) F701Z Daily News (6) 9:30–11:00	F304Z Secrets of WWII (3) F40X/40XZ Evelina (4)	F405Z Women's Detectives (6) F808/808Z Donate Life (1)	F407/407Z Capote's Works (4) F501Z Intermediate Spanish (5) L812Z Life on Earth (4)
11:50–1:15	F101Z History of Self Portraits (4) F303Z D-Day 80 Years Later (2) F401Z Wonder Woman (6)	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6) F651Z Future of Psychoanalysis (6)	F204/204Z Investment Forum (6) R410Z Literary Roundtable (6) F411Z Unlocking Memory (1)	F103/103Z Dabbling Artists (5) F406Z Movie of the Week (5) R705Z What's Happening (5)
Week 5	22-Jul	23-Jul	24-Jul	25-Jul
9:40–11:05	R657Z Big Issues, Challenges (6) F701Z Daily News (6) 9:30–11:00	F304Z Secrets of WWII (3) F809Z Chesapeake Bay (1)	F305/305Z History's Hoaxes (2) F405Z Women's Detectives (6) F408/408Z Science & Fiction (1)	F407/407Z Capote's Works (4) F501Z Intermediate Spanish (5) L812Z Life on Earth (4)
11:50–1:15	F303Z D-Day 80 Years Later (2) F401Z Wonder Woman (6)	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6) F651Z Future of Psychoanalysis (6)	F204/204Z Investment Forum (6) F306Z Moving Forward (2) R410Z Literary Roundtable (6)	F103/103Z Dabbling Artists (5) F406Z Movie of the Week (5) R705Z What's Happening (5)
Week 6	29-Jul	30-Jul	31-Jul	1-Aug
9:40–11:05	R657Z Big Issues, Challenges (6) F701Z Daily News (6) 9:30–11:00	F304Z Secrets of WWII (3) F654Z History of the Family (1)	F305/305Z History's Hoaxes (2) F405Z Women's Detectives (6) F655/655Z Constituents Participate (1)	F407/407Z Capote's Works (4) F501Z Intermediate Spanish (5) L812Z Life on Earth (4)
11:50–1:15	F401Z Wonder Woman (6) L656Z Border Search Authority(1) F810Z Life of Owls (1)	F203/203Z Economic Events (6) F404/404Z Poetry Workshop (6) F651Z Future of Psychoanalysis (6)	F204/204Z Investment Forum (6) F306Z Moving Forward (2) R410Z Literary Roundtable (6)	F103/103Z Dabbling Artists (5) F406Z Movie of the Week (5) R705Z What's Happening (5)

Guide to In-Person Program Locations



1. Reston Community Center (RCC)

Lake Anne (1609 Washington Plaza, North, Reston, VA 20190) is located at the northern end of Lake Anne off North Shore Drive. If using an electronic map, set destination as the Lake Anne Mobil (11410 N. Shore Drive, Reston, VA 20190) across the street from the entrance to the Lake Anne parking lot.

2. Reston Community Center (RCC)

Hunters Woods is in the Hunters Woods Village Center. If using an electronic map, use the Ledo Pizza address (2254 Hunters Woods Plaza, Reston, VA 20191). A walkway beside Ledo Pizza leads to a plaza and the community center.

3. Fairfax - Tallwood

is located at 4210 Roberts Road, Fairfax, VA 22032. Roberts Road can be accessed from Route 236 (Main Street) or Braddock Road. Additional parking is available in the swimming pool lot next door.

Artistic Talent Abounds at OLLI Mason



Clockwise from top right: Bluebird with Cherry Blossoms by Yen Tra;
Water Lillies by Christine Narbut; Blue Ridge by Elizabeth Reed;
Street Buildings by Jack Weyant

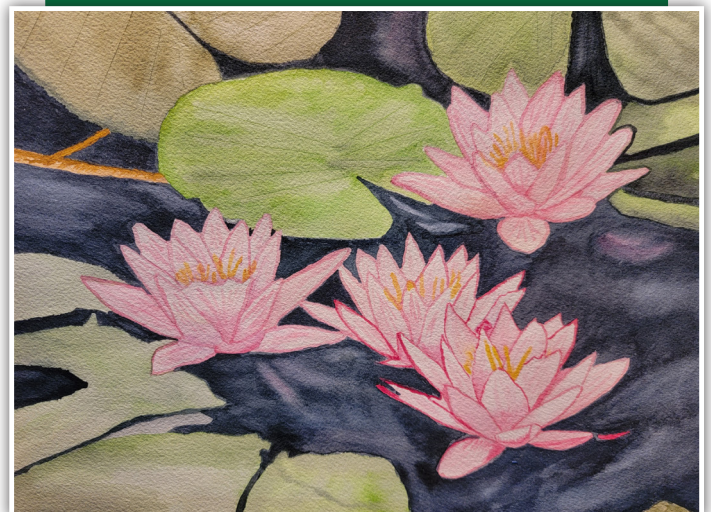


Artistic expression has the power to transform emotions and ideas into tangible forms, whether through visual arts, music, or writing.

OLLI Mason classes in the art, music, literature, and theater categories, along with trips to local museums and theaters, give you the opportunity to explore these different forms of art and nurture your creativity. Creativity, like any other skill, can be improved over time through dedication and effort. Nurturing creativity starts with finding inspiration around you, as evidenced by these original artwork pieces by OLLI Mason members.



**Stay Curious -
Learn Every Day**





OLLI



Osher Lifelong Learning Institute
4210 Roberts Road
Fairfax, VA 22032
olli.gmu.edu

Summer 2024 Registration: Begins May 14 at 9 am and continues throughout the term

Term Dates

Summer 2024: June 24 - August 2

Fall 2024: September 23 - November 15

Winter 2025: January 21 - February 14

Spring 2025: March 24 - May 16

Living Well and Learning Every Day.

